

El Segundo

REC & PARKS

We Engage... We Inspire... We Play...

SPRING 2020



CLASSES, EVENTS
& ACTIVITIES
FOR ALL AGES

APR-JUN

DIRECTOR'S NOTE



Meredith Petit, Director of Recreation & Parks

DIRECTOR'S NOTE

As the days grow longer and the temperatures start to warm up, the Recreation & Parks Department urges you to get outside to enjoy the parks, playgrounds and beach! Use the hashtag #GetOutsideES to show us what you're up to!

This Spring 2020 Recreation Activity Guide provides a multitude of recreational opportunities for all ages. Try out the fastest growing sport in America, Pickleball, at the newly renovated courts in Recreation Park! Or check out our new sports classes for tots and youth, taught by our very own Recreation Leaders, that focus on the very basics of each sport with an emphasis on fun, socialization, and physical activity. Catch an early glimpse of all the summer camp programs and don't miss the Egg Hunt Eggstravaganza and Camp Expo on Saturday, April 11th, to learn more about what each camp has to offer this year.

This March we the new and improved Washington Park Playground to be completed which includes all new nature-themed play equipment (with shade!) with separate structures for kids ages 2-5 and our first-ever rope climbing structure geared towards kids ages 5-12. This playground also features special synthetic turf surfacing for playgrounds – let us know how you like it! New benches, picnic tables, landscaping and pathways round out the renovations and is sure to be added back onto your list of playful destinations with the kiddos.

On behalf of all of us here at El Segundo Recreation and Parks, we wish all El Segundo residents and visitors a fun-filled and rejuvenating Spring!

Meredith Petit
Director of Recreation & Parks

MISSION STATEMENT

El Segundo Recreation and Parks strives to be the heart of community wellness by offering people of all ages the opportunity to enjoy engaging experiences within our parks and recreation facilities.

VISION

We Engage...We Inspire...We Play...

CORE VALUES

Community
Diversity
Fun
Innovation
Integrity
Quality
Teamwork
Tradition

CAPITAL IMPROVEMENT PROJECT (CIP) HIGHLIGHT

Coming Soon... Washington Park Playground!



SPRING 2020

ELECTED OFFICIALS / CITY MANAGER

Drew Boyles, Mayor
Carol Pirsztuk, Mayor Pro Tem
Scot Nicol, Council Member
Chris Pimentel, Council Member
Tracy Weaver, City Clerk
Crista Binder, City Treasurer
Scott Mitnick, City Manager

**Vote in the
Municipal
Election on
March 3**

The City Council meetings meets every 1st and 3rd Tuesdays of each month at the City Council Chambers in City Hall (350 Main Street) at 6 pm.

RECREATION AND PARKS COMMISSION

Bob Motta, Chair
Lee Davis, Vice Chair
Dave Lubs, Commissioner
Julie Stolnack, Commissioner
Kelly Watson, Commissioner

The Recreation and Parks Commission meets every 3rd Wednesday of each month at the City Council Chamber in City Hall (350 Main Street) at 6 pm.

TABLE OF CONTENTS

Director's Note	2
Vision and Mission.....	2
Staff Directory.....	3
Registration Information	4
Special Events	5
Transportation	8
Community Services.....	9
Older Adults	10
Adults.....	12
Adult Sports	14
Teen/Preteen	15
Youth	16
Tots.....	18
Camps	20
Aquatics	24
Public Safety Classes	28
Library Programs.....	29
Community Organizations	30
City Trees.....	30
Facility Map	31

ADMINISTRATION DIVISION

Meredith Petit, Director of Recreation & Parks
mpetit@elsegundo.org
(310) 524-2880

Shawn Green, Recreation Supervisor
Field & Picnic Reservations,
Facility Maintenance, Sports Leagues
sgreen@elsegundo.org
(310) 524-2707

Monse Palacios, Sr. Administrative Analyst
Purchasing & Billing, Contract Management
mpalacios@elsegundo.org
(310) 524-2882

Jackie Day, Sr. Administrative Specialist
General Inquiries,
Special Event & Block Party Permits
jday@elsegundo.org
(310) 524-2881

RECREATION DIVISION

Arecia Hester, Recreation Superintendent
ahester@elsegundo.org
(310) 524-2702

Ryan Delgado, Recreation Supervisor
Joslyn Center, Adult/Senior Programs,
Transportation, Events & Farmers Market
rdelgado@elsegundo.org
(310) 524-2741

Jeannine Houchen, Recreation Supervisor
Aquatics Facilities & Programs
jhouchen@elsegundo.org
(310) 524-2397

Vacant, Recreation Supervisor
Recreation Classes, Registration,
Teen & Camp Programs

Linnea Palmer, Recreation Coordinator
Aquatics Programs
lpalmer@elsegundo.org
(310) 524-2895

Devon Zamora, Recreation Coordinator
Teen Center, After School Programs,
Camps & Youth Volunteer Program
dzamora@elsegundo.org
(310) 524-2701

PARKS DIVISION

Christopher Hentzen, Park Maintenance Superintendent
Certified Arborist
chentzen@elsegundo.org
(310) 524-2716

Joseph Casillas, Park Supervisor
Landscape & Ball Field Maintenance
jcasillas@elsegundo.org
(310) 524-2894

Santos Haro, Park Supervisor
Certified Arborist, Tree Maintenance
sharo@elsegundo.org
(310) 524-2893

INFORMATION

REGISTRATION

Online Registration available at ESREC.ORG

SPRING 2020 REGISTRATION DATES

CLASSES

Resident: March 2 at 9:00 am
Non-Resident: March 9 at 9:00 am

SWIM LESSONS

Session A
Resident: March 13 at 9:00 am
Non-Resident: March 18 at 9:00 am
Session B
Resident: May 1 at 9:00 am
Non-Resident: May 6 at 9:00 am

SUMMER CAMPS

Resident: April 6 at 9:00 am
Non-Resident: April 11 at 8:30 am

WALK IN REGISTRATION

Refer to page 31 for facility information.

CLASS INFORMATION

Please note: ONE-TIME class trials are available pending space and availability for many of our class offerings with the exception of day camps and aquatics programs. Please inquire with our desk staff for more information.

FEE NOTICE

Please be aware the City of El Segundo has a City-wide credit card transaction fee. This 2.75% fee will apply to credit card business transaction throughout all City Departments.

RESIDENT RECREATION ID CARD

El Segundo Residents with valid Rec ID receive a 20% discount on all recreation activities and 50% discount on all facility rentals. Parents registering a minor must also have a current Rec ID for discounts. Rec IDs can be purchased at the Checkout Building, Clubhouse, Joslyn Center and Aquatics facilities. Rec ID purchase requires proof of residency. Business addresses in El Segundo are not eligible for Rec ID.

The following are acceptable proofs of residency:

- Driver's License / California ID Card with a valid El Segundo address OR
- Two (2) utility bills from a residence within El Segundo with your name and address clearly listed on them. (P.O. Boxes are not accepted as a form of residency.)

Cards are issued based on the following fees:

- Infants (under 3 years) - \$5
- Youth (3-17 years) - \$10
- Adults (18-61 years) - \$15
- Senior Citizens (over 62 years) - \$5

Rec ID fees are subject to change at any time.

A replacement fee of \$3 will be charged for lost or stolen cards.

ATTENTION RESIDENTS! PLEASE renew your Rec ID prior to payment in order to receive the 20% discount. You will be charged the Non-Resident rate, if you register for programs without a current Rec ID. If you are a resident and you are charged a Non-Resident rate because you did not have a current Rec ID, we will not give credit or reimbursement. All resident discounts are applied at the time of purchase.

CLASS AND CAMP REFUND POLICIES

CLASS REFUND POLICY

All participants will have the first day of class to decide whether or not to continue. Requests for refund or transfer must be made prior to the start of the second class and a \$10 administration fee will be applied.

No refunds or credits will be issued after the start of the second class meeting because enrollment numbers determine if classes will be canceled as well as payment to our contract instructors.

To obtain a space in a class please register early.

Participants will receive a full refund for classes canceled due to low enrollment.

Credits on accounts will be done by request only. Otherwise, all refunds will be returned to the initial form of payment used. Checks will take up to 6-8 weeks to process.

Exceptions to these policies based on unforeseeable circumstances will be considered by supervisors on a case by case basis.

CAMP COWABUNGA REFUND POLICY

Seven (7) business days* before the program starts, payees may receive a full refund (minus a \$10 administrative fee). Request must be made no later than 7 business days before the program start date. If a request for reimbursement is made after the 7 day period but 3 business days before the program starts, a \$50 late request penalty will be assessed along with the \$10 administrative fee. Payees are not entitled to refunds requested less than 3 business days before the program begins. *Our regular business day schedule is Mon – Fri, 7 am – 5 pm

RETURNED CHECK FEE

A \$25 fee will be charged for all returned checks.

RENTAL POLICIES

Payment for rentals are due a minimum of 10 business days prior to the start date of the reservation.

Refunds will be returned in the same form as payment and a receipt of the refund will be sent to the account holders email address. Credits on accounts will be done by request only and must be requested prior to the end of the reservation. Check refunds may take up to 6 – 8 weeks to process.

Refundable rental deposit returns will be processed on business days only. Deposit returns and refunds will be initiated within 10 business days after the end of the rental. Credit Card refunds and deposit returns may take up to 10 business days; check refunds and deposit returns may take up to 6 – 8 weeks to process.

ONGOING/LONG TERM RENTALS

Refunds for long term or ongoing rentals will automatically be returned at the end of each calendar year. At the beginning of each calendar year a new damage deposit of \$200 must be processed. Any group or organization wishing to receive their deposit prior to the end of the year and terminating their ongoing rentals must submit their request in writing to the Recreation Supervisor.

TENNIS COURT RENTALS

Cancellations must be done a minimum of 24 hours in advance to receive a refund. No same day cancellations are allowed.

MAR

20-29



JUN

11-14

SPRING JUNIOR & SENIOR VARIETY SHOWS

Two very unique shows!

All matinee shows feature our Juniors ages 5-11 years and all evening shows feature our Seniors ages 12-18 years.

Performances are scheduled as follows:

Junior Performances:

March 21, 22, 28, & 29 at 2 pm

Senior Performances:

March 20, 21, 27, & 28 at 7 pm



Performances are located at the George E. Gordon Clubhouse, 300 E. Pine Ave.

\$8.00 Presale Tickets – Variety Show presale dates: 3/6-3/19 – Frozen Jr. presale dates: 5/28-6/10 • **\$10.00 General Admission**
For questions call 310-524-2362

APR

19

EARTH DAY

A TREE PLANTING EVENT

Sunday, April 19

9:00-11:00 am

City Hall Plaza



Volunteers of all ages are welcome!

Sign up ahead of time at www.esrec.org.

Call 310-524-2362 for more information.

APR

7&9

FREE

SPRING BREAK TOT SHOWS

APRIL 7

Special Bubble Show at 11:00 am

April 9

Preschool Puppet Playtime at 11:00 am & 12:00 pm

Outdoor Stage at George E. Gordon Clubhouse, 300 E. Pine Ave.

EVERY

THURSDAY

Every Thursday 3:00-7:00 PM

300 Block of Main Street



Fresh Fruit and Vegetables • Local Crafts • Live Music • Prepared Foods

EVENTS

APR 11 EGG HUNT EGGSTRAVAGANZA

Saturday, April 11

9:30-11:00 am
Recreation Park

Bring your baskets to Recreation Park for the annual Egg Hunt. Join Bunny and Mother Goose for photo opportunities.

EGG HUNT SCHEDULE

10:00 am: Crawlers to 4 Years
10:30 am: 5 to 12 Years



APR 11 CAMP EXPO

Saturday, April 11
8:30-11:00 am
Recreation Park

- Come meet Camp Counselors and Instructors!
- Learn more information on over 40 camps available this summer!
- Ask questions!

SUMMER CAMP REGISTRATION

Resident: Monday, April 6 at 9:00 am

Non-Resident: Saturday, April 11 at 8:30 am



APR 11 UNDERWATER EGG HUNT

Saturday, April 11
2:00-4:45 pm

Urho Saari Swim Stadium "The Plunge"
Cost: \$5 /\$7 for Non-Residents.



Join us as we dive-in to some fun and catch those floating eggs. Space is limited, so make sure to sign up early. Registration is available at esrec.org, over the phone by calling 310-524-2738 and in person at both Aquatics Facilities.

APR
13-17

BULKY ITEM CLEANUP WEEK

EDCO

During the week of April 13, place bulky items on your curb by 7:00 am on your regularly scheduled residential curbside collection date for pick up by EDCO.

MAY
2



elSegundo HOMETOWN FAIR & CARNIVAL

Saturday, May 2 – 10:00 am-3:00 pm
600 Block of Main Street

- Rides & Games
- Bake-off Contest
- Arts & Crafts Vendors
- Music & Food
- Community Expo



Carnival Wristbands Available at Clubhouse
\$8 presale (April 13- May 1) \$10 day of event
For more info call 310-524-2362.

MAY
9

ELDERFEST

Saturday, May 9

Joslyn Center, 339 Sheldon St.
11:00 am-1:00 pm



May is Older American Month! El Segundo celebrates our senior community with a luncheon, information on helpful services available and the honoring of the nominated El Segundo Older American of the Year award recipient. To nominate someone, please stop by the Joslyn Center. Reservations to attend are required by May 4th, seating is limited. This year's theme is "Make your Mark", selected to encourage and celebrate countless contributions that older adults make to the communities in which they live. For further information or to reserve your seat call 310-524-2705.

MAY
30

JUNK IN YOUR TRUNK

Saturday, May 30
8:00-11:00 am

Joslyn Center Parking Lot (Eucalyptus Dr. & Grand Ave.)

Recreation Park is hosting a community sale, throw your items in your trunk and reserve a parking stall to sell or come to buy. One person's junk is another's treasures! Selling spaces are limited, stalls are \$15 and require advance sign up. Call 310-524-2705 for more information.

TRANSPORTATION

TRANSPORTATION SERVICES 310-524-2704



Dial-A-Ride (DAR)

Monday – Friday • 8:50 am – 3:00 pm

In order to use this service you must have a valid rec ID card for the current year. This service is meant to assist El Segundo Residents (primarily our seniors and disabled) by transporting them to and from their destination of choice. The boundaries of Dial-A-Ride are restricted to residential El Segundo. This means we are not able to take riders east of PCH, south of El Segundo Blvd, or north of Imperial Hwy. Once a day, Monday-Friday there are fixed time slots designated for a Ralph's trip. Riders are required to only purchase what they can carry. DAR dispatch can schedule riders up to two weeks in advance from the day of.

Doctor Dial-A-Ride

Thursdays • 8:15 am – 3:45 pm

This service transports resident seniors and disabled to and from their doctor appointments. Riders must have a valid rec ID card for the current year. From El Segundo, the driver can go as far south as Torrance, east as Hawthorne, and north as Marina Del Rey. There is a fee of \$5 round trip or one way, and is payable at the time of the service to the driver. DAR dispatch can schedule riders up to 3 months in advance from the current month and is limited to the amount of riders we can accommodate in a day.

Saturday Shopping Trips

Dial-A-Ride offers shopping trips for the first four Saturdays of the month. These shopping trips go to a different location each Saturday throughout the South Bay. The hours of operation for the trips are 9:30am-2:00pm. You must have a valid rec ID card for the current year and ridership is limited due to the number of seats on the shuttle.

Lunchtime Shuttle

Lunchtime Shuttle is a free program that transports riders from the business side of El Segundo to Downtown El Segundo for lunch. The shuttle runs Monday-Friday from 11:15am-2:00pm on a continuous loop to 17 corporate and downtown El Segundo locations.

Spring Break Beach Shuttle

April 6 - April 11

Monday - Saturday • 11:00 am - 4:30 pm

Operates during ESUSD spring break. Ridership is free with a Rec ID or pay \$1 each way (exact change, please). The drivers operate on a continuous loop that takes riders to El Porto Beach. El Segundo Pick Up Locations: Eucalyptus & Holly, Center & Mariposa, Sheldon & Imperial, Main & Imperial, Richmond & Mariposa, and Virginia & Grand.

Bus Passes for Sale at Joslyn Center

The Joslyn center sells Metro Monthly bus passes and BCT monthly passes for El Segundo residents. Subsidized Senior and reduced fare disabled passes are available with valid Metro TAP or BCT card. Residents and those working in El Segundo may conveniently purchase regular fare and student monthly passes, Metro EZ Pass, Zone passes, daily passes and add stored value their TAP cards. Monthly passes are available beginning the 25th of each month.

Beach Striders

Monday/Wednesday/Friday • 8:30 - 9:45 am and 9:15 - 10:30 am

A free program available to adult and senior El Segundo residents with purchase of a valid Rec ID card. Those without a Rec ID card pay \$15 for the session. Our Dial-A-Ride shuttle transports the striders groups down to Manhattan Beach's Strand and returns them to the Joslyn Center after their walk. Riders must meet at the parking lot above the Joslyn Center every Monday, Wednesday, and Friday. Participants are required to register for the class at the start of each session. Registration is on a first come, first served basis. Each time group is limited to 20 registrants.



COMMUNITY SERVICES

OUTREACH SERVICES 310-524-2706

Monday-Friday 9:00 am-1:00 pm

Located in the Joslyn Center in Recreation Park. Outreach provides information and referrals on housing, transportation, personal care, Social Security, scheduling doctor appointments, and other related services.



El Segundo Meals-on-Wheels Program:

Clients must be over 62 years of age and meet the guidelines determined by the Outreach office. *Suggested donation \$5 per meal.*



Volunteer Opportunity

The Outreach Office needs volunteer drivers on a regular and substitute basis for the Meals-on-Wheels Home Delivered Meals program. If you would like to volunteer, contact the Outreach Office for details.



COMMUNITY GARDEN

The El Segundo Community Garden is located on the North Side of Joslyn Center in Recreation Park. The gardens use square foot gardening methods for growing plants and vegetables. The garden common areas are maintained by the community members and the individual gardens by the assigned resident. The next community garden lottery will take place for the West garden in January 2020. Registration to be entered into the lottery requires a valid recreation ID card. Garden plots are assigned to El Segundo residents via lottery at the beginning of the year. Each garden is assigned for a period of 2 years. For more information contact the Joslyn Center at (310) 524-2705.

RECREATION PROGRAM SCHOLARSHIPS

The Recreation Program Scholarship is dedicated to families and individuals with financial need, with an allocation of up to \$200 per household per year based on specific eligibility criteria and the availability of funds. Application and award periods are listed below:

Application submittals: April 2020

Awarded: May 2020

Application submittals: September 2020

Awarded: October 2020

Applications will only be available at the Joslyn Senior Center Outreach Office Desk during the submittal month. Applications must also be submitted in person. For any additional scholarship questions, please contact the Outreach office at 310-524-2706.

PARK VISTA

Park Vista is a charming senior living facility located adjacent to El Segundo's Recreation Park. Owned by the city of El Segundo and beloved by the community, Park Vista provides comfort and belonging to its residents at an affordable cost. Amenities include an onsite laundry room, exercise room, community lounge & recreation room, secured building access, two elevators, reading nooks on each floor, and a beautiful outdoor patio overlooking Recreation Park, and community events are a common sight at Park Vista, whether weekly events or annual holidays. For more information, please call 310-322-5036.

SENIOR CITIZEN HOUSING CORPORATION BOARD

Paul Lanyi, President

Martin Stone, Vice President

Paula Rotolo, CFO

Jim Latta, Board Member

Patricia Gerber, Board Member

A non-profit corporation formed in 1984 for the construction of an affordable housing facility for seniors, referred to as "Park Vista." The Board was established in 1986 to actively oversee the management, operation, maintenance, and finances of Park Vista. The Board enters into an operating agreement with the City Council, and enlists a management company to operate the facility. The Board, comprised of 5 members, all El Segundo residents (per bylaws), serve without compensation, for 4-year terms, without term limits. The Board meets on the 4th Wednesday of every month, at 7:00 pm.

OLDER ADULTS

Adults 50+

El Segundo Joslyn Center - 339 Sheldon St., El Segundo, CA 90245
310-524-2705

Hours

Monday – Thursday: 8 am – 9 pm • Friday: 8 am – 5 pm
Saturday: 9 am – 1 pm; 6 - 10 pm • Sunday: 11 am – 4 pm

JOSLYN DROP IN

Monthly newsletters are available for pick up at the Joslyn Center Front Desk

At The Movies

FREE Movies are shown on a wide screen TV at the Joslyn Library on Thursdays with show times of 1pm and 6:30pm. The TV is available for use during open hours, drop by and catch up on the news or your favorite show.

Billiards

Two Billiards tables are available for drop in play or practice during open hours at Joslyn Center. No reservation required.

Lawnbowling

Bowl on the green in Recreation Park just outside of the Joslyn Center. Lawn bowling equipment is available at the Checkout Office. All ages and abilities are welcome.

Lending Library & Media Room

The Joslyn Center has paperback books, a limited selection of large print books, magazines, movies and puzzles available for borrowing. The Library Room is available for small group gatherings and may be utilized during Joslyn Center open hours.

On the Move Travel Club

This travel club is open to anyone interested in using public transportation, but is unsure of how to use it to gain access to local points of interest throughout the south bay. Monthly trips include movie theaters, shopping excursions, museums and more; all available via public transportation lines such as BCT, Metro bus and light rail. For more information please contact Joslyn Center at (310)524-2705.

DAYTRIPPERS

Be a part of the El Segundo Daytrippers! This is a group of individuals that love to travel. Sign-ups begin one month prior to departure date.

LA County Air Show

Saturday, March 21 • 9:15 am-6:30 pm

Cost: \$60 (includes premium seating)

Angel Stadium Tour

Friday, April 17th

Cost: \$25

Oxnard Strawberry Festival

Saturday, May 16th • 9 am-4:30 pm

Cost: \$25 (includes admission)

Daytrippers is non-refundable.

SENIOR ACTIVITY CLUBS

El Segundo Senior Club Activities

The Senior Club of El Segundo hosts a wide variety of activities and socials at the Joslyn Center. Monthly newsletters are available for pick up. All activities are open to residents and non-residents who are at least 50 years of age. Membership to the El Segundo Senior Club is available for an annual fee of \$5.

Board Meetings are held the first Tuesday of every month at 9:30am in the Craft Room at Joslyn Center.

Weekly Activities

Bingo	Friday	1:00 pm
Bowling	Wednesday	1:00 pm
Bridge	Sunday	11:30 am
Bridge Mixed	Wednesday	1:00 pm
Canasta	Monday	12:00 pm
Dancing	Saturday	7:00 pm
Pinochle	Tuesday	11:30 am
Pinochle	Sunday	11:30 am
Potluck Mtg	3rd Tuesday	5:00 pm
Sit-N-Knit	2nd Sunday	12:30 pm

On the Move Travel Club

This travel club is open to anyone interested in using public transportation, but is unsure of how to use it to gain access to local points of interest throughout the south bay. Monthly trips include movie theaters, shopping excursions, museums and more; all available via public transportation lines such as BCT, Metro bus and light rail.

You may purchase 1 day passes for public transportation lines at the Joslyn Center prior to your trip. For more information please contact Joslyn Center at (310)524-2705.

ENRICHMENT

Cooking Series

Join Dianne Staso, Registered Dietitian, for a three-week series on the importance of diet as we age. This three-week series includes a lecture and two cooking demonstrations. Class Min 10. No Class 4/21.

Location: Joslyn Center, Social Hall & Kitchen

Instructor: Dianne Staso

Cost: \$105/131.25 for Non-Residents for 3 classes.

Brain Food for Seniors

Learn about the latest research about diet and brain health. Learn about nutrients that can improve cognitive function and possibly protect against Alzheimer's disease.

Tu 4/14-5/5 12:00-1:15 pm

Reduce our Risk of Cancer

Research indicates that 30-35% of cancer related deaths are linked to diet. Learn what and how to eat to reduce your cancer risk.

Tu 5/12-5/26 12:00-1:15 pm

Eating Right with Pre-Diabetes and Diabetes.

Learn how to eat to control blood sugar. Will discuss plate method and carbohydrate counting

Tu 6/2-6/16 12:00-1:15 pm

DANCE & MUSIC

Line Dance

Location: Joslyn Center, Social Hall & Clubhouse, Auditorium (3rd Tuesday of the Month)

Instructor: Tom Hickey

Cost: \$80/\$100 for Non-Residents for 8 classes.

Beginner: Teaches you the basic steps to simple patterns of dances such as the Electric Slide, Cowboy Hustle, Tush Push, Black Velvet as well as a rotating list of new dances being taught in the club venues. This class level helps students at a slower level build on balance, motor skills, memorization, and wall changes. Class min 5.

Tu 4/14-6/2 6:30-7:30 pm

Intermediate: Classic intermediate dances are taught in this class such as Dizzy, Walk The Line, T.G.I.F., Uno Dos Tres, Men In Black, as well as a rotating list of new dances being taught in the club venues. Students build on patterns from the Beginning Level by introducing more spins, turns and complex patterns. Class min 5.

Tu 4/14-6/2 7:45-8:45 pm

Tapping For Fun & Exercise

Adult tap classes are presented for fun and exercise in a noncompetitive atmosphere while learning and practicing tap routines. Class Min 3.

Location: Clubhouse, Auditorium

Instructor: Carol Well

Cost: \$50/\$62.50 for Non-Residents for 10 classes.

Beginner: Learn basic tap steps to use in combination including: flaps, shuffles, ball changes, and the single time step.

Tu 3/31-6/2 6:00-7:00 pm

Intermediate: Expand and build on basic tap skills and add techniques like buffalos and the double and triple time steps.

Th 4/2-6/4 6:00-7:00 pm

FITNESS

50-Minute Fitness

This high intensity low impact cardio class is open to intermediate fitness levels and those looking for a challenge. This class incorporates light weights. This class is not recommended for individuals needing mobility assistance, please see instructor if you have concerns regarding your ability to participate in the course. Class Min 5. No Class 4/22, 5/22, 5/25.

Location: Joslyn Center, Social Hall

Instructor: Victoria Samia

Cost: \$40/\$50 for Non-Residents for 8 classes.

M	4/13- 6/8	10:00-10:50 am
W	4/15- 6/10	10:00-10:50 am
F	4/17-6/12	10:00-10:50 am

NEW CLASS Cardio Core XPRESS

Get in, get it done and get on with your day! This 35-minute core training class packs a punch. Work your abs from many angles in fast and effective way utilizing both mat and standing work. It is tough but it is quick! This class is aimed at those looking to amp up their fitness routine. FRIDAY WILL INCORPORATE MORE CARDIO/FAT BURNING FOR AN INTENSE FULL BODY WORKOUT. Class Min 5. No Class 4/22, 5/22, 5/25.

Location: Joslyn Center, Social Hall

Instructor: Victoria Samia

Cost: \$48/\$60 for Non-Residents for 8 classes.

M	4/13- 6/8	9:20-9:55 am
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Cost: \$54/\$67.50 for Non-Residents for 9 classes.

W	4/15- 6/10	9:20-9:55 am
F	4/17-6/12	9:20-9:55 am



Water Fitness Classes!
See page 26

Arthritis Foundation Fitness

The Arthritis Foundation Exercise Program improves joint flexibility, while building muscle strength using therabands and weights! Balance and coordination exercises are also part of the program. Come get fit and have fun! Class Min 5. No Class 4/22, 5/25.

Location: Joslyn Center, Social Hall

Instructor: Victoria Mendez

Cost: \$62/\$77.50 for Non-Residents for 16 classes.

M W	4/13-6/10	11:15 am-12:15 pm
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Beach Striders

A free program available to adult and senior El Segundo residents with purchase of a valid Rec ID card. Our Dial-A-Ride shuttle transports the striders groups down to Manhattan Beach's Strand and returns them to the Joslyn Center after their walk. Riders must meet at the parking lot above the Joslyn Center. Participants are required to register for the class at the start of each session. Registration is on a first come, first served basis. Each time group is limited to 20 registrants.

Cost: \$0/\$15 for Non-Residents.

M W F	4/13-6/12	8:30-9:45 am
M W F	4/13-6/12	9:15-10:30 am

NEW CLASS Chair Yoga (50 Years +)

Chair yoga provides a safe physical activity, mental stimulation, and a sense of community! This class is designed to be as vigorous or as gentle as needed, according to the strength the limitations of each and every student. It is always joyful and fun! We use chairs for support and safety; some exercise are performed seated, and others while standing to the side or behind the chair. We always practice chair yoga in a loving, accepting, and supportive environment! Yoga is for everyone! Join us! Class Min 10.

Instructor: Efrat Pomerantz

Location: Joslyn Center, Social Hall

Cost: \$54/\$67.50 for Non-Residents for 9 classes.

Th	4/16-6/11	9:30-10:30 am
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Pilates with Props (15 Years +)

From rock stars to Wimbledon champs and Laker stars, Pilates is now mainstream. Mind and body work together as you strengthen and lengthen all the major muscles of the body with focus on the abdominals. This Pilates-mat class is appropriate for all fitness levels. Class benefits include improving posture, muscle tone and strength, while leaving you feeling renewed, regenerated and energized. Please bring a towel to put on your mat which is provided. Class Min. 5. No Class 4/21.

Instructor: Victoria Samia

Location: Joslyn Center, Social Hall (Thursdays in the Multi-Purpose Room)

Cost: \$68/\$85 for Non-Residents for 8 classes.

Tu	4/14-6/9	10:30-11:30 am
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Cost: \$76.50/\$95.63 for Non-Residents for 9 classes.

W	4/15-6/10	6:00-6:50 pm
W	4/15-6/10	7:00-7:50 pm
Th	4/16-6/11	10:30-11:30 am

Tai-Chi Ch'uan

Come and enjoy the benefits of this slow, graceful, relaxing, rhythmic exercise. Tai-Chi is used to promote good health in the young and old, the strong and the weak. Special class requires instructor's approval. Class Min 5.

Location: Joslyn Center, Social Hall

Instructor: Richard Goodman

Beginner: Students work on overall stretching, flexibility, balance and coordination by learning the basics.

Cost: \$72/\$90 for Non-Residents for 9 classes.

Th	4/16-6/11	11:00 am-12:00 pm
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Intermediate:

Cost: \$56/\$70 for Non-Residents for 9 classes.

Th	4/16-6/11	12:00-1:00 pm
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Special: Students build on the basic foundations and further increase their physical strength, awareness, and concentration levels—promoting stillness within themselves.

Cost: \$90/\$112.50 for Non-Residents for 9 classes.

Th	4/16-6/11	1:00-2:30 pm
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Intermediate & Special:

Cost: \$144/\$180 for Non-Residents for 9 classes.

Th	4/16-6/11	12:00-2:30 pm
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Yoga (15 Years +)

Traditional Yoga classes offering a balanced system for bringing better health, flexibility and peace into your life. Class focus is on stretching, deep breathing and relaxation, which brings mind and body into harmony. Classes are mixed level making them perfect for beginner and advanced practitioner as well. Class Min 5. No Class 5/25, 5/28.

Location: Joslyn Center, Social Hall

Instructor: Victoria Elia

Cost: \$120/\$150 for Non-Residents for 10 classes.

M	3/30-6/8	7:00-8:15 pm
Th	4/2-6/11	6:30-7:45 pm

ELDERFEST MAY 9th
Refer to page 7 for details

Make Your MARK!
MAY 2020 | VISIT ACL.GOV/OAM FOR MORE INFORMATION.



ADULTS

ARTS

Art Lab for All (15+ Years)

Come explore the creative possibilities with a variety of materials and mediums. Projects inspired by current working artists are just the starting point for you to discover your own style and process. All artists are welcome. Plus parents can sign up and can work on their own or alongside their kids. Class Min 2.

Location: Clubhouse, Tri-Room

Instructor: Natalie Strong

Cost: \$150/\$187.50 for Non-Residents for 8 classes.

F 4/17-6/5 3:15-4:05 pm

Did you know ...

The City of El Segundo has launched its new website located at elsegundo.org. It aims to continually improve access to public services and information for the people of El Segundo. The updated site is user-friendly with a modern design that's a source of accurate, easy-to-find, current information for the public.



ENRICHMENT

Cooking Series

Join Dianne Staso, Registered Dietitian, for a three-week series on the importance of diet as we age. This three-week series includes a lecture and two cooking demonstrations. Class Min 10.

Location: Joslyn Center, Social Hall & Kitchen

Instructor: Dianne Staso

Cost: \$105/\$131.25 for Non-Residents for 3 classes.

Reduce our Risk of Cancer

Research indicates that 30-35% of cancer related deaths are linked to diet. Learn what and how to eat to reduce your cancer risk.

Tu 5/12-5/26 12:00-1:15 pm

Eating Right with Pre-Diabetes and Diabetes

Learn how to eat to control blood sugar. Will discuss plate method and carbohydrate counting

Tu 6/2-6/16 12:00-1:15 pm

DANCE & MUSIC

Line Dancing

Location: Joslyn Center, Social Hall & Clubhouse, Auditorium (3rd Tuesday of the Month)

Instructor: Tom Hickey

Cost: \$80/\$100 for Non-Residents for 8 classes.

Beginner: This class will introduce you to Country Line Dancing teaching you the basic steps to simple patterns of dances such as the Electric Slide, Cowboy Hustle, Tush Push, Black Velvet as well as a rotating list of new dances being taught in the club venues. This class level helps students at a slower level build on balance, motor skills, memorization, and wall changes. Each class you will learn two new dances then review the dances taught in previous classes. Class min 5.

Tu 4/14-6/2 6:30-7:30 pm

Intermediate: Classic intermediate dances are taught in this class such as Dizzy, Walk The Line, T.G.I.F., Uno Dos Tres, Men In Black, as well as a rotating list of new dances being taught in the club venues. Students build on patterns from the Beginning Level by introducing more spins, turns and complex patterns. Each class you will learn two new dances then review the dances taught in previous classes. Class min 5.

Tu 4/14-6/2 7:45-8:45 pm

Tapping For Fun & Exercise

Adult tap classes are presented for fun and exercise in a noncompetitive atmosphere while learning and practicing tap routines. Class Min 3.

Location: Clubhouse, Auditorium

Instructor: Carol Well

Cost: \$50/\$62.50 for Non-Residents for 10 classes.

Beginner: Learn basic tap steps to use in combination including: flaps, shuffles, ball changes, and the single time step.

Tu 3/31-6/2 6:00-7:00 pm

Intermediate: Expand and build on basic tap skills and add techniques like buffalos and the double and triple time steps.

Th 4/2-6/4 6:00-7:00 pm



JaguarTennisAcademy.com

ALL TENNIS CLASSES ARE SCHEDULED MONTHLY AND YEAR ROUND

Classes Offered: Cardio Tennis

Adult and Youth Group Lessons

Adult and Youth Private Lessons

"TPP Challenge" = Tennis PoPTennis Pickleball COMBINE

Contact: Sergiu Boerica, Coach/Owner • USPTA Certified

JAGUAR TENNIS ACADEMY, LLC.

JaguarTennisAcademy.com • Phone/Text: 310-227-4405 • Email: CoachBoerica@gmail.com

Location: El Segundo Recreation Park, 401 Sheldon St., El Segundo, CA 90245



FITNESS

50-Minute Fitness

This high intensity low impact cardio class is open to intermediate fitness levels and those looking for a challenge. This class incorporates light weights. Bring your own set of two hand weights. This class is not recommended for individuals needing mobility assistance, please see instructor if you have concerns regarding your ability to participate in the course. Class Min 5. No Class 4/22, 5/22, 5/25.

Location: Joslyn Center, Social Hall

Instructor: Victoria Samia

Cost: \$40/\$50 for Non-Residents for 8 classes.

M	4/13-6/8	10:00-10:50 am
W	4/15-6/10	10:00-10:50 am
F	4/17-6/12	10:00-10:50 am

NEW CLASS Cardio Core XPRESS

Get in, get it done and get on with your day! This 35-minute core training class packs a punch. Work your abs from many angles in fast and effective way utilizing both mat and standing work. It is tough but it is quick! This class is aimed at those looking to amp up their fitness routine. FRIDAY WILL INCORPORATE MORE CARDIO/FAT BURNING FOR AN INTENSE FULL BODY WORKOUT. Class Min 5.

No Class 4/22, 5/22, 5/25.

Location: Joslyn Center, Social Hall

Instructor: Victoria Samia

Cost: \$48/\$60 for Non-Residents for 8 classes.

M	4/13-6/8	9:20-9:55 am
W	4/15-6/10	9:20-9:55 am
F	4/17-6/12	9:20-9:55 am

Pilates with Props (15 Years +)

From rock stars to Wimbledon champs and Laker stars, Pilates is now mainstream. Mind and body work together as you strengthen and lengthen all the major muscles of the body with focus on the abdominals. This Pilates-mat class is appropriate for all fitness levels. Class benefits include improving posture, muscle tone and strength, while leaving you feeling renewed, regenerated and energized. Please bring a towel to put on your mat which is provided. Class Min. 5.

No Class 4/21.

Instructor: Victoria Samia

Location: Joslyn Center, Social Hall (Thursdays in the Multi-Purpose Room)

Cost: \$68/\$85 for Non-Residents for 8 classes.

Tu	4/14-6/9	10:30-11:30 am
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Cost: \$76.50/\$95.63 for Non-Residents for 9 classes.

W	4/15-6/10	6:00-6:50 pm
W	4/15-6/10	7:00-7:50 pm
Th	4/16-6/11	10:30-11:30 am

Right to Bare Arms (17 Years +)

This upper body workout pushes your limits, while at the same time encouraging you to take breaks when you need them. Every exercise has a modification so anyone can safely begin this progress and pace themselves carefully. There are also several water breaks when you can catch your breath. What to bring: Mat, bottled water, and towel. Please wear workout gear and athletic shoes. Class Min 4. No Class 5/5.

Location: Athletic Grace Dance Studio (113 W. Grand Ave.)

Instructor: Athletic Grace Dance Studio Staff

Cost: \$98/\$122.50 Non-Residents for 7 classes.

Tu	4/21-6/9	6:00-7:00 pm
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Stroller Circuit

Do you need more energy? Looking to tone up and trim down? This class has been revamped to include both ladies with and without strollers. Exercises are designed to effectively burn fat and build muscle in a challenging and fun way. Utilizing the park environment, this class is so much fun that you barely notice the calories you are burning! Get fit exercising throughout Recreation Park and using weights and resistance tubing. Bring your babies/preschoolers along for the ride in their strollers. Wear comfortable workout clothes and meet at the corner of Eucalyptus and Pine. Class Min 5.

Location: Recreation Park

Instructor: Victoria Samia

Cost: \$72/\$90 for Non-Residents for 9 classes.

Tu	4/14-6/9	9:30-10:20 am
Th	4/16-6/11	9:30-10:20 am

Strong By Zumba (17 Years +)

Perfect for fitness enthusiasts and students looking for a more challenging, high intensity interval training workout. With most workout programs, music is an afterthought. The music in STRONG by Zumba™ was crafted to drive the intensity in a challenging progression that provides a total body workout. Using your own body weight, you will gain muscular endurance, tone, and definition, and you will experience an increased afterburn. What to bring: Mat, bottled water, and towel. Please wear workout gear and athletic shoes. Class Min 4. No Class 5/7.

Location: Athletic Grace Dance Studio (113 W. Grand Ave.)

Instructor: Athletic Grace Dance Studio Staff

Cost: \$98/\$122.50 Non-Residents for 7 classes.

Th	4/23-6/11	6:30-7:30 pm
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Tai-Chi Ch'uan

Come and enjoy the benefits of this slow, graceful, relaxing, rhythmic exercise. Tai-Chi is used to promote good health in the young and old, the strong and the weak. Special class requires instructor's approval. Class Min 5.

Location: Joslyn Center, Social Hall

Instructor: Richard Goodman

Beginner: Students work on overall stretching, flexibility, balance and coordination by learning the basics.

Cost: \$72/\$90 for Non-Residents for 9 classes.

Th	4/16-6/11	11:00-12:00 pm
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Intermediate:

Cost: \$56/\$70 for Non-Residents for 9 classes.

Th	4/16-6/11	12:00-1:00 pm
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Special: Students build on the basic foundations and further increase their physical strength, awareness, and concentration levels.

Cost: \$90/\$112.50 for Non-Residents for 9 classes.

Th	4/16-6/11	1:00-2:30 pm
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Intermediate & Special:

Cost: \$144/\$180 for Non-Residents for 9 classes.

Th	4/16-6/11	12:00-2:30 pm
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Turn the Other Cheek (17 Years +)

A workout that is focused on the two largest muscle groups. Your entire lower body is absolutely getting blasted throughout this entire routine. What to bring: Mat, bottled water, and towel. Please wear workout gear and athletic shoes. Class Min. 4. No Class 5/9.

Location: Athletic Grace Dance Studio (113 W. Grand Ave.)

Instructor: Athletic Grace Dance Studio Staff

Cost: \$98/\$122.50 for Non-Residents for 7 classes.

Sa	4/25-6/13	8:45-9:45 am
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Yoga (15 Years +)

Traditional Yoga classes offering a balanced system for bringing better health, flexibility and peace into your life. Class focus is on stretching, deep breathing and relaxation, which brings mind and body into harmony. Classes are mixed level. Class Min 5. No Class 5/25 & 5/28.

Location: Joslyn Center, Social Hall

Instructor: Victoria Elia

Cost: \$120/\$150 Non-Residents for 10 classes.

M	3/30-6/8	7:00-8:15 pm
Th	4/2-6/11	6:30-7:45 pm

Zumba® (17 Years +)

Zumba® classes feature exotic dance rhythms set to high-energy Latin and international beats. It's easy to do, effective and totally exhilarating. Class Min 4. No Class 5/9.

Location: Athletic Grace Dance Studio (113 W. Grand Ave.)

Instructor: Athletic Grace Dance Studio Staff

Cost: \$98/\$122.50 for Non-Residents for 7 classes.

Sa	4/25-6/13	9:45-10:45 am
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Water Fitness Classes!
See page 26

ADULT

SPORTS LEAGUES

Adult Coed 7v7 Soccer League

Managers Meeting:

Wednesday, March 11th at 5:30 pm at the Joslyn Center

Priority Registration: (ES Resident/Company Based Teams) will open at the meeting

Open Registration: Wednesday, March 18th

Registration Deadline: Thursday, April 2nd
League will begin Friday, April 17th

Adult Basketball League

Managers Meeting:

Tuesday, March 10th at 5:30 pm at the Joslyn Center

Priority Registration: (ES Resident/Company Based Teams) will open at the meeting

Open Registration: Tuesday, March 17th

Registration Deadline: Tuesday, March 31st

League will begin Tuesday, April 14th

If you have any question about leagues, please email Tyler Fujii at tfujii@elsegundo.org



SPORTS

DROP-IN BASKETBALL

Sundays are for shooting hoops! The El Segundo High School Gym is open El Segundo Residents with a current Rec ID. Come out to play some pick-up basketball games or just shooting around. For more information please call 310-524-2700.

Free Every Sunday 9 am-12 pm

Location: El Segundo High School South Gym

CAMPUS EL SEGUNDO DROP-IN PLAY

Looking for a place to play soccer? Come join us at Campus El Segundo Sunday and Monday nights for pick-up games. Drop In Play is discounted to all El Segundo Residents with a current Rec ID. For more information please contact (310) 524-2700.

Location: Campus El Segundo Athletic Fields
Sunday 6 pm-8 pm and Monday 8 pm - 9 pm

Cost: Infant/Senior with Rec ID Card - \$1
Youth/Adult with Rec ID Card - \$2
Non-Resident - \$5

Pickleball Drills for Skills Boot Camp

A 90 minute drills class that focuses on drilling previously learned skills. This class will give students the opportunity to get in repetition practice on their shot-making skills and touch so they can work toward improving their game. It is geared toward all levels of experienced players that have at least enough experience playing the game and a decent understanding of the type of shots we play in pickleball. We will drill on all types of shots and learn to understand decision making for all-important shot selection. Class Min 6.

Location: Recreation Park Pickleball Courts

Instructor: Craig DeCrescenzo

Cost: \$130/\$162.50 for Non-Residents for 10 classes.
\$80/\$100 for Non-Residents for 5 classes.
\$20/\$25 for Non-Residents for 1 class.

T	4/14-5/12	9:00-10:30 am
Th	4/16-5/14	11:30 am-1:00 pm

Pickleball Insight

Learn some insight to the game. Each class a different topic of the day will be taught. Topics such as Dinking, 3rd Shot Drop, Blocking, Resetting, Getting to the Kitchen, will be taught. We will cover different concepts, techniques, strategies, and skills used for each topic. This class is for experienced players. Class Min 4.

Location: Recreation Park Pickleball Courts

Instructor: Craig DeCrescenzo

Cost: \$75/\$93.75 for Non-Residents for 5 classes.

Novice to Low Intermediate

M	4/13-5/11	9:00 -10:00 am
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Intermediate and up

M	4/13-5/11	10:00-11:00 am
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Pickleball Ladder Play

Start by playing two sets of three games. In the first set of three games each person plays with each of the other three against the remaining two players, one game each time. Scores are kept and totaled. The top point-scorer goes "Up" a court, where they play their next three games (again, one game with each person) against the next-highest rated players, while the other player goes "Down" a court where they play the next three games against the next-lowest-rated group of players, one game with each person. All points across six games are totaled. Games won are recorded and used as a data point for the start of the next week of play. Winner(s) determined at the end of 8 weeks.

Location: Recreation Park Pickleball Courts

Instructor: Jeaneey Garcia

Cost: \$90/\$112.50 for Non-Residents for 8 classes.

Women 3.0 Skill Level

Th	4/16-6/4	3:00-4:05 pm
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Men 3.0 Skill Level

Th	4/16-6/4	4:10-5:15 pm
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Women 3.5 Skill Level

Th	4/16-6/4	5:30-6:35 pm
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Men 3.5 Skill Level

Th	4/16-6/4	6:40-7:45 pm
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Play Pickleball!

Join us and learn to play the sport of pickleball in our beginner clinics. Focus on fundamentals like dinking, serving, return of serve, drop and drive, and scoring.

Location: Recreation Park Pickleball Courts

Instructor: Jeaneey Garcia

Cost: \$72/\$90 for Non-Residents for 8 classes.

Su	4/19-6/4	12:00-1:00 pm
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Ice Hockey (15 Years +)

Designed for new skaters. Introduction to the sport of hockey and basic skills. Helmet with mask is required, but not provided. Class cost includes skate rental, public session and guest passes. Class Min 4.

Location: Toyota Sports Performance Center (555 Nash Street)

Cost: \$90/\$112.50 Non-Residents for 4 classes.

Tu	4/14-5/5	7:00-7:30 pm
Sa	4/18-5/9	11:45 am-12:15 pm
Su	4/19-5/10	11:20-11:50 am
Tu	5/12-6/2	7:00-7:30 pm
Sa	5/16-6/6	11:45 am-12:15 pm
Su	5/17-6/7	11:20-11:50 am

Ice Skating (15 Years +)

For the skater who has never skated or those with limited instruction. Students will learn basic forward and backward skating, snowplow stops, swizzles, backward wiggles, and forward crossovers. Class cost includes skate rental, public session and guest passes. Class Min 4.

Location: Toyota Sports Performance Center (555 Nash Street)

Cost: \$90/\$112.50 Non-Residents for 4 classes.

Tu	4/14-5/5	7:00-7:30 pm
Sa	4/18-5/9	11:45 am-12:15 pm
Su	4/19-5/10	11:20-11:50 am
Tu	5/12-6/2	7:00-7:30 pm
Sa	5/16-6/6	11:45 am-12:15 pm
Su	5/17-6/7	11:20-11:50 am



TEEN/PRETEEN

EL SEGUNDO TEEN CENTER

405 E. Grand Ave.
310-524-2718

Monday: 1:30-8:00 pm

Tuesday – Thursday: 2:30-8:00 pm

Friday – Saturday: 2:30-10:30 pm

Come hang with your friends at the Teen Center. Enjoy Basketball Court, Ping Pong Tables, Pool Tables, Foosball Tables, Air Hockey Table, TVs, Gaming Weight Room and Skate Park.



SPRING BREAK GABIT BASKETBALL (13 to 18 Years)

April 6-10
3:00-8:00 pm

Cost: \$15 includes a minimum of two games, t-shirt, food and All-Star Game

CLASSES

NEW CLASS Mathletics (10 to 15 Years)

Mathletics is where sports meets academics. Students find their interest and ability in math by keeping score/statistics on activities such as free throws, jump rope rate, racing (Track & Field), sports nutrition (calorie burning), etc. Your child's success in math class is improved as a result of the instructor collaborating with their math teacher's curriculum and reinforcing it within the games. The heart of this program is stated in the team mantra, "Learning is a Team Sport". Students participate in team building games with the expectations that they will support each other in learning math and performing calculations. Class Min 6. No Class 5/25.

Location: Teen Center Basketball Court

Instructor: Eric Gil

Cost: \$105/131.25 for Non-Residents for 6 classes.

M 4/27-6/8 4:00-5:00 pm

VOLUNTEER

The El Segundo Youth Volunteer Program teaches valuable skills, develops leadership skills, interpersonal skills, and promotes a sense of accomplishment all while giving back to the community. Volunteer opportunities include summer camps (Cowabunga, Tiny Tot, and Sports camp), Farmer's Market, Youth Drama, Concerts in the Park, and various summer events. Space is limited and will be granted on a first come first serve basis. Signups begin online April 6th for Residents and April 11th for Non-Residents.

To sign up, visit www.esrec.org.
Call 310-524-2718 for more information.



YOUTH

ARTS

El Segundo Youth Drama Program (5 to 11 Years) Junior Musical: Frozen Jr.

All levels are welcome, including those with no prior performing experience. Participants begin with auditions which include a minute or less of a song of their choice. Youth then learn performing and technical theater skills during ongoing rehearsals which include acting, singing, dancing, costumes, stage make-up and more. No Class 5/25.

Performances: June 11, 12, 13, 14

Auditions take place April 13th from 3:30-5:30 pm.

Location: Clubhouse Auditorium.

Instructor: Youth Drama Staff

Cost: \$150/\$187.50 for Non-Residents.

M W F 4/13-6/10 3:30-5:30 pm

Sat 4/18-6/6 11:00 am-1:00 pm

Art Lab for All (5 to 12 Years)

Come explore the creative possibilities with a variety of materials and mediums. Projects inspired by current working artists are just the starting point for you to discover your own style and process. Class Min 5.

Location: Clubhouse, Tri-Room

Instructor: Natalie Strong

Cost: \$150/\$187.50 for Non-Residents for 8 classes.

F 4/17-6/5 3:15-4:05 pm

Craft Corner (3 to 6 Years)

Do you have a little artist at home? This fun, interactive class covers basic art technique through various projects. Paint smock and or older clothes suggested. Class Min 4.

Location: Clubhouse, Tri-Room

Instructor: Robin Rice

Cost: \$56/\$70 for Non-Residents for 8 classes.

Tu 4/14-6/2 2:00-2:50 pm

Filmmaking (7 to 13 Years)

Filmmakers create a story in script format designed for a short film or music video. Everyone participates in Pre-Production, Shooting and Editing. You are an Actor, Director, Videographer and more! Every class presents their completed masterpiece on the BIG SCREEN at our annual FILMMAKING FILM FEST. Filmmakers need a camera iPad, or iPhone to shoot and their imaginations! Instructor will provide a camera and editing software. Class Min 7.

Location: Clubhouse, Drop-In Room

Instructor: Anna Giannotis

Cost: \$280/\$350 for Non-Residents for 9 classes.

W 4/15-6/10 4:00-5:30 pm

Youth Painting Class (7 to 12 Years)

Kids will learn the element of what makes a painting including color, basic shapes, and texture. In addition to building skills, we will develop critical thinking and bolster their creativity!

Projects include painting wildflowers, designing your own monster, and creating your own van Gogh landscape using acrylic paints, paper, and canvas. Supplies will be provided. Class Min 2.

Location: Clubhouse, Tri-Room

Instructor: Katherine Chiu

Cost: \$172.80/\$216 for Non-Residents for 8 classes

Th 4/16-6/4 3:00-4:15 pm

ENRICHMENT

Amusement Park (5 to 12 Years)

Get your tickets for the ride of a lifetime! We will build new rides each day, and learn how to make models spin, roll, turn, and rock! Designers will take what they learned to design their own thrills and challenges. Motorized models maximize the action and the fun. Each day includes carnival-themed games, group challenges, model-building, and more!

Location: Clubhouse, Room C

Instructor: Bricks 4 Kidz Staff

Cost: \$142/\$177.50 for Non-Residents for 6 classes.

T 4/21-5/26 3:15-4:15 pm

Bricks Olympics (5 to 12 Years)

Calling all sports fans... on your mark, get set, build! Create Olympic-themed models of sports from cycling to soccer, basketball to gymnastics. Take a break from the heat and compete indoors to set your own Brick Olympic records with our exciting sports-themed challenges! We'll post the winners on our own "Medal Tally" board and award winners with Bricks 4 Kidz medals.

Location: Clubhouse, Room C

Instructor: Bricks 4 Kidz Staff

Cost: \$92/\$122.50 for Non-Residents for 4 classes.

M-Th 6/8-6/11 3:15-4:15 pm

Comic Book Creator (5 to 12 Years)

For those with a passion for action who want to write their very own comic books, the Bricks 4 Kidz Comic Book Creator camp is just what you're looking for. Using Story Starter software and LEGO bricks, campers will write their own stories and create their very own action-packed comic books!

Location: Clubhouse, Room C

Instructor: Bricks 4 Kidz Staff

Cost: \$142/\$177.50 for Non-Residents for 6 classes.

F 4/24-5/29 3:15-4:15 pm

Laws of Motion (5 to 12 Years)

Test out some of Sir Isaac Newton's Laws of Motion with models that illustrate the concepts of inertia, force, mass, acceleration, and the observation that every action has an equal and opposite reaction.

Location: Clubhouse, Room C

Instructor: Bricks 4 Kidz Staff

Cost: \$142/\$177.50 for Non-Residents for 6 classes.

Th 4/23-5/28 3:15-4:15 pm

Mining and Crafting (5 to 12 Years)

Minecraft is a game about placing blocks to build anything you can imagine. Experience the world of Minecraft with LEGO® Bricks in this fun after school enrichment engineering class! Kids will start by crafting their shelters and some of the mobs, critters and tools using LEGO® Bricks. Students will face new challenges each day, building models and crafting key elements from the popular Minecraft game.

Location: Clubhouse, Room C

Instructor: Bricks 4 Kidz Staff

Cost: \$120/\$150 for Non-Residents for 5 classes.

M-F 6/1-6/5 3:15-4:15 pm

Cooking (4 to 11 Years)

This class is designed to foster a love of healthy cooking. Each four week class allows students to prepare a breakfast, lunch, dinner, or dessert along with a tasty smoothie. Children learn teamwork, decision-making, try new foods and learn basic kitchen safety. Registration required 48 hours in advance of the first class to accommodate necessary supplies. **If you have any food allergies or dietary restrictions, please inform staff when registering for this class. The menu changes every session, so feel free to register for more than one class! Class Min. 5.

Location: Clubhouse, Kitchen

Instructor: Kim Wood

Cost: \$100/\$125 for Non-Residents for 4 classes.

Small Fry (4 to 7 Years)

Tu 4/14-5/5 3:30-4:15 pm

Th 4/16-5/7 3:30-4:15 pm

Junior Chef (8 to 11 Years)

Tu 4/14-5/5 4:30-5:15 pm

Th 4/16-5/7 4:30-5:15 pm

DANCE

Baton Novice & Intermediate (5 to 17 Years)

Learn tricks, routines and techniques for future performances. Marching, dancing and baton twirling are all brought together. You can order a regulation baton at first class. All skill levels are welcome. Participants will be performing at the Hometown Fair on May 2nd, 2020. No Class 4/9.

Location: Clubhouse, Auditorium

Instructor: Christina Frklic

Cost: \$42/\$52.50 for Non-Residents for 6 classes.

Th 3/19-4/30 5:00-5:45 pm

SPORTS

4-Sport Multi Sport (5 to 8 Years)

Our industry-leading 4-Sport program brings you multiple weeks of 4 fantastic sports: Soccer, Baseball/Softball, and Basketball & Track. We will teach your player how to kick and control a soccer ball, how to hit, catch, throw and run the bases, shoot and dribble a basketball and running, jumping and building strength + endurance in our Track & Field program. Our goal and focus is to maintain an energetic & highly active program that will teach, encourage and advance your young players regardless of their skill level. Please bring an age-appropriate soccer ball for the first week. A hitting tee and a basketball is needed later in the session. Class Min 8. No Class 5/23.

Location: Recreation Park, Skate Circle

Instructor: BEST Youth Sports Staff

Cost: \$99/\$123.75 for Non-Residents for 8 classes.

Sa 4/18-6/13 10:00-10:45 am

Basketball Skills and Drills (3 to 10 Years)

Our industry-leading basketball skills and drills clinics introduce and advance your players ability for ball handling, dribbling, defense, jumping, passing, shooting and the triple threat position. Our goal and focus is to maintain an energetic & highly active program that will teach, encourage and advance your young players regardless of their skill level. This is an extremely active, endurance-based class. Please bring your child's favorite basketball with their name on it. This is a NON-PARENT participation class. No Class 5/23.

Location: Recreation Park, Basketball Court

Instructor: BEST Youth Sports Staff

Cost: \$99/123.75 for Non-Residents for 8 classes.

3 to 6 Years

Sa 4/18-6/13 11:00-11:45 am

7 to 10 Years

Sa 4/18-6/13 12:00-12:45 pm

Champ Camp Skate Classes (4 to 14 Years)

This class teaches kids of all experience levels the skills needed to have fun and be safe on a skateboard! From basic to advanced tricks to park and board safety, expect a full skateboard experience of high fives and smooth rides! Skateboard and helmet required. No Class 5/25, 5/28.

Location: Teen Center Skate Park.

Instructor: Champ Camp Staff

Cost: \$128/\$160 for Non-Residents for 7 classes.

Beginner

Th 4/16-6/4 4:00 – 5:00 pm

Intermediate/Advanced

M 4/13-6/1 3:45 – 4:45 pm

Ice Hockey Basics (6 and Under)

Classes introduce the skater to ice hockey and teach basic safety and skating skills, forward and backward skating, balance and edges. Helmet with mask is required, but not provided. Class cost includes skate rental, public session and guest passes. Children should dress for cold weather. Class Min 4.

Location: Toyota Sports Performance Center (555 Nash Street)

Cost: \$90/\$112.50 Non-Residents for 4 classes.

Sa 4/18-5/9 10:45-11:15 am

Su 4/19-5/10 10:50-11:20 am

Sa 5/16-6/6 10:45-11:15 am

Su 5/17-6/7 10:50-11:20 am

Ice Hockey Basics (14 Years and Under)

Students will learn basic forward and backward skating, swizzles, backward wiggles, and snowplow stops. Helmet with mask is required, but not provided. Class cost includes skate rental, public session and guest passes. Children should dress for cold weather. Class Min 1.

Location: Toyota Sports Performance Center (555 Nash Street)

Cost: \$90/\$112.50 Non-Residents for 4 classes.

Sa 4/18-5/9 11:15-11:45 am

Su 4/19-5/10 10:20-10:50 am

Sa 5/16-6/6 11:15-11:45 am

Su 5/17-6/7 10:20-10:50 am

Ice Skating for Youth (6 to 14 Years)

Students will learn basic forward and backward skating, swizzles, backward wiggles, and snowplow stops. Class cost includes skate rental, public session and guest passes. Children should dress for cold weather. Class Min 4.

Location: Toyota Sports Performance Center (555 Nash Street)

Cost: \$90/\$112.50 Non-Residents for 4 classes.

Tu 4/14-5/5 4:30-5:00 pm

Sa 4/18-5/9 12:15-12:45 pm

Su 4/19-5/10 10:20-10:50 am

Tu 5/12-6/2 4:30-5:00 pm

Sa 5/16-6/6 12:15-12:45 pm

Su 5/17-6/7 10:20-10:50 am

TinyTykes Youth Soccer Program (4 to 6 Years)

TinyTykes is an exciting program that teaches basic soccer skills while focusing on motor skill development, balance, coordination, concentration, listening skills and teamwork. Challenger's professional coaches will take your young player on a journey to imaginary destinations of Dinosaurs, Princesses, Dragons, and more; through soccer, storytelling, and games. Class Min 4.

Location: Recreation Park, Checkout Grass.

Instructor: Professional International Soccer Coaches

Cost: \$95/\$118.75 for Non-Residents for 7 classes.

Th 4/16-5/28 1:00-1:45 pm

NEW CLASS Little Hoopers (6 to 8 Years)

Players develop skills that are fundamental to playing basketball- teamwork, techniques and confidence, individual skill building drills and scrimmages while providing a strong emphasis on fun. Materials and equipment will be provided. Class Min 4.

Location: Teen Center Basketball Court

Instructor: Recreation Staff

Cost: \$42/\$52.50 for Non-Residents for 6 classes.

6 to 8 Years

Tu 4/14-5/19 5:00 – 5:40 pm

NEW CLASS Little Kickers (6 to 8 Years)

The Little Kickers is an engaging soccer program for children with the focus on skill and character development. The program will offer a structured but fun curriculum to improve their teamwork, confidence and fundamental knowledge of soccer. Materials and equipment will be provided. Class Min 4.

Location: Lawn Bowling Green

Instructor: Recreation Staff

Cost: \$42/\$52.50 for Non-Residents for 6 classes.

6 to 8 Years

M 4/13-5/18 5:00 – 5:40 pm

NEW CLASS Little Sluggers (6 to 8 Years)

A first step to help players develop skills that are fundamental to playing baseball. The program will follow Little League Tee Ball rules and equipment. Little Sluggers follows a structures but fun curriculum for individual skill building drills and scrimmages to improve player's performance. Materials and equipment will be provided. Class Min 4.

Location: Checkout Grass Area

Instructor: Recreation Staff

Cost: \$42/\$52.50 for Non-Residents for 6 classes.

6 to 8 Years

W 4/15-5/20 5:00 – 5:40 pm

NEW CLASS Little Athletes (6 to 8 Years)

This multi-sport program allows players will be able to experience different sports and games. The program is to introduce players to various sports, following a fun curriculum to develop fundamental skills. Each day, players will dive into a different sport and participate in games to improve techniques of a specific sport. Materials and equipment will be provided. Class Min 4.

Location: Lawn Bowling Green, Teen Center Basketball Court, Checkout Grass Area.

Instructor: Recreation Staff

Cost: \$42/\$52.50 for Non-Residents for 6 classes.

6 to 8 Years

Th 4/16-5/21 5:00 – 5:40 pm

ARTS

Craft Corner (3 to 5 Years)

Do you have a little artist at home? This fun, interactive class covers basic art technique through various projects. Paint smock and or older clothes suggested. Class Min 4.

Location: Clubhouse, Tri-Room

Instructor: Robin Rice

Cost: \$56/\$70 for Non-Residents for 8 classes.

Tu 4/14-6/2 2:00-2:50 pm



Pee Wee Picasso (18 Months to 3 Years)

Our youngest art students will be exposed to a variety of age appropriate art activities that sharpen and improve fine-motor skills, develop critical thinking, increase curiosity and discovery, and let the imagination soar. Your awesome artist will participate at our weekly Art Storytime, Paint Walls, Play dough Station, Sketching Station, and Building Stations. A new "core lesson" will be introduced each week using tempera paints, glitter paints, stamps, collage materials, water colors, scissors, artists makers, and more. These early critical "arts based experiences" will increase your little one's personal tool box strengthening their Essential Life Skills. Projects rotate quarterly. Parent attendance required. Class Min 8.

Location: Clubhouse, Tri-Room

Instructor: Art to Grow On Inc.

Cost: \$195/\$242.75 for Non-Residents for 8 classes.

W 4/15-6/3 9:30-10:20 am

DANCE & MUSIC

Tots Twirl (3 to 4 Years)

Learn tricks, routines and techniques for future performances. Marching, dancing and baton twirling are all brought together. You can order a regulation baton at first class. Participants will be performing at the Hometown Fair on May 2nd, 2020. No Class 4/9.

Location: Clubhouse, Auditorium

Instructor: Christina Frklic

Cost: \$42/\$52.50 for Non-Residents for 6 classes.

Th 3/19-4/30 4:30-5:00 pm

Musical Fun for Tots (1 Month to 5 Years)

Dance, sing and socialize to all types of music with wild and fun Miss Wanda. Parent or caregiver participation is all that is required for this exhilarating experience. We use rainbows, tambourines, and Chiquita Maracas to express ourselves. Your tot will blossom by listening to and joining in to celebrate music. Studies have proved that stimulating your little one will result in a smart and confident young adult. Beautifully illustrated books to music and flannel board stories will tickle their young imagination. Class Min 5.

Location: Clubhouse, Auditorium

Instructor: Wanda Borgerding

Cost: \$104/\$130 for Non-Residents for 8 classes.

Tu 4/14-6/2 10:00-10:45 am

W 4/15-6/3 10:00-10:45 am

F 4/17-6/5 10:00-10:45 am

Cost: \$154/\$192.50 for Non-Residents for 8 classes.

Tu,F 4/14-6/5 10:00-10:45 am



SPORTS

4-Sport Multi Sport (2 to 4 Years)

Our industry-leading 4-Sport program brings you multiple weeks of 4 fantastic sports: Soccer, Baseball/Softball, and Basketball & Track. We will teach your player how to kick and control a soccer ball, how to hit, catch, throw and run the bases, shoot and dribble a basketball and running, jumping and building strength + endurance in our Track & Field program. Our goal and focus is to maintain an energetic & highly active program that will teach, encourage and advance your young players regardless of their skill level. Please bring an age-appropriate soccer ball for the first week. A hitting tee and a basketball is needed later in the session. Class Min 8. No Class 5/23.

Location: Recreation Park, Skate Circle

Instructor: BEST Youth Sports Staff

Cost: \$99/\$123.75 for Non-Residents for 8 classes.

Sa 4/18-6/13 9:00-9:45 am

Basketball Skills and Drills (3 to 6 Years)

Our industry-leading basketball skills and drills clinics introduce and advance your players ability for ball handling, dribbling, defense, jumping, passing, shooting and the triple threat position. Our goal and focus is to maintain an energetic & highly active program that will teach, encourage and advance your young players regardless of their skill level. This is an extremely active, endurance-based class. Please bring your child's favorite basketball with their name on it. This is a NON-PARENT participation class. No Class 5/23.

Location: Recreation Park, Basketball Court

Instructor: BEST Youth Sports Staff

Cost: \$99/\$123.75 for Non-Residents for 8 classes.

Sa 4/18-6/13 11:00-11:45 am

Beach Babies on Ice (3 Years)

Emphasis on the proper way to fall and get up while teaching marching while standing, moving, balance and control. It is required that an adult over the age of 18 participates with the student. Class cost includes skate rental, public session and guest passes. Children should dress for cold weather. Class Min 4.

Location: Toyota Sports Performance Center (555 Nash Street)

Cost: \$90/\$112.50 for Non-Residents for 4 classes.

Sa 4/18-5/9 12:15-12:45 pm

Su 4/19-5/10 10:50-11:20 am

Sa 5/16-6/6 12:15-12:45 pm

Su 5/17-6/7 10:50-11:20 am

NEW CLASS Little Kickers (3 to 5 Years)

The Little Kickers is an engaging program for children with the focus on skill and character development. The program will offer a structured but fun curriculum to improve their teamwork, confidence and fundamental knowledge of soccer. Materials and equipment will be provided. Class Min 4.

Location: Lawn Bowling Green

Instructor: Recreation Leader

Cost: \$42/\$52.50 for Non-Residents for 6 classes.

M	4/13-5/18	3:00 – 3:40 pm
M	4/13-5/18	4:00 – 4:40 pm

NEW CLASS Little Sluggers (3 to 5 Years)

A first step to help players develop skills that are fundamental to playing baseball. The program will follow Little League Tee Ball rules and equipment. Little Sluggers follows a structures but fun curriculum for individual skill building drills and scrimmages to improve player's performance. Materials and equipment will be provided. Class Min 4.

Location: Checkout Grass Area

Instructor: Recreation Staff

Cost: \$42/\$52.50 for Non-Residents for 6 classes.

W	4/15-5/20	3:00 – 3:40 pm
W	4/15-5/20	4:00 – 4:40 pm

NEW CLASS Little Athletes (3 to 8 Years)

This is a multi-sport program where players will be able to experience different sports and games. The program is to introduce players to various sports, following a fun curriculum to develop fundamental skills. Each day, players will dive into a different sport and participate in games to improve techniques of a specific sport. Materials and equipment will be provided. Class Min 4.

Location: Lawn Bowling Green, Teen Center Basketball Court, Checkout Grass Area.

Instructor: Recreation Staff

Cost: \$42/\$52.50 for Non-Residents for 6 classes.

Th	4/16-5/21	3:00 – 3:40 pm
Th	4/16-5/21	4:00 – 4:40 pm

NEW CLASS Little Hoopers (3 to 5 Years)

This class will help players develop skills that are fundamental to playing basketball- teamwork, techniques and confidence, individual skill building drills and scrimmages while providing a strong emphasis on fun. Materials and equipment will be provided. Class Min 4.

Location: Teen Center Basketball Court

Instructor: Recreation Staff

Cost: \$42/\$52.50 for Non-Residents for 6 classes.

Tu	4/14-5/19	3:00 – 3:40 pm
Tu	4/14-5/19	4:00 – 4:40 pm

Ice Skating for Tots (4 to 5 Years)

For skaters who have never been on ice skates before, or for those who have not had formal lessons. Emphasis on how to get up, marching, dips, and forward skating. Class cost includes skate rental, public session and guest passes. Children should dress for cold weather. Class Min 3.

Location: Toyota Sports Performance Center (555 Nash Street)

Cost: \$90/\$112.50 Non-Residents for 4 classes.

Tu	4/14-5/5	4:00-4:30 pm
Sa	4/18-5/9	12:15-12:45 pm
Su	4/19-5/10	10:20-10:50 am
Tu	5/12-6/2	4:00-4:30 pm
Sa	5/16-6/6	12:15-12:45 pm
Su	5/17-6/7	10:20-10:50 am

Champ Camp Skate Classes (4 to 14 Years)

This class teaches kids of all experience levels the skills needed to have fun and be safe on a skateboard! From basic to advanced tricks to park and board safety, expect a full skateboard experience of high fives and smooth rides! Skateboard and helmet required. No Class 5/25, 5/28.

Location: Teen Center Skate Park.

Instructor: Champ Camp Staff

Cost: \$128/\$160 for Non-Residents for 7 classes.

Beginner

Th	4/16-6/4	4:00 – 5:00 pm
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Intermediate/Advanced

M	4/13-6/1	3:45 – 4:45 pm
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TinyTykes Youth Soccer Program (2 to 6 Years)

TinyTykes is an exciting program that teaches basic soccer skills while focusing on motor skill development, balance, coordination, concentration, listening skills and teamwork of players ages 2-6. Challenger's professional coaches will take your young player on a journey to imaginary destinations of Dinosaurs, Princesses, Dragons, and more; through soccer, storytelling, and games. Class Min 4.

Location: Recreation Park, Checkout Grass.

Instructor: Professional International Soccer Coaches

Cost: \$95/\$118.75 for Non-Residents for 7 classes.

2 to 3 Years

Th	4/16-5/28	1:45-2:30 pm
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4 to 6 Years

Th	4/16-5/28	1:00-1:45 pm
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EL SEGUNDO

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2020 Grand Prix Road Running Event

SPRING DAY CAMPS

Champ Skate Spring Camp (4 to 14 Years)

This camp teaches kids of all experience levels the skills needed to have fun and be safe on a skateboard! From basic to advanced tricks to park and board safety, expect a full skateboard experience of high fives and smooth rides! Skateboard and helmet required.

Location: Teen Center Skate Park.

Instructor: Champ Camp Staff

Cost: \$250/\$312.50 for Non-Residents.

M-F 4/6-4/10 9:00 am – 12:00 pm

Filmmaking Bootcamp (7 to 13 Years)

You will create a short film during the Spring Break as a Production team: writing, acting, shooting, & editing your masterpiece. Choose to make a Comedy-Thriller- Horror film or maybe all three! All you need is a camera, ipad, or iphone and your great Imagination.

Location: Camp Eucalyptus

Instructor: Anna Giannotis

Cost: \$250/\$312.50 for Non-Residents.

M-F 4/6-4/10 1:00-4:00 pm

Spring Break Camp (6 to 11 Years)

Kids will enjoy their time with seasoned Recreation staff as they lead various activities, including: active games, crafts, swimming at the Plunge, a bounce house, various sports, karaoke, a pizza party and more! Participants will be grouped according to age for maximum safety and fun! Campers should arrive prepared with a sack lunch, snack, plenty of water and sunscreen.

Drop off: El Segundo Teen Center by 9:00 am

Pick up: Clubhouse Playground by 3:00 pm

Cost: \$100/\$125 for Non-Residents.

M-F 4/6-4/10 9:00 am- 3:00 pm

UK Soccer Spring Camp (4 to 15 Years)

This Spring Break, we are delighted to be running a Soccer Camp in El Segundo with the fantastic coaches from UK International Soccer. These professional soccer coaches will provide every player with a fun-filled experience, whilst tailoring the skill development to enhance every individual. The week will consist of skills, drills, fun games and scrimmages, all of which will be tailored to each specific age group.

Location: Campus El Segundo

Instructor: UK Soccer Staff

Cost: \$143/\$178.75 for Non-Residents. (4-15 Years)

M-F 4/6-4/10 9:00 am- 12:00 pm

Cost: \$199/\$248.75 for Non-Residents. (7-15 Years)

Students bring their own lunch and snacks.

M-F 4/6-4/10 9:00 am-3:00 pm

SUMMER DAY CAMPS

Camp Cowabunga (6 to 11 Years)

At Camp Cowabunga you can expect to have a fun filled, activity packed week. Each week will be a different theme and offer a variety of activities from sports, arts & crafts, field trips, swimming, beach excursions and more! Campers should arrive at camp no later than 9:00 am on field trip days.

Each camper will receive one t-shirt, which are required for weekly field trips. Additional shirts will be available for \$5 each. Shirts will be distributed to new participants each week on Monday mornings at the Teen Center.

Drop-off: Teen Center

Pick-up: Clubhouse Playground

Cost: \$200/\$250 for Non-Residents.

M-F 6/15-6/19 7:00 am-6:00 pm

M-F 6/22-6/26 7:00 am-6:00 pm

M-F 6/29-7/3 7:00 am-6:00 pm

NO CAMP THE WEEK OF JULY 6TH.

M-F 7/13-7/17 7:00 am-6:00 pm

M-F 7/20-7/24 7:00 am-6:00 pm

M-F 7/27-7/31 7:00 am-6:00 pm

M-F 8/3-8/7 7:00 am-6:00 pm

M-F 8/10-8/14 7:00 am-6:00 pm

M-F 8/17-8/21 7:00 am-6:00 pm

Tiny Tot Camp

(3 to 5 Years—must turn 3 prior to June 15)

This camp offers a safe and fun environment for your tot to learn and play. Campers will experience a variety of activities, interactive games, and arts & crafts. Children must be potty trained.

Location: Clubhouse, Drop-In Room

Cost: \$52/\$65 for Non-Residents.

M-F 6/15-6/19 9:30-11:30 am

M-F 6/22-6/26 9:30-11:30 am

M-F 6/29-7/3 9:30-11:30 am

NO CAMP THE WEEK OF JULY 6TH.

M-F 7/13-7/17 9:30-11:30 am

M-F 7/20-7/24 9:30-11:30 am

M-F 7/27-7/31 9:30-11:30 am

M-F 8/3-8/7 9:30-11:30 am

M-F 8/10-8/14 9:30-11:30 am

M-F 8/17-8/21 9:30-11:30 am

Teen Camp (11 to 14 Years)

Teen camp is new and improved. This year campers will visit local hot spots, play games, take part in recreation adventures, and engage in friendly competition. Campers can expect to go to the beach and pool, take cool field trips, and end the week with a major scavenger hunt. We hope to help create memories participants will never forget.

Location: Teen Center

Cost: \$104/\$130 for Non-Residents.

M-F 6/22-6/26 10:00 am-3:00 pm

M-F 7/13-7/17 10:00 am-3:00 pm

M-F 8/10-8/14 10:00 am-3:00 pm

M-F 8/17-8/21 10:00 am-3:00 pm

SPORTS AND REC CAMPS

Participants will be led by Recreation Staff as they learn new skills and make new friends. Our focus is on skill development and fun. Join us for a great time during summer break! Sports Camp participants will receive one t-shirt. Extra shirts may be purchased for \$5 each.

Cost: \$52/\$65 for Non-Residents.

Adventure Camp (8 to 12 Years)

Do you love adventure? This camp shows you the ropes to your inner outdoor explorer. Campers should expect to experience a variety of sports, building a fire, archery, low ropes courses, fun challenges, and more!

Location: Recreation Park

M-F 6/15-6/19 9:30 am-12:00 pm

Soccer Camp (6 to 12 Years)

Throughout the week, campers will learn the basics of soccer. Camp leaders will introduce the fundamentals of soccer with fun drills and games. By the end of the week, the campers will test their skills in a game. The drills and games will be tailored to the level of the campers in each group, all levels welcome.

Location: Campus El Segundo

M-F 6/22-6/26 9:30 am-12:00 pm

Cheerleading Camp (6 to 12 Years)

Calling those who love to dance and move! This camp is for you. Throughout the week campers will learn the fundamentals of cheerleading, dance, gymnastics, and basic stunts. On Friday their skills will be put to the test, performing in the half-time show for the football camp! All levels welcome.

Location: ES High School South Gym.

M-F 6/29-7/3 9:30 am-12:00 pm

Football Camp (6 to 12 Years)

Camp coaches and leaders will teach participants of all skill levels the basics of football through drills and practice. By the end of the week, campers will put their skills to use by completing a Friday scrimmage game. The drills and strategies will be tailored to the level of the campers, all levels welcome.

Location: ES High School Practice Field

M-F 6/29-7/3 9:30 am-12:00 pm

Basketball Camp (1st to 8th Grade)

Campers will learn the basics and fundamentals of basketball. Throughout the week they will engage in drills and activities to better their skills.

Location: Recreation Park

M-F 7/13-7/17 9:30 am-12:00 pm 1st-4th

1:00-3:30 pm 5th-8th

M-F 8/17-8/21 9:30 am-12:00 pm 1st-4th

1:00-3:30 pm 5th-8th

Volleyball Camp (8 to 12 Years)

Volleyball camp sets out to teach the basic techniques to players of all ages and levels. Skills will be taught through drills and games. The final day will be full of games and challenges to show off the new abilities and knowledge learned throughout the week. This camp is open to all skill levels.

Location: ES High School South Gym
M-F 7/20-7/24 9:30 am-12:00 pm

Baseball Camp (6 to 12 Years)

Baseball camp introduces the basics and skills of the game. Campers can expect to learn how to play through drills and fun games. Camp ends on a fun note with water play and a slip and slide! Camp is open to all skill levels.

Location: Stevenson Field
M-F 7/27-7/31 9:30 am-12:00 pm

Softball Camp (6 to 12 Years)

Softball camp introduces basics and skills of the game. Campers can expect to learn how to play through drills and fun games. Camp ends on a fun note with water play and a slip and slide! This camp is open to all skill levels.

Location: Girls Softball Field
M-F 7/27-7/31 9:30 am-12:00 pm

Green Box Sports Camp (6 to 12 Years)

Green Box Sports Camp has been designed to have a new theme and introduce two new sports each day. They'll be a variety of fun activities with a focus on friendly competition and sportsmanship. These campers will visit the beach and the pool as a part of their week.

Location: Girls Softball Field
M-F 8/3-8/7 9:30 am-12:00 pm

Creativity Camp (7 to 12 Years)

Something new this year! Join our Recreation Staff as they lead a week full of activities to unleash and express the creative side. Participants will do arts and crafts, play cooperative games, do a fun writing project, creatively explore the park environment, and more!

Location: Clubhouse, Tri-Room
M-F 8/10-8/14 9:30 am-12:00 pm

Aquatics Camp (8 to 12 Years)

Campers will enjoy an action packed week of aquatic games, sports, and activities. Activities will include water polo, water volleyball, diving contests, log rolling, boat racing, and so much more! Participants must be comfortable in the water. *This camp is only Monday-Thursday.*

Location: Urho Saari Swim Stadium
Instructor: Aquatics Staff
M-Th 6/29-7/2 3:30-6:00 pm
M-Th 7/20-7/23 3:30-6:00 pm
M-Th 8/10-8/13 3:30-6:00 pm

SPECIALTY SPORTS CAMPS

Champ Camp @ the Beach (4 to 12 Years)

Established in 2012—but new to El Segundo and Grand Beach this year—this is a play-based kids' camp where campers live the #CHAMPLIFE through their participation in a variety of engaging games, activities, and ocean fun. Staff includes certified lifeguards and participants are empowered with the ability to pick their play throughout the day.

Location: Grand Beach
Instructor: Champ Camp Staff
Cost: \$200/\$250 for Non-Residents for half day.

M-F	6/15-6/19	9:00 am-12:30 pm
M-F	7/6-7/10	9:00 am-12:30 pm
M-F	7/13-7/17	9:00 am-12:30 pm
M-F	7/27-7/31	9:00 am-12:30 pm
M-F	8/10-8/14	9:00 am-12:30 pm

Cost: \$296/\$370 for Non-Residents for full day. Students bring their own lunch and snacks.

M-F	6/15-6/19	9:00 am-3:30 pm
M-F	7/6-7/10	9:00 am-3:30 pm
M-F	7/13-7/17	9:00 am-3:30 pm
M-F	7/27-7/31	9:00 am-3:30 pm
M-F	8/10-8/14	9:00 am-3:30 pm

Golf Camp (6 to 12 Years)

It is our greatest objective that kids have fun, learning the game of golf in a safe environment. This summer's camp features "The Stadium Concept" where we will develop "athletes" as much as we do golfers. Our innovative program leads games and activities that develop: the body (balance, agility and hand eye co-ordination), the mind (focus, confidence, strategy and problem solving) as well as golf skills (full swing, short game, putting and modified course play). We provide equipment, drinks, and snacks (no lunch).

Instructor: Good Swings Happen/Josh Alpert
Location: Lawn Bowling Green at Rec Park

Cost: \$260/\$325 for Non-Resident.

M-F	6/15-6/19	9:00 am -1:00 pm
M-F	6/22-6/26	9:00 am -1:00 pm
M-F	6/29-7/3	9:00 am -1:00 pm
M-F	7/6-7/10	9:00 am -1:00 pm
M-F	7/13-7/17	9:00 am -1:00 pm
M-F	7/20-7/24	9:00 am -1:00 pm
M-F	7/27-7/31	9:00 am -1:00 pm
M-F	8/3-8/7	9:00 am -1:00 pm
M-F	8/10-8/14	9:00 am -1:00 pm
M-F	8/17-8/21	9:00 am -1:00 pm

Summer Camp Registration

RESIDENT:
Monday, April 6 at 9:00 am

NON-RESIDENT:
Saturday, April 11 at 8:30 am

UK Soccer Camp (4 to 15 Years)

This is a fun week of camp on the soccer field, allowing children to develop fundamental, technical and tactical soccer skills in an extremely sociable and energetic environment. Campers can choose to enroll on the half day program or a full day program under the instruction of expert professional soccer coaches, predominantly from the UK and Europe.

Location: Campus El Segundo.
Instructor: UK Soccer Staff

4 to 15 years
Cost: \$143/\$178.75 for Non-Residents for half day.

M-F	6/15-6/19	9:00 am-12:00 pm
M-F	7/20-7/24	9:00 am-12:00 pm
M-F	8/10-8/14	9:00 am-12:00 pm

7 to 15 years
Cost: \$199/\$248.75 for Non-Residents for full day. Students bring their own lunch and snacks.

M-F	6/15-6/19	9:00 am-3:00 pm
M-F	7/20-7/24	9:00 am-3:00 pm
M-F	8/10-8/14	9:00 am-3:00 pm

Champ Skate Camp (4 to 14 Years)

This Camp teaches kids of all experience levels the skills needed to have fun and be safe on a skateboard! From basic to advanced tricks to park and board safety, the Champ Skate Camp is a full skateboard experience of high fives and smooth rides! Skateboard and helmet required.

Location: Teen Center Skate Park.
Instructor: Champ Camp Staff

Cost: \$200/\$250 for Non-Residents.

M-F	6/22-6/26	9:00 am-12:00 pm
M-F	7/6-7/10	9:00 am-12:00 pm
M-F	7/13-7/17	9:00 am-12:00 pm
M-F	7/20-7/24	9:00 am-12:00 pm
M-F	8/3-8/7	9:00 am-12:00 pm
M-F	8/10-8/14	9:00 am-12:00 pm
M-F	8/17-8/21	9:00 am-12:00 pm

Brit West Soccer Camp (5 to 14 Years)

Our goal is to excite, engage and teach children soccer through positive coaching, an inclusive environment, and developmentally appropriate skills. Daily schedule includes a warm up, agility and speed, skill of the day (technical training), fun games and coaching in small sided games to put acquired technique into the game situation. Price includes a soccer jersey.

Location: Campus El Segundo.
Instructor: Brit West Soccer Staff

5 to 13 years
Cost: \$159/\$198.75 for Non-Residents for half day.

M-F	7/13-7/17	9:00 am-12:00 pm
M-F	7/13-7/17	1:00 pm-4:00 pm
M-F	7/27-7/31	9:00 am-12:00 pm
M-F	7/27-7/31	1:00 pm-4:00 pm

7 to 14 years
Cost: \$259/\$323.75 for Non-Residents for full. Students bring their own lunch and snacks.

M-F	7/13-7/17	9:00 am-4:00 pm
M-F	7/27-7/31	9:00 am-4:00 pm

CAMPS

Starz Lacrosse Camp (5 to 17 Years)

Learn to play, improve skills, or get a head start on next season with personal instruction from professional and collegiate players. Learn history of the game and tips on proficiency in your stick handling. Groups will rotate for cross-field games based on age (K-12) and level of experience. Lots of shooting, games, and fun drills. Campers receive their own lacrosse stick and ball on the first day!

Location: Hockey Rink at Rec Park.

Instructor: Starz Lacrosse Staff

Cost: \$160/\$200 for Non-Residents.

M-F 8/3-8/7 9:00 am-12:00 pm

SPECIALTY ENRICHMENT AND ARTS CAMPS

Tinkering School LA Camp (7 to 13 Years)

In operation since 2011, Tinkering School is new for El Segundo this summer. With a 4:1 camper to facilitator ratio, children learn skills necessary to build wood, plastic, and metal structures as wild as their imaginations. This workshop provides a safe and supportive environment for personal growth through skills development and creative construction. Campers learn the safe operation of woodworking tools such as cordless drills, hand saws, jig saw, band saw, chop saw, and drill press.

Location: Clubhouse Room C.

Instructor: reDiscover Center Staff

Cost: \$265/\$331.25 for Non-Residents.

M-F 6/15-6/19 12:30 pm-3:00 pm

M-F 6/22-6/26 12:30 pm-3:00 pm

Cardboard Camp (7 to 13 Years)

At Cardboard Camp, a sequence of activities guide campers through increasingly advanced techniques for cutting, combining, and shaping cardboard. Campers build at all scales, from finger puppets in paperboard to refrigerator box forts. Projects include costumes, mechanical sculptures, chain reaction machines, and more.

Location: Clubhouse, Room C.

Instructor: reDiscover Center Staff

Cost: \$225/\$281.25 for Non-Residents.

M-F 6/15-6/19 9:00 am-12:00 pm

M-F 6/22-6/26 9:00 am-12:00 pm

M-F 6/29-7/3 9:00 am-12:00 pm

Filmmaking Bootcamp (7 to 13 Years)

Spend a week in FILMMAKING BOOTCAMP and create a movie! Work in front of the camera as an actor, and behind the camera as a director, videographer, set designer and more. Choose your "best takes" and in post-production add music, sound and visual effects. Sound like fun? It is! All you need is an iPhone, iPad, or camera—and your Imagination. Each camp will present their film in a mini film fest.

Location: Camp Eucalyptus (641 California St).

Instructor: Anna Giannotis

Cost: \$280/\$350 for Non-Residents.

M-F 6/22-6/26 1:00-4:00 pm

M-F 7/6-7/10 10:00 am-1:00 pm

M-F 8/17-8/21 10:00 am-1:00 pm

Jr. Architects, Engineers, and Artists (5 to 11 Years)

From Frank Lloyd Wright to Automotive Design to Picasso and Clay, campers will create awesome art projects each and every day! Clay, wood, wire, paint, sketching, tile, sustainable materials, artist's markers and more are part of this amazing introduction to the arts and design. New lessons and projects each week.

Location: Clubhouse Tri Room.

Instructor: Art to Grow On, Inc.

Cost: \$285/\$356.25 for Non-Residents.

M-F 6/22-6/26 9:00 am-12:00 pm

M-F 7/13-7/17 9:00 am-12:00 pm

El Segundo Youth Drama Summer Program (5 to 18 Years)

Drama is back this summers! Participants begin with auditions and then learn performing and technical theater skills during ongoing rehearsals which include acting, singing, dancing, costumes, stage make-up and more. All levels are welcome—including those with no prior performing experience. All of this builds to four shows on August 20, 21, 22, & 23.

Auditions: June 22 from 3pm-5pm for ages 5-11 and 5-8pm for ages 12-18.

Location: Clubhouse. Auditorium.

Instructor: Youth Drama Staff

Cost: \$250/\$312.50 for Non-Residents.

M-Th 6/22-8/19 12:30-4:00 pm

Summer Art Lab (7 to 14 Years)

Please join me for a week of experimentation with new art skills and a buffet of materials to create art limited only by your imagination. Students will be encouraged to express themselves, take risks, stretch beyond their comfort zones, and make whatever beautiful, humble, extravagant, weird and wonderful creations they can dream up. There is no right and wrong when it comes to making art. Dress for a mess and bring a snack. Materials included.

Location: Clubhouse, Tri-Room.

Instructor: Natalie Strong

Cost: \$250/\$312.50 for Non-Residents.

M-F 7/20-7/24 9:00-11:00 am

M-F 8/17-8/21 9:00-11:00 am

Jr. Architects, Designers and Makers (5 to 11 Years)

From Wire Design to 3D Design to 3D Sketching, Picasso Portraits to Robot Designs, campers will create awesome art projects every day. Clay, wood, wire, paint, tile, sketching and sustainable materials, artist markers and more are part of this amazing extended innovative day camp filled creativity and fun! Students bring their own lunch and snacks.

Location: Clubhouse, Room C

Instructor: Art to Grow On, Inc

Cost: \$350/\$437.50 for Non-Residents.

M-F 7/27-8/31 9:00 am-12:00 pm

Crazy Chemworks (5 to 12 Years)

Shake up a flask of fun in the lab as a junior chemist! Campers learn to swirl, pour and mix like a scientist! Chill down and heat up at the atomic level as you change liquid to solid and back again. Learn how to handle laboratory tools, build and break molecules, and pick up some tricks on chemical changes with solids, liquids, and gases. Hop on board the chemistry express this summer for a high-speed science experience!

Location: Clubhouse, Tri-Room.

Instructor: Mad Science LA

Cost: \$286/\$357.50 for Non-Residents.

M-F 7/6-7/10 9:00 am-12:00 pm

D-I-Y Camp by reDiscover (7 to 13 Years)

Join the D-I-Y movement! Make fun projects to take home while you learn skills that will help you fix and create things using all kinds of materials with just a few useful tools, including some that we make ourselves. Includes hand tool use, ropework, sewing, wire bending, cardboard construction, woodworking, and much more.

Location: Clubhouse, Room C.

Instructor: reDiscover Center Staff

Cost: \$265/\$331.25 for Non-Residents.

M-F 7/6-7/10 9:00 am-12:00 pm



Super Hero Academy (5 to 11 Years)

Join Bricks 4 Kidz for a week building Super Heroes with LEGO bricks. Campers will recognize a family of incredible heroes, hero guardians in space, teen heroes, and of course their favorite classic heroes. Explore all the caped crusaders and discover their super powers. Build a fantasy world and protect it from enemies with custom contraptions made with LEGO bricks. Please bring a snack and water.

Location: Clubhouse, Room C.

Instructor: Bricks 4 Kidz

Cost: \$200/\$250 for Non-Residents.

M-F 7/13-7/17 9:00 am-12:00 pm

Comic Book Creator (5 to 11 Years)

For those with a passion for action who want to write their very own comic books, the Bricks 4 Kidz Comic Book Creator camp is just what you're looking for. Using Story Starter software and LEGO bricks, campers will write their own stories and create their very own action-packed comic books! Please bring a snack and water.

Location: Clubhouse, Room C.

Instructor: Bricks 4 Kidz

Cost: \$200/\$250 for Non-Resident.

M-F 7/13-7/17 12:00-3:00 pm



Wings & Things (5 to 12 Years)

Let your imagination take flight as we join Sir Issac Newton and prepare for aerospace adventures with his laws of motion. Design, build, and test fantastic flying creations including kites, planes, rockets, hovercrafts, and more. Learn all about the Wright brothers and their numerous contributions to aviation. Discover the star secrets of the universe with your own planisphere. Experiment with the laws of physics, gravity and motion during this amazing week of hands-on fun.

Location: Clubhouse, Room C.

Instructor: Mad Science LA

Cost: \$286/\$357.50 for Non-Residents.

M-F 7/20-7/24 9:00 am-12:00 pm



Cooking Camps (4 to 11 Years)

School's out so let's get cooking! This class is designed to foster a life-long love of healthy cooking for each enrolled student. This interactive learning experience provides children an opportunity to develop their cooking and baking skills, learn how to work together as a team, make choices, try new foods and learn basic kitchen safety. Menu changes each session.

Location: Clubhouse, Kitchen.

Instructor: Kim Wood

Cost: \$100/\$125 for Non-Residents for 4 classes.

Small Fry (4 to 7 Years)

M-Th	6/29-7/2	9:00-9:45 am
M-Th	6/29-7/2	10:00-10:45 am
M-Th	7/20-7/23	9:00-9:45 am
M-Th	7/20-7/23	10:00-10:45 am
M-Th	7/27-7/30	9:00-9:45 am
M-Th	7/27-7/30	10:00-10:45 am
M-Th	8/3-8/6	9:00-9:45 am
M-Th	8/3-8/6	10:00-10:45 am

Junior Chef (8 to 11 Years)

M-Th	6/29-7/2	11:00-11:45 am
M-Th	7/20-7/23	11:00-11:45 am
M-Th	7/27-7/30	11:00-11:45 am
M-Th	8/3-8/6	11:00-11:45 am

In, Out, Up, Down (4 to 5 Years)

It seems our world is always busy and in motion. We may be popping open an umbrella as the rain starts falling, watching a tree grow up tall over time, or listening to bats dart around in the sky. Whatever we do, something is always going in, out, up, or down in the world around us. Children will learn about and build a few things that demonstrate in, out, up, or down. They will practice letter recognition, size comparison, shape and color identification, counting, placement vocabulary, and patterning. Students will love to build models with LEGO® Bricks. Please bring a snack and water.

Location: Clubhouse, Room C.

Instructor: Bricks 4 Kidz

Cost: \$200/\$250 for Non-Residents.

M-F 7/27-7/31 9:00 am-12:00 pm

NASA Space Academy (5 to 12 Years)

Join our Academy of Future Space Explorers and take to the Moon, Mars, Stars...and Beyond! We'll study stunning Space Phenomena while we unlock the mysteries of meteors. Learn about Living in Space by working on a model space station just like a real astronaut! And how could we study space without learning the secrets of Space Travel and Rocket Science? This program is literally out of this world!

Location: Clubhouse, Tri-Room.

Instructor: Mad Science LA

Cost: \$286/\$357.50 for Non-Residents.

M-F 8/3-8/7 9:00 am-12:00 pm



Bricks 4 Girlz (5 to 11 Years)

Grab your friends and come hang out with us for a girls only week of crafting and creating with LEGO Bricks. Express your talents and interest by building gymnast, dancer and a collage that represents you. We do lots of other unique activities with bricks from jewelry making to brick art, with a take-home project each day. Please bring a snack and water.

Location: Clubhouse, Room C.

Instructor: Bricks 4 Kidz

Cost: \$200/\$250 for Non-Residents.

M-F 8/10-8/14 9:00 am-12:00 pm

Extreme Ninjas (5 to 11 Years)

Ninjas...Go! There is a new ninja on the block and he is ready to fight to defend his honor and establish peace! The team of 5 ninjas all have their own important role to play in carrying on the legacy of spectacular ninja skill, self-discipline, courage and honor. Join the team by using LEGO bricks, technic pieces, gears and motors to build the ninja domain of temple, dragons, awesome motorized ninja vehicle, ninja spinning machines and more. Please bring a snack and water.

Location: Clubhouse, Room C.

Instructor: Bricks 4 Kidz

Cost: \$200/\$250 for Non-Residents.

M-F 8/19-8/23 9:00 am-12:00 pm

AQUATICS

Contact Information (310) 524-2738 • Aquatics@elsegundo.org

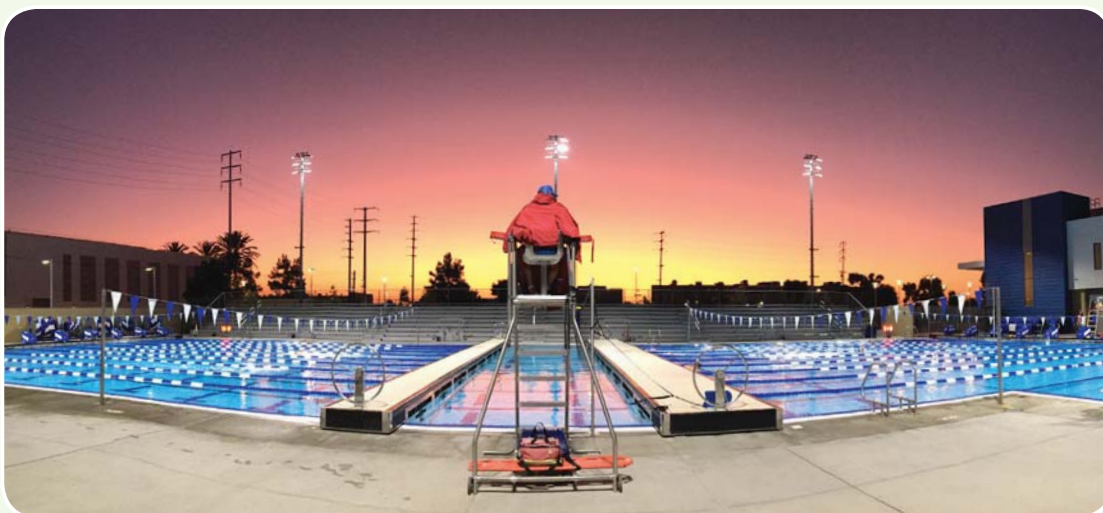
DROP-IN PROGRAMS

The El Segundo Aquatic Facilities will be closed on the following holidays:
Easter, April 12th ALL DAY / Memorial Day, May 25th after 3:30 pm

SWIM FACILITIES

CITY OF EL SEGUNDO WISEBURN UNIFIED SCHOOL DISTRICT AQUATICS CENTER

2240 E. Grand Ave.



Drop-In Pricing

Resident rate at the Aquatics Center is an El Segundo Resident or Wiseburn Unified School District Resident with a current Rec ID

Adult (18 to 61 Years) \$4/\$6 for Non-Residents

Military \$2/\$4 for Non-Residents

Senior (62+ Years) \$2/\$4 for Non-Residents

Youth (3 to 17 Years) \$2/\$4 for Non-Residents

Infant Free w/ paid adult

*Unlimited visit passes and multiple use passes are also available at a discounted per entry rate

AQUATIC CENTER DROP IN HOURS

LAP SWIM

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
COMPETITION POOL (50M)	5:45AM-1:00PM						1:30PM-3:00PM
COMPETITION POOL (25Y)		5:45AM-10:00AM 11:30AM-1:00PM	5:45AM-1:00PM	5:45AM-10:00AM 11:30AM-1:00PM	5:45AM-1:00PM	6:00AM-8:00AM 11:00AM-3:00PM	
INSTRUCTIONAL POOL (25Y)	5:45AM-7:30AM 10:30AM-1:00PM	5:45AM-7:30AM 9:30AM-1:00PM	5:45AM-7:30AM 10:30AM-1:00PM	5:45AM-7:30AM 9:30AM-1:00PM	5:45AM-1:00PM		7:00AM-1:00PM

RECREATION SWIM

INSTRUCTIONAL POOL						10:00AM-1:30PM	1:30PM-3:00PM
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DROP IN WATER FITNESS

INSTRUCTIONAL POOL					7:00AM-9:00AM		
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AQUATICS

HILLTOP POOL

Corner of Maryland St. and Grand Ave.



All Ages Free with ES Rec ID/ \$5 without

Weekends only May 30th-June 14th – Opens Memorial Weekend May 23-25

URHO SAARI SWIM STADIUM “THE PLUNGE”

219 W. Mariposa Ave.



Drop-In Pricing

Drop-In programs do not require pre-registration to participate. Please note that last admission to drop-in programs is 15 minutes prior to the program closing time. All facilities are cleared 15 minutes after the end of the program.

All Ages Free with ES Rec ID/ \$5 without

THE AQUATICS SECTION
IS HIRING FOR THE
FOLLOWING POSITIONS
ON ELSEGUNDO.ORG.

- LIFEGUARDS ▪
- SWIM INSTRUCTORS ▪
- RECREATION ASSISTANTS ▪
- RECREATION LEADERS ▪
- SENIOR RECREATION LEADERS ▪

PLEASE CALL
(310) 524-2738
WITH ANY
QUESTIONS.

PLUNGE DROP IN HOURS

LAP SWIM

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MAIN POOL (25Y)	10:30AM-1:30PM 7:30PM-9:00PM	10:30AM-1:30PM 7:30PM-9:00PM	10:30AM-1:30PM 7:30PM-9:00PM	10:30AM-1:30PM 7:30PM-9:00PM	10:30AM-1:30PM	6:00AM-8:30AM 10:30AM-1:30PM	10:30AM-1:30PM
	<i>*2 lanes during 7:30PM-9:00PM will be reserved for children practicing for Junior Lifeguard Test*</i>						

DROP-IN PARENT & ME

SMALL POOL	10:30AM-1:30PM		10:30AM-1:30PM		10:30AM-1:30PM		
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RECREATION SWIM

MAIN POOL & SMALL POOL					7:30PM-9:00PM	1:30PM-3:30PM	
	<i>*Additional Recreation Swims offered April 6th-10th 1:30-3:30pm*</i>						

SWIMNASTICS

MAIN POOL & SMALL POOL	10:00AM-10:30PM		10:00AM-10:30PM		10:00AM-10:30PM		
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AQUATICS

SPECIALTY CLASSES

Resident Registration Begins:
March 2nd
Non-Resident Registration Begins:
March 9th

Deep Water Aerobics

If you are an above average exerciser, this is the perfect workout for you. Buoyancy belts are provided for each person, giving you support, while moving freely in the deep water. Additional water equipment will be used in this 45-minute class, which includes: warm-up, aerobic, core, and stretching exercises, to give you a complete workout. Knowing how to swim is not a prerequisite for participation in this class.

Cost: \$5/\$6 for Non-Residents for 1 class.

Location: Aquatics Center

Instructor: Carol Hahn

M 4/6-6/22 8:30-9:15 am

Junior Guard Training Program (9 to 17 Years)

This program is designed to prepare youth ages 9+ for the Los Angeles County Junior Guard Swim Test. Space is limited, register early! Residents may sign-up during Winter Resident Registration. All swimmers must be 9 years of age by June 20.

Location: Urho Saari Swim Stadium

Instructor: Aquatics Staff

Cost: \$108/\$135 for Non-Resident for 12 classes.

M W 3/23-4/29 5:00-5:55 pm

T Th 3/24-4/30 5:00-5:55 pm

NEW CLASS Surfing Preparatory Program (6 Years+)

Surf is now an Olympic sport, the only coach to qualify kids in LA to the USA development and Junior teams is now offering a preparatory surf class. Paddling is 80% of surfing and this class will cover board maneuverability, paddling, safety and the basics of surfing. Class min. 4. Prerequisites: Ability to swim 25 yards and tread water

Location: Urho Saari Swim Stadium "The Plunge"

Instructor: Wagner Deabreu

Cost: \$360/\$450 for Non-Residents for 8 classes.

Th 4/2-5/14 3:30-4:30 pm

Cost: \$270/\$337.50 for Non-Residents for 6 classes.

Tu 5/19-6/16 3:30-4:30 pm

Th 5/21-6/18 3:30-4:30 pm

Cost: \$480/\$600 for Non-Residents for 12 classes.

Tu Th 5/19-6/18 3:30-4:30 pm

Water Aerobic Class

This moderate-intensity exercise class includes warm-up, aerobic, core, and stretching exercises to give you a full workout. The buoyancy and resistance of the water allow you to move without the same stress on your weight-bearing joints, while making your muscles work harder. The class is held in the shallow end (approximately 4 feet) end of the pool, so non-swimmers are welcome. No class on 6/2, 6/3, and 6/4.

Cost: \$5/\$6 for Non-Residents for 1 class.

Location: Aquatics Center

Instructor: Carol Hahn

M-Th 4/1-6/22 7:30-8:30 am

SPECIAL EVENTS

UNDERWATER EGG HUNT

**APRIL 11
2:00 - 4:45 pm**

Our annual Underwater Eggstravaganza is happening at The Plunge beginning at 2pm. Join us as we dive-in into some fun and catch those floating eggs! There will be music, candy, and prizes so make sure you register early as space is limited. Cost is \$5 for Residents and \$7 for Non-Residents. Registration is available at esrec.org, over the phone, or in-person at both Aquatic facilities.

Spring Break Recreation Swim

**APRIL 6TH-10TH
1:30-3:30 pm @ The Plunge**

SWIM LEVELS

Level 1 - Tadpoles (3 Years +)

This class helps children adjust to water by themselves. Introduces basic skills in water.

Level 2 - Frogs

Children are comfortable in the water by themselves. Participants begin to float by themselves and gain confidence in deeper water.

Level 3 - Clownfish

Child is comfortable in deep water and can float unassisted. This class introduces freestyle and streamline/torpedoes.

Level 4 - Blowfish

Child can demonstrate freestyle and is introduced to side breathing techniques and backstroke. Participants begin to swim longer distances.

Level 5 - Seals

Participants begin to swim across the pool unassisted, practice freestyle and backstroke techniques, along with side breathing. Participants are introduced to breaststroke.

Level 6 - Dolphins

Begin endurance building of freestyle and backstroke, introduce breaststroke and underwater streamline technique.

Level 7 - Sharks

Continue building endurance on all strokes, introducing butterfly stroke and building on diving techniques and flip turns.

Fitness Swimmer Level - Fliers

Build on what you have learned in Dolphins and Sharks! This class is to build endurance and refine technique in freestyle and backstroke. Swimmers will be introduced to breaststroke and butterfly strokes in addition to learning flip turns, sets, how to use a pace clock, and understanding circle swimming.

Unsure of which level you should sign your child up for? Come to one of our Recreation Swim times to have a Senior Lifeguard observe your child's abilities for a level recommendation.

AQUATICS

SWIM LESSONS

Location: Urho Saari Swim Stadium "Plunge"

Session A Registration

Residents: March 13th
Non-Residents: March 18th

Session B Registration

Residents: May 1st
Non-Residents: May 6th
No classes on May 25th

Adaptive Swim (4 Years +)

Adaptive Aquatics is a one-on-one swim program for children and adults with special needs. This program is designed to teach participants how to become more comfortable in the water while learning essential swimming techniques in a fun environment. The class is individually adjusted according to swimmer needs and interests.

Cost: \$30/\$37.50 for Non-Residents for 6 classes.

Session A Sat 4/18-5/23 9:00-9:25 am

Parent & Me Seahorses (6 to 36 months)

This is a guided water exploration class designed for the young child accompanied by one parent. Parents participate in songs and games with their child while assisting them in getting used to the water environment. Children must wear swim diapers.

Cost: \$30/\$37.50 for Non-Residents for 6 classes.

Session A Sat 4/18-5/23 11:00-11:25 am

Session A Sat 4/18-5/23 11:30-11:55 am

Private Swim Lessons (3 Years +)

Private lessons are intended for those who are not comfortable swimming in a group setting or for those who prefer 1-on-1 instruction. The skills taught in private lessons will be adjusted according to swimmer needs and interests. Each session includes six Saturday classes.

Cost: \$120/\$150 for Non-Residents for 6 classes.

Session A Sat 4/18-5/23 9:30-9:55 am

Session A Sat 4/18-5/23 10:00-10:25 am

Session A Sat 4/18-5/23 10:30-10:55 am

GROUP SWIM LESSONS (3 YEARS +)

Level 1- Tadpoles

***Cost:** \$25/\$31.25 for Non-Residents for 5 classes.

Cost: \$30/\$37.50 for Non-Residents for 6 classes.

Session A M W 4/13-4/29 4:30-4:55 pm

Session A M W 4/13-4/29 5:00-5:25 pm

Session A M W 4/13-4/29 5:30-5:55 pm

Session A Tu Th 4/14-4/30 4:30-4:55 pm

Session A Tu Th 4/14-4/30 5:00-5:25 pm

Session A Tu Th 4/14-4/30 5:30-5:55 pm

Session B M W 5/11-5/27 4:30-4:55 pm*

Session B M W 5/11-5/27 5:00-5:25 pm*

Session B M W 5/11-5/27 5:30-5:55 pm*

Session B Tu Th 5/12-5/28 4:30-4:55 pm

Session B Tu Th 5/12-5/28 5:00-5:25 pm

Session B Tu Th 5/12-5/28 5:30-5:55 pm

Level 2- Frogs

***Cost:** \$25/\$31.25 for Non-Residents for 5 classes.

Cost: \$30/\$37.50 for Non-Residents for 6 classes.

Session A M W 4/13-4/29 4:30-4:55 pm

Session A M W 4/13-4/29 5:00-5:25 pm

Session A M W 4/13-4/29 5:30-5:55 pm

Session A Tu Th 4/14-4/30 4:30-4:55 pm

Session A Tu Th 4/14-4/30 5:00-5:25 pm

Session A Tu Th 4/14-4/30 5:30-5:55 pm

Session B M W 5/11-5/27 4:30-4:55 pm*

Session B M W 5/11-5/27 5:00-5:25 pm*

Session B M W 5/11-5/27 5:30-5:55 pm*

Session B Tu Th 5/12-5/28 4:30-4:55 pm

Session B Tu Th 5/12-5/28 5:00-5:25 pm

Session B Tu Th 5/12-5/28 5:30-5:55 pm

Level 3- Clownfish

***Cost:** \$25/\$31.25 for Non-Residents for 5 classes.

Cost: \$30/\$37.50 for Non-Residents for 6 classes.

Session A M W 4/13-4/29 4:30-4:55 pm

Session A M W 4/13-4/29 5:00-5:25 pm

Session A M W 4/13-4/29 5:30-5:55 pm

Session A Tu Th 4/14-4/30 4:30-4:55 pm

Session A Tu Th 4/14-4/30 5:00-5:25 pm

Session A Tu Th 4/14-4/30 5:30-5:55 pm

Session B M W 5/11-5/27 4:30-4:55 pm*

Session B M W 5/11-5/27 5:00-5:25 pm*

Session B M W 5/11-5/27 5:30-5:55 pm*

Session B Tu Th 5/12-5/28 4:30-4:55 pm

Session B Tu Th 5/12-5/28 5:00-5:25 pm

Session B Tu Th 5/12-5/28 5:30-5:55 pm



Level 4- Blowfish

***Cost:** \$25/\$31.25 for Non-Residents for 5 classes.

Cost: \$30/\$37.50 for Non-Residents for 6 classes.

Session A M W 4/13-4/29 4:30-4:55 pm

Session A Tu Th 4/14-4/30 4:30-4:55 pm

Session B M W 5/11-5/27 4:30-4:55 pm*

Session B Tu Th 5/12-5/28 4:30-4:55 pm

Level 5- Seals

***Cost:** \$25/\$31.25 for Non-Residents for 5 classes.

Cost: \$30/\$37.50 for Non-Residents for 6 classes.

Session A M W 4/13-4/29 5:00-5:25 pm

Session A Tu Th 4/14-4/30 5:00-5:25 pm

Session B M W 5/11-5/27 5:00-5:25 pm*

Session B Tu Th 5/12-5/28 5:00-5:25 pm

Level 6- Dolphins

***Cost:** \$25/\$31.25 for Non-Residents for 5 classes.

Cost: \$30/\$37.50 for Non-Residents for 6 classes.

Session A M W 4/13-4/29 5:30-5:55 pm

Session A Tu Th 4/14-4/30 5:30-5:55 pm

Session B M W 5/11-5/27 5:30-5:55 pm*

Session B Tu Th 5/12-5/28 5:30-5:55 pm

Level 7- Sharks

***Cost:** \$25/\$31.25 for Non-Residents for 5 classes.

Cost: \$30/\$37.50 for Non-Residents for 6 classes.

Session A M W 4/13-4/29 5:30-5:55 pm

Session A Tu Th 4/14-4/30 5:30-5:55 pm

Session B M W 5/11-5/27 5:30-5:55 pm*

Session B Tu Th 5/12-5/28 5:30-5:55 pm

Fitness Swimmer Level- Fliers

***Cost:** \$63/\$78.75 for Non-Residents for 7 classes.

Cost: \$72/\$90 for Non-Residents for 8 classes.

Session A Combined with JG Prep Class

Session B M W 5/4-5/27 5:00-5:55 pm*

Session B T Th 5/5-5/28 5:00-5:55 pm



Interested in taking one of our American Red Cross Lifeguard Courses? Check out esrec.org for an upcoming course date!



PUBLIC SAFETY CLASSES

POLICE

Community Police Academy

The El Segundo Police Department regularly presents a Community Police Academy (CPA) as an interactive way to teach attendees the responsibilities of Department employees and how they operate. Students meet once a week in the evening for 10 weeks as they get an up close look at police work in the City of El Segundo. Some of the topics covered include Patrol Operations, SWAT, K9s, Traffic Enforcement, and Crime Scene Investigations. For more information on how to apply for the next class, please contact Sergeant Luke Muir at lmuir@elsegundo.org



Women's Self Defense Class

The El Segundo Police Department will soon host another Women's Self Defense Class. The class is taught by police officers and students will learn personal safety tips as well as proper punching and kicking techniques. This interactive class culminates with a role playing scenario where students must defend themselves in a simulated assailant. The information is presented in a fun atmosphere and involves some physical activity. For more information on the class please contact Sergeant Luke Muir at lmuir@elsegundo.org.

FIRE

El Segundo Hybrid CERT Academy/ CERT Hands-On Refresher

CERT educates individuals about disaster preparedness for hazards that may impact their area and trains them in basic disaster response skills, such as fire safety, light search and rescue, team organization, and disaster medical operations. Using training learned in the classroom and during exercises, CERT volunteers can assist others in their community following a disaster when professional responders are not immediately available to help. CERT volunteers are also encouraged to support emergency response agencies by taking an active role in emergency preparedness projects. Attention El Segundo! Register for our hybrid CERT program that will allow you to perform most hours of study from the comfort of your own home!



The ocean begins in your neighborhood.
Help stop water pollution.

Recycle. Don't Dump.



Call 1(888) CLEAN LA or visit
dpw.lacounty.gov/epd/cleanla
for FREE Drop-off locations.



When nature calls, make sure you pick up.

Clean up after your dog every single time. Do your part to keep your neighborhood and waters clean, healthy and pollution free. For more information, visit dpw.lacounty.gov/epd/cleanla.



Fish Food?

Don't let litter flow to the ocean.
Put your butts in an ashtray.



www.CleanLA.com



For more information contact the Los Angeles County Department of Public Works (888) CLEAN-LA

LIBRARY PROGRAMS

EL SEGUNDO PUBLIC LIBRARY

111 W. Mariposa Ave., El Segundo, CA 90245 • Phone: (310) 524-2722
Mon.-Thurs. 9:00 am - 9:00 pm • Fri. & Sat. 10:00 am - 5:00 pm • Sun. Closed



 @el-segundo-public-library

 @el.segundo.public.library

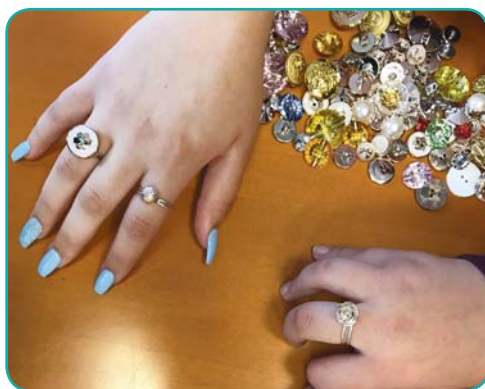
LIBRARY EVENTS FOR HIGH SCHOOL TEENS

Programs take place at 3pm in the Teen Room at the El Segundo Public Library

HS Teen Craftern

Create with us! Projects include Cactus Pom-Poms, Canvas Collages, Paper Straw Frames, and Rustic Succulent Pots. Materials provided.

April 13, 20 and 27th, May 4, 11, 18, June 1



Fun Fridays

Relax and de-stress with fun activities in the Teen Room. Activities include games, movies, and more!

April 17, May 1 & 22, June 5

Finals Week

Snacks, coffee, relaxing activities, extra study spaces just for HS teens.

June 8 - 11

Teen Advisory Council

Hang out with friends, plan social events and fun just for teens. Have a voice in your community, enjoy snacks and plan community service projects while earning volunteer hours. Contact Kristina Kora-Beckman at 310-524-2772 or stop by the Teen/Adult Services Desk for further information.

April 9, May 14, June 4

LIBRARY EVENTS FOR ADULTS

Chair Yoga

Every third Wednesday of the month, 1:30pm-2:30pm in the Sue Carter Friends of the Library Room. Wellness and fitness nurse Carol Hahn will lead all ages to relax with chair yoga and meditation.

April 15, May 20, June 17

Evening Book Discussion Group

Join other book lovers in inspiring conversation as we discuss the Evening Book Club's monthly book selection. Books are available at the Teen/Adult Services Reference Desk to check out while supplies last.

**6:30pm-7:30pm in the Sue Carter Friends of the Library Room
April 29, May 27, June 24**

Maker Mondays

Join other adults in a crafting social hour in the Sue Carter Friends of the Library Room, 12pm-1pm. All supplies included and crafts are designed for ages 18+

April, May, June

Genealogy Club

Meets in the Sue Carter Friends of the Library Room 11am-12pm

April 27, May 18, June 29

Concerts in the Library

**2pm:
April 18, May 16**



LIBRARY EVENTS FOR CHILDREN AND MIDDLE SCHOOL TEENS

Baby Storytime

**Wednesdays, 11:15 - 11:45 am
February 26 - April 1**

With your baby on your lap enjoy fun songs, rhymes and age-appropriate books especially for babies. Space is limited to 15 babies, please contact the Children's Library at (310) 524-2726 for more details on admission.

Toddler Storytime

**Tuesdays, 10:00 - 10:30 am
February 25 - March 31**

Join us for stories, songs, movement and more especially for toddlers and their caregivers. Space is limited to 15 toddlers, please contact the Children's Library at (310) 524-2726 for more details on admission.

Preschool Storytime

**Wednesdays, 10:00 - 10:30 am
February 26 - April 1**

Join us for songs, rhymes and stories especially for preschoolers and their caregivers. Space is limited to 20 children, please contact the Children's Library at (310) 524-2626 for more details on admission.

Family Storytime

**Select Thursdays, 6:00 - 6:30 pm
February 20, March 26 (call for April & May dates)**

Join us for fun stories, song and a craft! Children of all ages and their caregivers are welcome. No registration is required. Children under 8 must be accompanied by an adult.

Bilingual Storytime

**Select Thursdays, 10:00 - 10:30 am
March 19 (call for April & May dates)**

Join us for books, rhymes and songs in English and Spanish and a fun craft! Children of all ages and their caregivers are welcome. No registration is required. Children under 8 must be accompanied by an adult.

Middle School Teen Club

Weekly Summer Session begins in June on Tuesdays at 3:00 pm.

Join your fellow young teens for a series of six weekly fun activities! All teen events are free and supplies are included (while supplies last). Teens in grades 6 - 8 only please.

Additional Programs

Please call the El Segundo Public Library at (310) 524-2726 for future special events such as Read to a Therapy Dog, Farmers Market Storytime, Board Game Afternoons and Movie Screenings and Summer Reading Program registration in June.

COMMUNITY ORGANIZATIONS

ORGANIZATION	WEBSITE	CONTACT
Alpha Aquatics (Youth Swim Team)	www.alphaaquatics.net	oalesi@gmail.com /310-339-0992
AYSO Region 92 (Youth Soccer League)	www.ayso92.org	aysoregion92registrar@gmail.com
Beach Cities Swimming (Youth Club Team)	citiswim.com	mcneek@gmail.com /310 877 5801
Coastal Masters Water Polo (Adult League)		coastalmasterswaterpolo@gmail.com
El Segundo Babe Ruth (Youth Baseball)	www.baberuthonline.com	310-647-2882
El Segundo Girls Softball (Youth League)	www.ElSegundoGirlsSoftball.com	ElSegundoGirlsSoftball@gmail.com
El Segundo Inline Hockey Association (Youth League)		jeff@esiha.org
El Segundo Little League (Youth Baseball)	www.elsegundolittleleague.org	info@elsegundolittleleague.org
El Segundo SCAQ (Adult Swim Club)	www.SWIM.net	SCAQ@SWIM.net /310-390-5700
El Segundo Youth Football & Cheer	www.elsegundopopwarner.org	310-910-7801
El Segundo Youth Lacrosse (League & Development)		brooks.roscoe@gmail.com /310-227-5112
Jaguar Tennis (All Ages Tennis Instruction)	www.JaguarTennisAcademy.com	CoachBoerica@gmail.com /310-227-4405
South Bay United Water Polo (Youth Club)	www.southbayunitedwaterpolo.org	info@southbayunitedwaterpolo.org
Swimming L.A., Inc. (Infant/Parent Swim)	www.SwimmingLA.com	info@SimmingLA.com /310-994-7946
The Lakes at El Segundo Golf Course	www.golftהלakes.com	310-322-0202
Tower 26 (Adult Triathlon Training)	www.tower26.com	contact@tower26.com /310-432-3683
Trojan Water Polo Club (Youth Club Team)	www.trojanwaterpolo.com	twpcsupport@aol.com
USYVL (Youth Volleyball League)	www.usyvl.org	info@usyvl.org /310-212-7008

CITY TREES

NEWLY PLANTED TREE CARE

The City of El Segundo follows a strict policy that requires a new tree to be planted whenever a tree is removed. When removal of a street tree is necessary, the adjacent property owner will be given the opportunity to select the species of the new tree from the approved tree list. The approved tree list follows the philosophy "Right Tree, Right Place", considering factors such as parkway width, overhead utility lines, tree root invasiveness, and other site conditions and tree characteristics.

Standard replacement trees will be a 24" box size, with the property owner having the option to pay the difference to upgrade to a 36" box. The City Tree Crew will plant the tree, secure it with proper staking, and place a plastic trunk guard on trees in turf areas to prevent damage from lawn maintenance equipment. In addition, we recommend maintaining a minimum of 12" turf clearance from the tree trunk with a ring of mulch to help protect and nourish the roots.

The El Segundo Municipal Code places the responsibility on the adjacent property owner to water the tree. Proper watering is a critical component to ensuring the tree survives its first two years in the new location. It is important to water the new tree regularly and deeply for the first 1-2 years in order to help the tree become established and ensure that the tree roots grow deep.



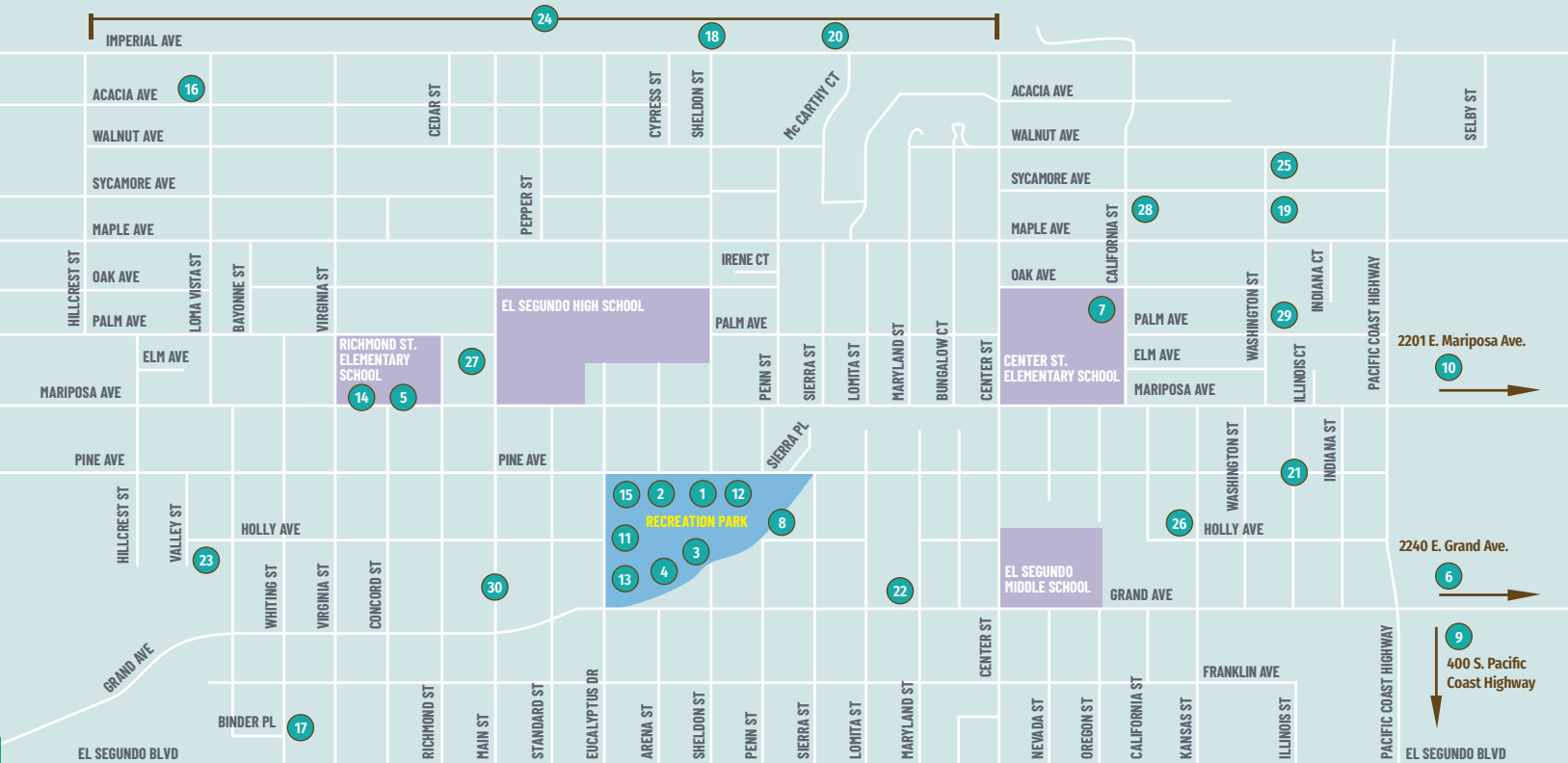
The typical spray irrigation system only waters the top few inches of soil, thus is not adequate for this deep watering. Deep watering may be accomplished by utilizing a hose without a nozzle turned to a slow stream so that the water soaks into the ground rather than running off into the street. A 5-gallon bucket is another watering option. Watering time and frequency will vary depending upon soil characteristics. For a newly planted tree, once a week is a good rule of thumb. However, during the summer, twice a week may be required. The soil berm around the base of the tree is provided at installation to help hold water around the drip zone of the tree.

The City is responsible for trimming and maintenance of the tree, which includes reviewing the staking and adjusting as needed, addressing any pests that may arrive, and proper trimming. The first few of years trimming are generally the most important for long term tree structure to avoid future limb failure. Tree stakes generally stay in place 1-2 years depending on tree species and rate of growth.

If you have any questions or concerns regarding trees, please contact Christopher Hentzen at 310-524-2716, chentzen@elsegundo.org or Santos Haro at 310-524-2893, sharo@elsegundo.org. Staff is available to demonstrate proper watering techniques, review tree staking and evaluate tree health.

FACILITY MAP

RECREATION FACILITIES & PARKS



FACILITIES

1 CHECKOUT BUILDING

401 Sheldon St.
Phone: 310-524-2700
Mon - Fri: 8:00am - 10:00pm
Sat & Sun: 9:00am - 10:00pm

2 GEORGE E. GORDON CLUBHOUSE

300 E. Pine Ave.
Phone: 310-524-2362
Mon - Fri: 9:00am - 6:00pm
Sat: 9:00am - 1:00pm

3 JOSLYN CENTER

339 Sheldon St.
Phone: 310-524-2705
Mon - Thurs: 8:00am - 9:00pm
Fri: 8:00am - 5:00pm
Sat: 9:30am - 3:00pm
and 6:00pm - 10:00pm
Sun: 11:30am - 4:00pm

4 TEEN CENTER & SKATE PARK

405 Grand Ave.
Phone: 310-524-2717
Mon: 1:30pm - 8:00pm
Tues - Thurs: 2:30pm - 8:00pm
Fri: 2:30pm - 10:30pm
Sat: 10:30am - 10:30pm

5 URHO SAARI SWIM STADIUM "THE PLUNGE"

219 W. Mariposa Ave.
Phone: 310-524-2738
Mon - Fri: 10:00am - 9:00pm
Sat: 6:00am - 3:30pm
Sun: 11:00am-1:00pm

6 CITY OF EL SEGUNDO WISEBURN UNIFIED SCHOOL DISTRICT AQUATICS CENTER

2240 E. Grand Ave.
Phone: 310-524-2738
Mon-Fri: 5:45am - 9:30pm
Sat: 5:45am - 3:00pm
Sun: 7:00am - 3:00pm

7 CAMP EUCALYPTUS

641 California St.
Phone: 310-524-2700

8 PARK VISTA

615 E. Holly Ave.

9 THE LAKES GOLF COURSE

400 S. PCH

FIELDS

10 CAMPUS EL SEGUNDO ATHLETIC FIELD

2201 E. Mariposa Ave.
Phone: 310-524-2700

11 STEVENSON FIELD

Located on the west side of Recreation Park

12 GEORGE BRETT FIELD

Located in the northeast corner of Recreation Park

13 RECREATION PARK SOFTBALL FIELD

Located in the southwest corner of Recreation Park.

14 RICHMOND STREET FIELD

Located on the corner of Mariposa Ave. & Virginia St.

PARKS

15 RECREATION PARK

401 Sheldon St.

16 ACACIA PARK

600 Block of W. Acacia Ave.

17 CANDY CANE PARK

100 Block of Whiting St.

18 CLUTTER'S PARK

East Imperial Ave. at Sheldon St.

19 CONSTITUTION PARK

Washington St. between Sycamore and Maple Ave.

20 EL SEGUNDO DOG PARK

East Imperial Ave between McCarthy Court and Sheldon St.

21 FREEDOM PARK

Illinois St. between Mariposa Ave. and Holly Ave.

22 HILLTOP PARK

Corner of Maryland St. and Grand Ave.

23 HOLLY VALLEY PARK

Corner of W. Holly Ave. and Valley St.

24 IMPERIAL STRIP & MEMORY TREE ROW

Imperial Ave. between Hillcrest Ave. and Center St.

25 INDEPENDENCE PARK

Washington St. between Walnut Ave. and Sycamore Ave.

26 KANSAS PARK

Corner of Kansas St. and Holly Ave.

27 LIBRARY PARK

600 Block of Main St.

28 SYCAMORE PARK

Corner of Sycamore Ave. and California St.

29 WASHINGTON PARK

Washington St. between Maple Ave. and Mariposa Ave.

FARMER'S MARKET

30 Every Thursday 3:00-7:00pm

300 Block on Main St.
Phone: 310-524-2708

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522 Posts 1,404 Followers 117 Following

El Segundo Recreation Park
Sports & Recreation Venue
#esrecandparks
www.esrec.org/
401 Sheldon Street, El Segundo, California 90245
Followed by mbparksandrec, el.segundo.public.library and 3 others

Following Message Contact

Instagram grid showing various posts from the account.