

JOSLYN

NEWSLETTER

DECEMBER 2025

JOSLYN CENTER
310.524.2705

OUTREACH
310.524.2706

El Segundo Rec, Parks & Library

Joslyn Center Monthly Newsletter

Hours of Operation

Monday - Thursday

9:00 am - 8:00 pm

Friday

9:00 am - 5:00 pm

Saturday

9:00 am - 2:00 pm

Sunday

10:00 am - 3:00 pm



If there is something you would like to display here at the Joslyn center?? please reach out to the Joslyn staff. We are always looking!

MESSAGE FROM JOSLYN CENTER STAFF

We hope you're enjoying the merry and cozy days of December!

Here at the Senior Center, we're so thankful for such a wonderful group of people. Your friendship, joy, and participation make this a welcoming and fun place for everyone.

We're excited to invite you to our December Luncheon on Tuesday, December 16 at 12:00 PM. Come ready to share in the joy of the season and good company! It's the perfect time to relax, enjoy a delicious meal, and celebrate the holidays with friends.

Please make sure to sign up at the front desk to save your spot.

We can't wait to spend another warm and cheerful afternoon with you.

Thank you for being such an important part of our community!

2024 El Segundo Senior Citizen's Club Officers

President	Betty Jacobson	310-322-3151
1st Vice President		
2nd Vice President	Margaret Shoukry	323-807-4540
Secretary	Sharon Hladek	310-640-0770
Treasurer	Mona Tobiason	310-415-9590

WHO'S WHO IN THE SENIOR CLUB

<u>ACTIVITY</u>	<u>CHAIRPERSON</u>	<u>PHONE</u>
Bingo	Diane Crowell	310-344-7846
Bridge	Margaret Shoukry	323-807-4540
Dances	Sharon & John Hladek	310-640-0770
Friendship	OPEN *	
Historian	OPEN *	
Kitchen	OPEN *	
Hospitality	Rex Ransom *	310-469-4295
Membership	Margaret Shoukry	323-807-4540
Parliamentarian	Linda Kruse *	310-322-0150
Pinochle/Canasta	Pam Nicholson *	310-318-2856
Sit-n-Knit	June Ling	562-252-5429
Travel	OPEN*	

* voting chairpersons on the senior club executive board

SENIOR CLUB ACTIVITY SCHEDULE

<u>ACTIVITY</u>	<u>WEEK</u>	<u>DAY</u>	<u>TIME</u>
Bingo	Weekly	F	1:15 pm
Bridge	Weekly	Th	1:00 pm
Canasta	Weekly	Tu	1:00 pm
Pinochle	Weekly	M	1:00 pm
Sit-n-Knit	2nd week	Su	12:00 pm

PINOCHLE

Mondays

1:00 pm to 5:00 pm

ALL LEVELS WELCOME

LYFT DAR Available

Details: Pam Nicholson

310-318-2856

Canasta

Tuesdays

1:00 pm to 5:00 pm

ALL LEVELS WELCOME

LYFT DAR Available

Details: Pam Nicholson

310-318-2856

BRIDGE

Thursdays

1:00 to 5:00 pm

ALL LEVELS WELCOME

LYFT DAR Available

Margaret Shoukry

323-807-4540



Join The El Segundo Club (50+)

\$10 Yearly Membership Dues to partake in loads of
FUN ACTIVITIES!!!



SIT-N-KNIT 12:00pm - 3:00 pm

Free to all Club Members!

Details: June Ling 562-252-5429

Always the 2nd Sunday of the month

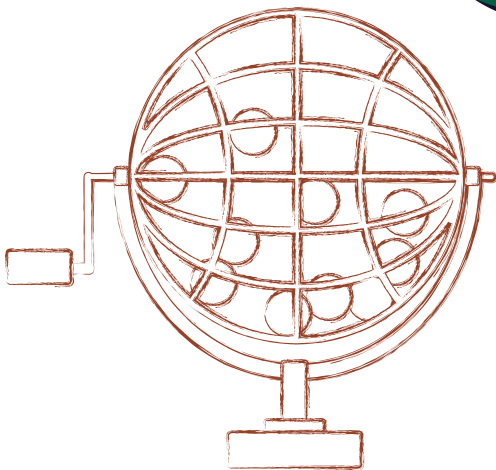
Knitting & Crochet lessons for Seniors.

Club members – materials provided



Every Fridays!! 1:15 -3:00 pm

\$3.00 minimum



Bingo is back!!! Test your luck and join us!!!

Details: Diane Crowell 310-344-7846

General Meeting and Luncheon

E & Senior Club

Set your calendars and make sure to join the Senior club for their next general meeting:

Every third Tuesday of the month
12:00 pm

The club will have their general meeting, followed by the Luncheon- which will be provided to all members.

Annual Membership is \$10.00 - sign up with Margaret Shoukry or at Joslyn Center front desk



MEALS

ON WHEELS

JOSLYN: OUTREACH CENTER MEALS ON WHEELS PROGRAM DELIVERS NUTRITIOUS WARM MEALS, PREPARED DAILY, TO SENIOR RESIDENTS OF EL SEGUNDO

MEALS ARE DELIVERED MONDAYS - FRIDAYS TO THOSE WHO ARE HOMEBOUND AND UNABLE TO SAFELY PREPARE THEIR OWN MEALS

MEALS ARE ALL LOW SODIUM AND CAN ACCOMODATE DIETARY RESTRICTIONS SUCH AS RENAL, LOW SUGAR VEGETARIAN, ETC.

START YOUR PROCESS FOR MEAL DELIVERIES, ITS QUICK AND EASY!! CONTACT US TO SCHEDULE AN IN-HOME VISIT. ASSITANCE IN FILLING OUT APPLICATION CAN BE PROVIDED



JOSLYN OUTREACH CENTER 339 SHELDON ST
310-524-2706



New Shuffleboard Table!

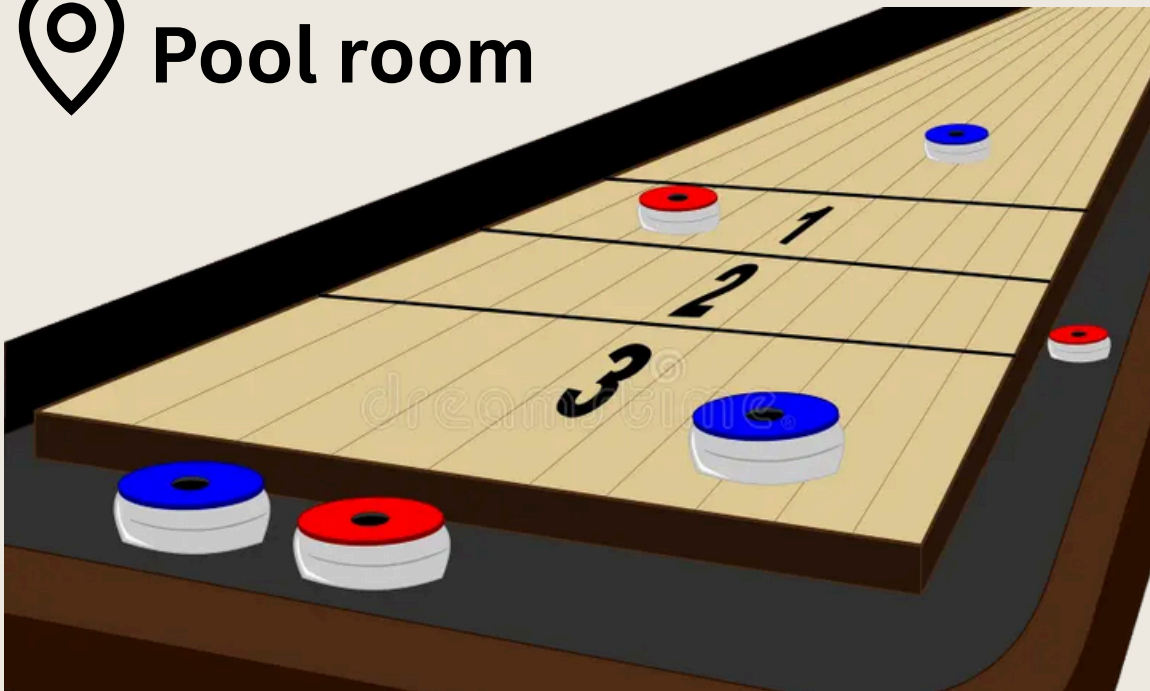
Come check out our BRAND NEW SHUFFLEBOARD now available at the Joslyn Center!

Whether you're a seasoned player or new to the game, this is a great chance to have fun, meet new people, and enjoy a little friendly competition.

DROP BY AND GIVE IT A TRY!

 Available during center hours

 Pool room



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

9:00 am
CoreXpress

10:00 am
Senior Fit

6:30 pm
Pilates

10:00 am
50 Minute fitness

6:00 & 7:00 pm
Line Dancing

9:00 am
CoreXpress

3:00 pm
Senior Fit

30

1
Pinochle 1-5pm

2
Canasta 1-5pm

3
Chess club 1pm

7

8
Pinochle 1-5pm

9
Canasta 1-5pm

10
Chess club 1pm

14

15
Pinochle 1-5pm

16
Canasta 1 - 5pm

17
Chess club 1pm

21

22
Pinochle 1-5pm

23
Canasta 1 - 5pm

24



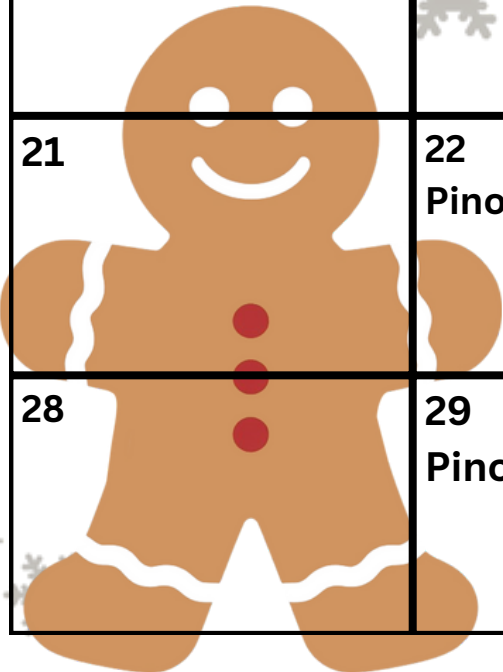
SR. CLUB LUNCH
@ 12 pm

28

29
Pinochle 1-5pm

30
Canasta 1 - 5pm

31
Canasta 1 - 5pm



THURSDAY

10:00 am
50 Minute fitness

Farmers Market
Every Thursdays
3 - 7 pm

FRIDAY

9:00 am
Pilates

SATURDAY

Slipt Stickers Every
3rd Saturday 10am-
1pm

ANNOUNCEMENTS

4
Bridge 1 - 5pm
Movies: 1pm & 5pm

FARMERS' MARKET

11
Bridge 1 - 5pm
Movies: 1pm & 5pm

FARMERS' MARKET

18
Bridge 1 - 5pm
Movies: 1pm & 5pm

FARMERS' MARKET

25
CLOSED

1
CLOSED

5
Bingo 1:15 - 3 pm

Wreath Craft!

12
Bingo 1:15 - 3 pm

**Christmas Ornament
Craft**

26
Bingo 1:15 - 3 pm

2
Bingo 1:15 - 3 pm

6
Daytrippers!

13
Daytrippers!

20

27

3



CITY OF EL SEGUNDO'S

DIAL-A-RIDE WITH LYFT

MONDAY TO FRIDAY - 9:00AM - 4:45PM

SATURDAY - 9:30AM - 1:30PM

Catch a Lyft with Dial-A-Ride! Our new Dial-A-Ride program in partnership with Lyft is designed to give residents ages 55+ more options to get around town!

Have questions? We have answers! Come visit us at the Joslyn Center or call 310-524-2705 to book your ride.

Learn more at esrecandparks.org or scan the QR code for instructional video.



CITY OF EL SEGUNDO'S

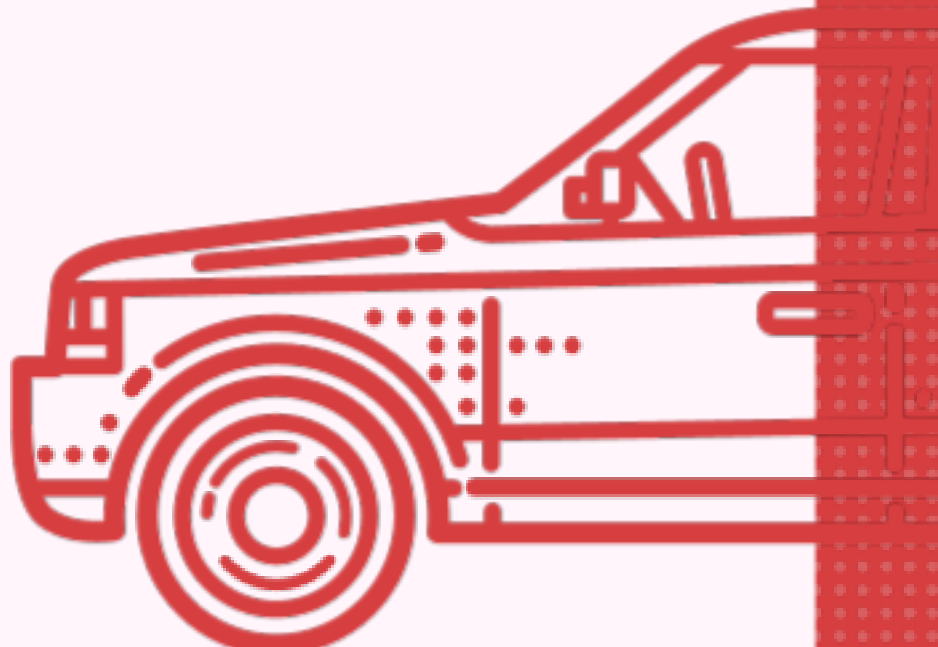
DOCTOR DIAL-A-RIDE WITH LYFT

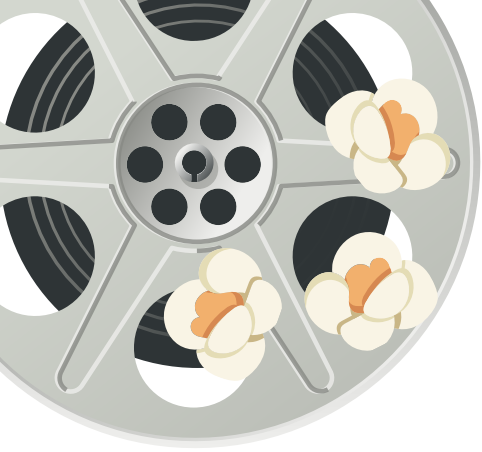
TUESDAYS & THURSDAYS - 9:00AM - 4:00PM

Catch a Lyft with Doctor Dial-A-Ride! We are rolling out our new Dial-A-Ride program in partnership with Lyft. This program is designed to give residents ages 55+ more options for transportation to their doctor appointments out of town!

Have questions? We have answers! Come visit us at the Joslyn Center or call 310-524-2705 to book your ride.

Learn more at esrecandparks.org or scan the QR code for instructional video.





December 4th

Elf

2003

PG

1h37m

Raised as an oversized elf, Buddy travels from the North Pole to New York City to meet his biological father, Walter Hobbs, who doesn't know he exists and is in desperate need of some Christmas spirit.

Holiday

Comedy

Fantasy

December 11

National Lampoon's Christmas Vacation

1989

PG

1h37m

The Griswold family's plans for a big family Christmas predictably turn into a big disaster.

Comedy

Holiday

December 18

Four Christmases

2024

PG-13

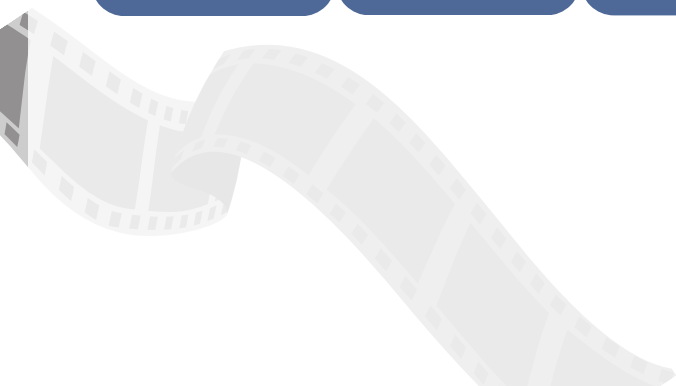
1h28m

A couple struggles to visit all four of their divorced parents on Christmas.

Drama

Holiday

Comedy



JOSLYN CENTER

Arts & Crafts Classes

Staff Led Activities | All Supplies Included
Joslyn would like to invite you to participate in free
art classes for seniors. Join us the 2nd and 4th
Friday of every month

UPCOMING CLASSES

December

Christmas Wreath

December 12th 10:30am-11:30am

Create a festive Christmas wreath to bring the cozy colors of winter into your home! Bring Any extra decorations you would like!

Christmas Ornaments

December 18th 10:30am-11:30am

Create your own Christmas Ornament! This fun and festive craft lets you design your own ornament to hang on your Christmas tree.

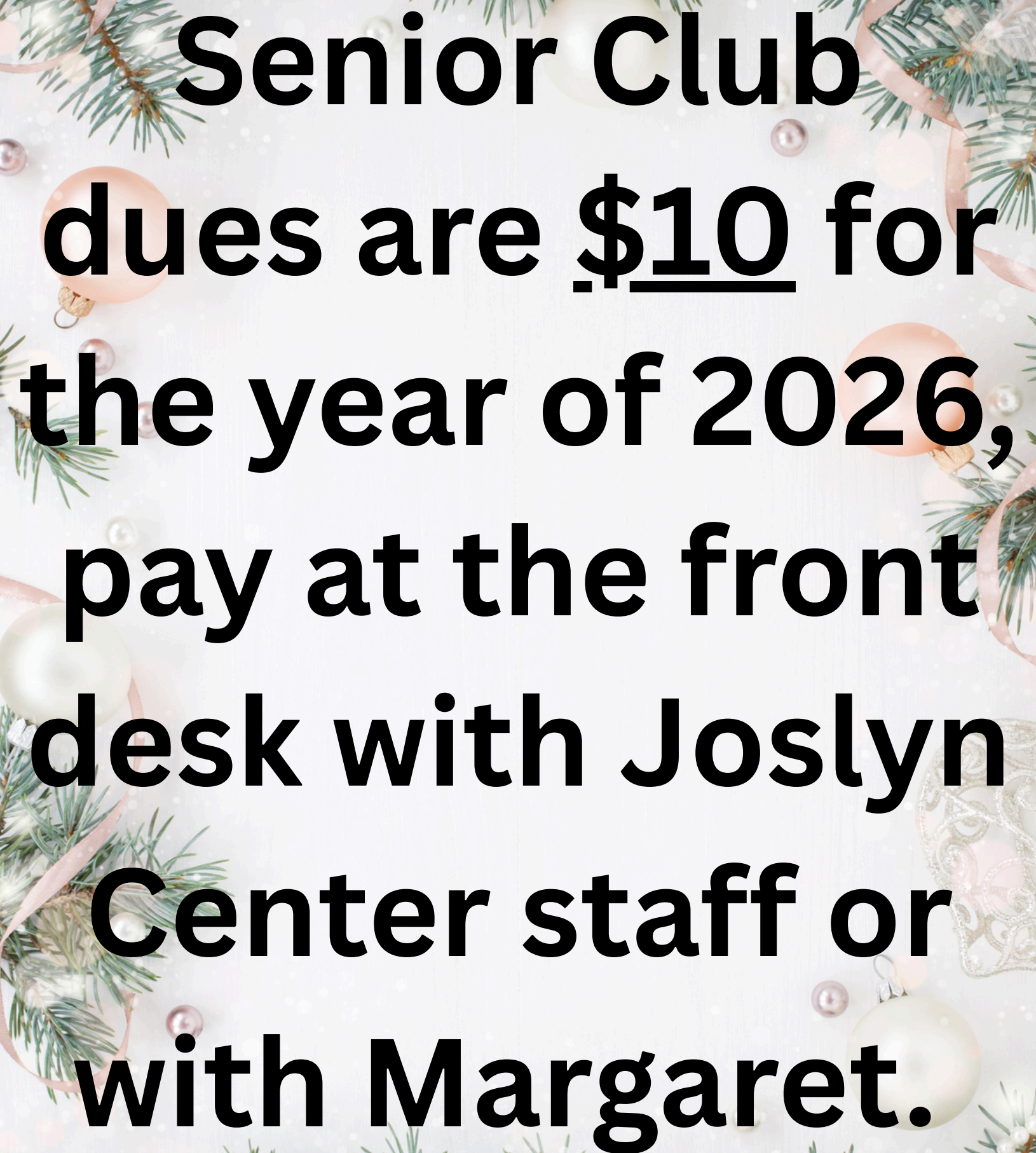
LOCATION:

Joslyn Center
339 Sheldon st.
El Segundo CA
Crafts Room



DROP IN CLASSES

10 Student Capacity
Free of Charge



**Senior Club
dues are \$10 for
the year of 2026,
pay at the front
desk with Joslyn
Center staff or
with Margaret.**

El Segundo's Recreation, Parks & Library Department
and El Segundo Rotary Club presents

42ND ANNUAL

Christmas Eve

Luncheon

LIVE
ENTERTAINMENT

RAFFLE

GAMES

WEDNESDAY, DECEMBER 24TH

12:00 PM

FREE

EVERYONE IS WELCOME!

JOSLYN CENTER
339 SHELDON ST. EL SEGUNDO, CA 90245

PLEASE RSVP BY DECEMBER 18TH
~VISIT OR CALL (310)-524-2705~

LUNCH CAN BE DELIVERED TO YOUR HOME, IF YOU ARE UNABLE TO
JOIN US IN PERSON.

TRANSPORTATION TO/FROM JOSLYN IS AVAILABLE TO RESIDENTS

PLEASE CONTACT US IF YOU ARE INTERESTED IN VOLUNTEERING



EL SEGUNDO JOSLYN CENTER

Daytrippers



SATURDAY, DECEMBER 13, 2025

10:00AM - 4:00PM

Cost

\$10 RIDE



THE EL SEGUNDO DAY TRIPPERS WILL BE VISITING THE ORIGINAL FARMERS MARKET/THE GROVE IN LOS ANGELES. THE ORIGINAL FARMERS MARKET IS A HISTORIC OPEN-AIR MARKET WITH A WIDE VARIETY OF STALLS. RIGHT NEXT TO IT IS THE GROVE, A POPULAR SHOPPING AND ENTERTAINMENT COMPLEX WITH SHOPS, RESTAURANTS, AND A BEAUTIFUL CENTRAL PARK AREA.

THE BUS WILL LEAVE THE MUSEUM AT 4:00 PM.

For More Information Call 310-524-2705

EL SEGUNDO JOSLYN CENTER

ROOK & ROLL

CHESS CLUB

EVERY WEDNESDAY AT 1PM



Calling all chess lovers, from beginners to seasoned players! Whether you're a master of strategy or just learning the game, our club is the perfect place to sharpen your skills, enjoy friendly competition, and meet new people. Come for the game, stay for the community. All ages and skill levels welcome—let's make your next move together!

**YOU'RE
INVITED!**

Across the Board



Join us at the Joslyn Center for
Across the Board! Every
Wednesday at 2pm, enjoy classic
and new board games, meet new
friends and most importantly,
have a great time!

Have a favorite game?
Let us know and
we will add it to the list!





ADULTS

ARTS & ENRICHMENT

Joslyn Center Arts & Crafts Classes (18+ Years)

Location: Joslyn Center

Instructor: ES Recreation Staff

This hands-on class is a fun way to explore different crafts and get creative with each session offering a new project. From seasonal decorations to simple DIY crafts, there's always something new to try. It's a relaxing and social environment where you can enjoy making things and spending time with others. No experience is needed, and all materials are provided!

Cost: Free (Registration required)

Every 2nd & 4th Friday 10:30am-11:30am

Rook & Roll - Chess Club (18+ Years)

Location: Joslyn Center

Instructor: ES Recreation Staff

This is a friendly and relaxed space where anyone can come to play chess, whether you're just learning the basics or have been playing for years. It's a great way to challenge your mind, improve your strategy, and enjoy good company. Each session is a chance to learn, practice, and have fun with others who enjoy the game. All skill levels are welcome!

Cost: Free for drop-in

W 1:00pm-2:00pm

Across the Board (18+ Years)

Location: Joslyn Center

Instructor: ES Recreation Staff

Across the Board is a fun and social program where we come together to play a variety of board games. It's a great way to relax, meet new friends, and enjoy some friendly competition. All are welcome—no experience needed!

Cost: Free for drop-in

W 2:00pm-3:00pm



ADULTS

ARTS & ENRICHMENT

Adult Cooking (18+ Years)

Location: George E. Gordon Clubhouse

Instructor: A Yummy Future Staff

Explore the joys of seasonal cooking with this hands-on adult class. Participants will learn essential cooking methods, knife skills, and ingredient prep techniques while making flavorful and health-conscious meals. Whether you're cooking for one or a whole family, this class is designed to build kitchen confidence and culinary creativity.

Materials Fee: \$50

Cost: \$130 Resident/\$162.50 Non-Resident

Th	9/4-9/25	4:00pm-5:00pm
Th	10/2-10/23	4:00pm-5:00pm
Th	11/6-11/20	4:00pm-5:00pm
Th	12/4-12/18	4:00pm-5:00pm

Spanish for Adults (18+ Years)

Location: George E. Gordon Clubhouse

Instructor: Welcome to Spanish Staff

Learn Spanish in a fun, hands-on environment! Our engaging classes for adults focus on practical conversation, interactive activities, and cultural insights to make learning enjoyable and effective. No prior experience is needed—join us and start speaking Spanish with confidence!

Cost: \$240 Resident/\$300 Non-Resident

W	9/10-10/29	5:50pm-6:50pm
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FITNESS

50 Minute Fit (18+ Years)

Location: Joslyn Center

Instructor: Victoria Samia

A traditional mix of cardiovascular exercise and weights combined with motivating music to push you through this 50-minute total body workout. A multilevel class where everyone is welcome. With over 30 years teaching and training experience, Victoria will safely and effectively guide you through this thoroughly fun class. All equipment is provided or you are welcome to bring your own hand weights and/or mats.

Cost: \$91 Resident/\$113.75 Non-Resident

T	9/16-12/16	10:00am-10:50am
Th	9/18-12/18	10:00am-10:50am

*No Class 11/11, 11/27

Zumba (16+ Years)

Location: George E. Gordon Clubhouse

Instructor: Sandra Delgado

Zumba is a fusion of Latin and International music. This high energy class is a combo of motivating music and body sculpting movements with easy to follow dance steps. Please bring a yoga mat and 1-lb weights.

Cost: \$60 Resident/\$75 Non-Resident

W	8/20-10/8	7:00pm-8:00pm
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Cost: \$67.50 Resident/\$85 Non-Resident

M	10/20-12/15	7:00pm-8:00pm
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Cost: \$75 Resident/\$93.75 Non-Resident

M	8/18-10/13	7:00pm-8:00pm
W	10/15-12/17	7:00pm-8:00pm



Senior Club Activity Schedule at the Joslyn Center



Mondays - **PINOCHLE** @ 1:00pm

Thursdays - **BRIDGE** @ 1:00pm

Tuesdays - **CANASTA** @ 1:00pm

Fridays - **BINGO** @ 1:15pm

ADULTS

FITNESS

Core Xpress (18+ Years)

Location: Joslyn Center

Instructor: Victoria Samia

Get in, get it done and get on with your day! This 35-minute intense workout delivers everything you need from your workout, and it all starts with your core. 10 minutes of mat based abdominal work is followed by 25 minutes of core/cardio training. Weights and bands are utilized to give you maximum results in a shorter time span.

Cost: \$98 Resident/\$122.50 Non-Resident

M 9/15-12/15 9:00am-9:40am

W 9/17-12/17 9:00am-9:40am



Striders Walking Group (18+ Years)

Location: Joslyn Center

Instructor: El Segundo Recreation Staff

Step into a healthier lifestyle and join our Striders walking group! There is a 1.25 mile loop through Downtown El Segundo that starts at the Joslyn Center and ends at the Recreation Park sign located at Grand Ave. and Eucalyptus. Register for free at the Joslyn Center. Lace up your sneakers and walk with us!

Cost: Free (Registration required)

M/W/F 9:15am-9:45am

M/W/F 9:45am-10:30am

Pilates (18+ Years)

Location: Joslyn Center

Instructor: Victoria Samia

From rock stars to Wimbledon champs and Lakers players, Pilates is now mainstream. Mind and body work together as you strengthen and lengthen all the major muscles of the body with focus on the abdominals. This Pilates-mat class is appropriate for all fitness levels. Class benefits include improving posture, muscle tone and strength, while leaving you feeling renewed, regenerated, and energized.

Cost: \$134.40 Resident/\$168 Non-Resident

M 9/15-12/15 6:30pm-7:20pm

Cost: \$124.80 Resident/\$156 Non-Resident

F 9/19-12/19 9:00am-10:00am

Senior Fit (18+ Years)

Location: Joslyn Center

Instructor: Victoria Samia

The senior fitness journey helps participants with physical activity through movement and body connection. Active core and muscle work to explore and wake up. Exercises promote flexibility, strengthen muscles, support joints, and improve overall mobility. Regular exercise tailored to their abilities, can reduce pain, enhance joint function, and contribute to better overall well-being for seniors dealing with enthusiasts to other joint condition. Participants will need to bring a set of weights, small exercise ball and exercise band.

Cost: \$109.20 Resident/\$136.50 Non-Resident

M 9/15-12/15 10:00am-10:45am

W 9/17-12/17 3:00pm-3:45pm

ADULTS

DANCE

Adult Tapping for Fun and Exercise (Beginner) (18+ Years)

Location: George E. Gordon Clubhouse

Instructor: Carol Well

Adult tap classes are presented for fun and exercise in a non-competitive atmosphere while learning and practicing tap routines. Each 10-week session will complete at least 1 routine.

Cost: \$75 Resident/\$93.75 Non-Resident

T 9/16-11/18 6:00pm-7:00pm

*No Class 11/11

Adult Tapping for Fun and Exercise (Intermediate) (18+ Years)

Location: George E. Gordon Clubhouse

Instructor: Carol Well

Adult tap classes are presented for fun and exercise in a non-competitive atmosphere while learning and practicing tap routines. Each 10-week session will complete at least 1 routine.

Cost: \$75 Resident/\$93.75 Non-Resident

Th 9/18-12/4 6:00pm-7:00pm

*No Class 11/27

Beginner Line Dancing (18+ Years)

Location: Joslyn Center

Instructor: Tom Hickey

This class will introduce students to Country Line Dancing teaching them the basic steps to simple patterns such as the Electric Slide, Cowboy Hustle, Tush Push, Black Velvet, etc. This class level helps students at a slower level build on balance, motor skills, memory and wall changes. Each class 2 new dances are taught, and we review dances taught in previous classes as time permits. I teach the classics and some of the newest beginning level dances taught at the club venues around the Southland. This class is a recommended prerequisite for the Intermediate Line Dance class.

Cost: \$120 Resident/\$150 Non-Resident

T 9/9-11/25 6:00pm-7:00pm

Intermediate Line Dancing (18+ Years)

Location: Joslyn Center

Instructor: Tom Hickey

This class builds off the patterns from the Beginning Level, but introduces more spins, turns and complex patterns/tags/restarts. In this class the pace is a bit faster, and the students are challenged more mentally and physically. We go over the classic Improver/Intermediate dances such a Walk The Line, T.G.I.F., Slappin' Leather and work in some of the newer ones being taught in the club venues such as Gives Me Shiver, Wave on Wave and Late Night Habits to name a few. We add more dances that come out during the session. Same format as the Beginner Level: 2 new dances are taught per class and then a review of the dances taught in the previous classes worked in as time allows.

Cost: \$120 Resident/\$150 Non-Resident

T 9/9-11/25 7:00pm-8:00pm

Country Western 2 Step & Partner Dance Class (18+ Years)

NEW!

Location: Joslyn Center

Instructor: Tom Hickey

This Beginning Level Class is geared for couples or partners, but singles are welcome! Bring a partner and learn to Country 2 Step and other popular Country Western Partner Dances such as the Cowboy Cha Cha, Sweetheart Schottische, Denver Cha Cha, Barn Dance Mixer and Country Waltz - plus more as time allows. Basic footwork, dance patterns and dance floor etiquette will be taught preparing students to go out social dancing at the various LA Area Country Dance Venues and Social Dance Halls. Partner rotation is suggested to help build lead and follow skills, but not mandatory. Comfortable leather sole shoes or boots suggested.

Cost: \$120 Resident/\$150 Non-Resident

W 9/10-11/12 6:30pm-7:30pm



CANDY CANE LANE PARK & RIDE SHUTTLE

**OPERATING 4:30PM-10:00PM
DECEMBER 13-14 & 19-23**

PARK & PICK-UP

RECREATION PARK

401 SHELDON ST (END OF GUAYMAS PARKING LOT)

EL SEGUNDO LIBRARY

111 W MARIPOSA AVE. (RICHMOND ST. CORNER)

DROP OFF

SYCAMORE PARK

El Segundo
**REC, PARKS,
& LIBRARY**
We Engage... We Inspire... We Play..



EL SEGUNDO RECREATION, PARKS, AND LIBRARY DEPARTMENT PRESENTS

JOY AROUND THE WORLD

Festival of Holidays and Tree Lighting

THURSDAY
DECEMBER 4, 2025

3:00 PM - 8:00 PM

CITY HALL PLAZA
& 300 BLOCK
OF MAIN ST



TREE LIGHTING
AT 5:30 PM

MEET SANTA
& GIFT GIVEAWAY

CRAFTS, FOOD,
PERFORMERS,
AND MORE!

JOIN IN THE CELEBRATION OF WINTER HOLIDAYS FROM AROUND THE WORLD, INCLUDING CHRISTMAS, DIWALI, HANUKKAH, KWANZAA, NOCHEBUENA, AND ÒMISOKA



FOR MORE INFORMATION, PLEASE CALL 310-524-2700 OR VISIT
WWW.ELSEGUNDORECPARKS.ORG



El Segundo
REC, PARKS,
& LIBRARY
We Engage... We Inspire... We Play...

Play it 
Forward

RECREATION PROGRAM SCHOLARSHIP

The Recreation Program Scholarship provides funding for programs and services offered by the Recreation, Parks, and Library Department to El Segundo families and individuals in need. Scholarships of up to \$200 per resident, with a maximum of \$600 per household per year, are offered to residents who meet eligibility criteria.



Scan QR code for application

When to Apply

Period 1

Application submittals: August-December
Award: January

Period 2

Application submittals: January-February
Award: March

Period 3

Application submittals: March-April
Award: May

Period 4

Application submittals: May-July
Award: August

Funding Criteria

Number of People in Household	1	2	3	4	5	6	7	8
Income Guidelines	\$77,700 or less	\$88,800 or less	\$99,900 or less	\$110,950 or less	\$119,850 or less	\$128,750 or less	\$137,600 or less	\$146,500 or less

El Segundo Recreation, Parks & Library

STRIDERS WALKING GROUP

Step into a healthier lifestyle with our new walking group!

- Two walking times available, 1.25 mile loop - walk once or join both for an extra challenge!
- A great way to stay active, meet new people and enjoy fresh air!
- Open to all fitness levels - walk at your own pace

Whether you're looking for a light workout or a chance to socialize, this group is for you! Lace up your sneakers and walk with us!



MONDAY, WEDNESDAY & FRIDAY

9:15AM & 9:50AM @ The Joslyn Center

JOIN NOW



310-524-2705



www.esrecandparks.org



Farmers Market

EVERY THURSDAY

3:00PM-7:00PM

DOWNTOWN EL SEGUNDO

300 BLOCK OF MAIN ST

SHOP AROUND THE STALLS, MEET THE GROWERS, AND ENJOY THE FRIENDLY HOMETOWN ATMOSPHERE OF DOWNTOWN EL SEGUNDO!

FRUITS & VEGETABLES | PREPARED FOODS
JEWELRY | WEEKLY CRAFTS | AND MORE!

INTERESTED IN BECOMING A VENDOR?
PLEASE CONTACT
FARMERSMARKET@ELSEGUNDO.ORG



STAY TUNED ON SOCIAL
MEDIA FOR UPDATES ON
CRAFTS & ACTIVITIES
[@ESRECAPARKS](https://www.instagram.com/esrecandparks)

RECOMMENDATIONS

Please use this page to provide us with recommendations

Movies:

Day Trippers:

Other:

Turkey Meatloaf

This savory turkey meatloaf is tender, flavorful, and easy to make. It's a lighter twist on a classic favorite and pairs perfectly with mashed potatoes.

Ingredients:

- 2 tablespoons butter (or margarine)
- 1 cup onion, chopped
- 3 garlic cloves, minced
- 1 $\frac{1}{4}$ lbs ground turkey
- $\frac{1}{2}$ cup breadcrumbs
- 1 egg (or $\frac{1}{4}$ cup egg substitute)
- $\frac{3}{4}$ cup catsup
- 2 teaspoons Worcestershire sauce
- $\frac{3}{4}$ teaspoon salt
- $\frac{1}{2}$ teaspoon black pepper

Step 1

Melt butter in a skillet. Cook onion and garlic in melted butter for 5 minutes, stirring occasionally

Step 2

Place mixture in a large bowl to cool for 5 minutes.

Step 3

Combine turkey, bread crumbs, egg, $\frac{1}{4}$ cup of the ketchup, Worcestershire sauce, salt, and pepper with onion mixture.

Step 4

Press meatloaf into an 8x4-inch loaf pan. Spread remaining catsup on top.

Step 5

Bake in a 350 degree oven for 50-55 minutes.

