

El Segundo
**REC, PARKS,
& LIBRARY**
We Engage... We Inspire... We Play...

EL SEGUNDO

Recreation Activity Guide

RECREATION PARK

FALL
SEPTEMBER-DECEMBER
2022

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ABOUT THE COVER

July was Parks and Recreation Month. With this in mind, the El Segundo Recreation, Parks, and Library Department held a recreation appreciation themed photo competition to see what kind of impact recreation has on the El Segundo Community. The photo below was entered by a El Segundo community member who shared their experience. As the first place winner, their photo is featured as the Fall 2022 El Segundo Recreation Activity Guide cover image.

Thank you to everyone that participated and congratulations to our winner!

Read below to see what impact El Segundo Recreation has had on them.



"By no means am I a photographer but this picture showcases the hub of recreation for El Segundo. Recreation Park is the center of the community, geographically, mentally, and spiritually. Recreation can have multiple meanings but I think a good word that collectively defines it is adventure. An adventure that brings excitement and motivates you to health and achieve a peace of mind. It has shaped me in understanding myself, others, and the environment around me. For these reasons, recreation is and should be a constant staple in our lives. It helps us engage inwardly and outwardly and inspires us to be adventurous."

INFORMATION

REGISTRATION

Online registration is available at esrec.org

Walk-in and in-person registration is available at the Clubhouse, Checkout Building, Joslyn Center, and Aquatics Center. To obtain a space, please register early.

Class Registration Opens:

Resident: August 8th at 9am

Non-Resident: August 15th at 9am

Swim Registration:

Refer to Aquatics' Section for Registration Dates (Page 24)

RESIDENT RECREATION ID CARD

El Segundo Residents with a valid Rec ID receive a discount on all recreation activities and facility and outdoor rentals. Parents registering a minor must also have a current Rec ID for discounts. Rec ID's can be purchased at the Clubhouse, Checkout Building, Joslyn Center, and Aquatics Center. Rec ID purchases require two (2) forms of proof of El Segundo residency. Business addresses in El Segundo are not eligible for a Rec ID.

ATTENTION RESIDENTS! PLEASE renew your Rec ID prior to payment in order to receive a resident discount. You will be charged the non-resident rate, if you register for programs without a current Rec ID. If you are a resident and you are charged a non-resident rate because you did not have a current REC ID, we will not give credit or reimbursement. All resident discounts are applied at the time of purchase.

CLASS REFUND POLICIES

All participants will have the first day of class to decide whether or not to continue. Requests for refunds or transfers must be made prior to the start of the second class and a \$10 administration fee will be applied.

All refund requests must be submitted via email to reghelp@elsegundo.org

No refunds or credits will be issued after the start of the second class meeting. Enrollment numbers determine if classes will be canceled as well as payment to our contract instructors.

Participants will receive a full refund for classes canceled due to low enrollment. All refunds will be returned to the initial form of payment used. Checks will take 6-8 weeks to process. No credits will be issued.

Exceptions to these policies based on unforeseeable circumstances will be considered by a supervisor on a case-by-case basis.

UPCOMING EVENTS

El Segundo Recreation, Parks, and Library Department Presents...

HALLOWEEN FROLIC

SATURDAY, OCTOBER 29TH
12pm - 5pm

300 & 400 Blocks of Main Street
\$8 Pre-Sale | \$10 Day of Event

Unlimited games & bouncer wristbands will be on sale at the
Clubhouse & Checkout Buildings in Recreation Park starting on
October 12th

Costume Contest Begins at
12:30pm in City Hall Plaza

ADULTS & OLDER ADULTS

ARTS

Art Journaling for Adults (18+ Years)

Art Journaling for Adults: Come explore and experiment with the freedom and self-expression of art journaling. Working in a sketchbook provided for each student (you may bring your own if you prefer), learn different techniques and approaches to capturing your thoughts, feelings, and ideas using a variety of materials and mediums. All skill levels are welcome.

Location: Clubhouse, Social Hall

Instructor: Natalie Strong

Cost: \$170/\$212.50 for Non-Residents

Cost: \$145/\$181.25 for Non-Residents*

F 9/02-10/07 11:30am-12:30pm

F 10/14-11/18 11:30am-12:30pm*

Ceramics Painting Workshop (17+ Years)

In this class, we paint a beautiful ceramic piece of art. This class will cover composition, brush strokes, design and color.

Location: Clubhouse, Tri-Room

Instructor: Dawn Whitney-Hall

Cost: \$110/\$137.50 for Non-Residents

T/Th 9/13-9/15 6:00-8:45pm

T/Th 10/11-10/13 6:00-8:45pm

T/Th 11/15-11/17 6:00-8:45pm

Fundamental of Art Workshop (18+ Years)

In this fun and easy class, we will explore different medias such as acrylics, watercolor and charcoal. We will discuss the various elements of art such as composition, color and shape. With a little art history thrown in as well. All skill levels welcome.

Location: Joslyn Center, Crafts Room

Instructor: Dawn Whitney-Hall

Cost: \$136/\$170 for Non-Residents

M 9/12-11/07 3:30-5:00pm



Hand Building Clay Workshop (18+ Years)

Come join us for clay hand building class. Throughout the class, you will learn the basics in hand-building techniques where you will create forms using hands, fingers and tools. All levels welcome to do fun, easy projects using the basics of clay. 4 – 6 projects will be completed.

Location: Joslyn Center, Crafts Room

Instructor: Dawn Whitney-Hall

Cost: \$144/\$180 for Non-Residents

M 9/12-11/07 2:00-3:00pm

ADULTS & OLDER ADULTS

FITNESS

Arthritis Foundation (18+ Years)

The Arthritis Foundation Fitness Program builds muscle strength and joint flexibility using therabands and weights. Balance, and coordination exercises are done, as well as low impact aerobics. While exercising, you are always encouraged to stay within your comfort zone.

Location: Joslyn Center, Social Hall

Instructor: Victoria Mendez

Cost: \$65/\$81.25 for Non-Residents

W/F 9/14-11/18 11:00am-12:00pm

CoreXpress (18+ Years)

Get in, get it done and get on with your day! This 35 minute intense workout delivers everything you need from your workout and it all starts with your core. 10 minutes of mat based abdominal work is followed by 25 minutes of core/cardio training. Weights and bands are utilized to give you maximum results in a shorter time span.

Location: Joslyn Center, Social Hall

Instructor: Victoria Samia

Cost: \$65/\$81.25 for Non-Residents

M 9/12-11/14 9:00-9:35am

W 9/14-11/16 9:00-9:35am

Pilates (18+ Years)

From rock stars to Wimbledon champs and Lakers players, Pilates is now mainstream. Mind and body work together as you strengthen and lengthen all the major muscles of the body with focus on the abdominals. This Pilates-mat class is appropriate for all fitness levels. Class benefits include improving posture, muscle tone and strength, while leaving you feeling renewed, regenerated and energized.

Location: Joslyn Center, Social Hall

Instructor: Victoria Samia

Cost: \$90/\$112.50 for Non-Residents

Cost: \$81/\$101.25 for Non-Residents*

M 9/12-11/14 6:30-7:30pm

F 9/16-11/18 9:00-9:50am*

Tai Chi Chuan for Beginning & intermediate (18+ Years)

Tai Chi is a centuries-old Chinese martial art based on the Taoist philosophy of Yin and Yang. In this class, we will explore the slow, continuous movements of Yang style Tai Chi, which is accessible to everyone regardless of age or physical ability.

Join us in exploring this ancient art, which is still practiced worldwide today, known to bring about strength and energy, optimum health and body awareness, improved balance and coordination, relaxation and stress reduction, and community and lasting friendships.

Please wear comfortable clothes and flat shoes.

Location: Joslyn Center, Social Hall

Instructor: Linda Kahn & Jerry Larson

Cost: \$63/\$78.75 for Non-Residents

F 9/16-11/18 1:00-2:00pm



ADULTS & OLDER ADULTS

FITNESS

50 Minute Fit (18+ Years)

This high intensity low impact cardio class is open to intermediate fitness levels and those looking for a challenge. This class incorporates light weights (up to 5lbs), challenging core work, stabilization and back exercises to give you a well-rounded workout. Bring your own set of two hand weights. This class is not recommended for individuals needing mobility assistance, please see instructor if you have concerns regarding your ability to participate in the course.

Location: Joslyn Center, Social Hall

Instructor: Victoria Samia

Cost: \$65/\$81.25 for Non-Residents

T 9/13-11/15 10:00-10:50am

Th 9/15-11/17 10:00-10:50am

DANCE

Tap: Beginner (18+ Years)

Adult tap classes are presented for fun and exercise in a non-competitive atmosphere while learning and practicing tap routines. In the beginner class, you will learn basic tap steps to use in combination including: flaps, shuffles, ball changes, and the single time step. In the intermediate class, you will expand and build on basic tap skills and add techniques like buffalos and the double and triple time steps.

Location: Clubhouse, Auditorium

Instructor: Carol Well

Cost: \$75/\$93.75 for Non-Residents

T 9/27-12/06 6:00-7:00pm

Tap: Intermediate (18+ Years)

Adult tap classes are presented for fun and exercise in a non-competitive atmosphere while learning and practicing tap routines. In the beginner class, you will learn basic tap steps to use in combination including: flaps, shuffles, ball changes, and the single time step. In the intermediate class, you will expand and build on basic tap skills and add techniques like buffalos and the double and triple time steps.

Location: Clubhouse, Auditorium

Instructor: Carol Well

Cost: \$75/\$93.75 for Non-Residents

Th 9/29-12/08 6:00-7:00pm

Zumba (18+ Years)

Zumba is a fusion of Latin and International music. This high energy class is a combo of motivating music and body sculpting movements with easy to follow dance steps.

Location: Clubhouse, Drop-In Room

Instructor: Sandra Delgado

Cost: \$20/\$25 for Non-Residents

M 9/12-10/03 7:00-8:00pm

M 10/10-11/07 7:00-8:00pm

W 9/14-10/05 7:00-8:00pm

W 10/12-11/09 7:00-8:00pm



ADULTS & OLDER ADULTS

PICKLEBALL

Drop-in Pickleball

Players will participate in an open play format using the paddle saddles to rotate into games.

Participants must check in at the Checkout Building to receive a wrist band in order to enter the courts to play. There are two courts designated for the under 3.0 player and four courts for the 3.0+ players. Equipment will not be provided. Instruction will not be provided.

Location: Recreation Park, Pickleball Courts

Cost: \$5/\$3 for Non-Residents

Sa 9:00am-12:00pm



Pickleball Clinic 101

A beginner's guide to Pickleball. In this class we will go over the three shots absolutely necessary to play the game of Pickleball. If you have never played before or if you already know how to play a little, this is the class for you. This class can be taken as many times as you want and it is not required but heavily recommended that you take this class and learn the fundamentals before signing up for PB 102. This class is also a great way to meet players at your skill level to play with. Paddles will be provided so all you need to bring is yourself!

Location: Recreation Park, Volleyball Court

Instructor: Cade Erickson

Cost: \$28/\$35 for Non-Residents Per Class

M 6:00-7:30pm

Drop-in Pickleball Play

All participants must register in order to participate in this program. There is a maximum number of people allowed on the courts during this program in order to minimize wait time between games.

When you arrive please check in at the Checkout building to receive your wristband anytime during the 3 hours of play. Paddle saddles are used for rotation and to guide the flow of play. This program is designed for the 4.0 player level and above and skill level participation monitored. There are 4 courts available which are using temporary nets and taped lines. Equipment is not provided.

Location: Recreation Park, Pickleball Courts

Cost: \$4

F 9:00am-12:00pm

Pickleball Clinic 102

An intermediate's guide to Pickleball. Students should already know dink, dropshot, and serve somewhat consistently. It is highly recommended that you have taken PB 101 before taking this class. PB 102 teaches three shots, two shots that build on the fundamentals of play acquired from PB 101 as well as a new shot. Students will also learn how to score a real game. Just like the PB 101 class, it is a great way to meet players at your level to go outside of the class and play with! Paddles are provided but you are always welcome to bring your own paddle if you have one. If not, then we would be happy to advise you about what paddle will best fit your needs.

Location: Recreation Park, Volleyball Court

Instructor: Cade Erickson

Cost: \$28/\$35 for Non-Residents Per Class

Th 6:00-7:30pm

ADULTS & OLDER ADULTS

PICKLEBALL

Pickleball Bootcamp 2.5

Want to take your game to the next level? These boot camps are specially designed for the advanced beginner level player. It will focus on specific skill techniques ranging from solid fundamentals to progressive techniques. The boot camps will include a variety of offensive and defensive strategies to assist you with your game development. Min 6/Max 8.

Location: Recreation Park, Volleyball Court

Instructor: Scott Crandall

Cost: \$125 Per Class

W 10:00am-12:00pm

Scott Crandall

Scott Crandall is one of the top senior touring pro's on the professional Pickleball circuit. Scott is a multiple winner on the PPA and APP pro tours, currently ranked as #4 in men's senior pro doubles and #6 in mixed senior pro doubles. Scott joined El Segundo's program in 2021 as the Pro PPR certified Pickleball instructor and brings his 10 years of instructional experience to the program. When Scott isn't playing his own medal matches on tour, you can catch him on the sidelines providing strategic advice to Jessie and Catherine who are currently the #1 women's team in the world! Scott is available for private, semi-private, group, and "3 & me" lessons.

Contact him directly at 818-307-4403 or scottc.777@gmail.com

Pickleball Bootcamp 3.0+

Intermediate/Advanced 3.0-3.5 Skill Levels

Want to take your game to the next level? These boot camps are specially designed for the advanced beginner level player. It will focus on specific skill techniques ranging from solid fundamentals to progressive techniques. The boot camps will include a variety of offensive and defensive strategies to assist you with your game development. Min 6/Max 8.

Location: Recreation Park, Volleyball Court

Instructor: Scott Crandall

Cost: \$125 Per Class

W 10:00am-12:00pm



Women's Round Robin 2.5

Welcome to the City of El Segundo's Women's Pickleball program for skill level 2.5. This program is for the 2.5 skill level player who will have the opportunity to play with other players in a fun, round robin environment. This 8 week session will also include a certified instructor to assist with skill development while on the court as well as drilling sessions for those interested. All players must submit a waiver and ID unless otherwise on file. USA Pickleball/IFP Official Rules will be followed for game play.

Location: Recreation Park, Pickleball Courts 1-4, Tennis Court 6

Instructor: Connie Thrasher

Cost: \$96

W 9:00-11:00am

ADULT PICKLEBALL LEAGUE FALL 2022



SEASON IS SEPTEMBER 7TH TO OCTOBER 27TH

WOMEN'S DBL 3.0	WEDNESDAY AFTERNOONS	11:00AM-1:00PM
WOMEN'S DBL 3.5	THURSDAY AFTERNOONS	11:00AM-1:00PM
WOMEN'S DBL 3.5+	THURSDAY MORNINGS	9:00AM-11:00AM
WOMEN'S DBL 4.0	THURSDAY MORNINGS	9:00AM-11:00AM
MIXED DBL 3.0	THURSDAY EVENINGS	6:00PM-8:00PM
MIXED DBL 3.5	WEDNESDAY EVENINGS	6:00PM-8:00PM
MIXED DBL 4.0	WEDNESDAY EVENINGS	6:00PM-8:00PM

COST: \$350 PER TEAM

TEAMS MAY HAVE A MAX OF 10 PEOPLE ON THEIR ROSTER.

WOMEN'S ROUND ROBIN 2.5	WEDNESDAY MORNINGS	9:00AM-11:00AM
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COST: \$90 PER PLAYER

INCLUDES INSTRUCTION

RESIDENT REGISTRATION: AUGUST 1ST @ 8:00AM
NON-RESIDENT REGISTRATION: AUGUST 8TH @ 8:00AM

SIGN UP YOUR TEAM ON [ESREC.ORG](https://esrec.org)
FOR MORE INFORMATION CALL 310-524-2700 OR
EMAIL [JYEE@ELSEGUNDO.ORG](mailto:jyee@elsegundo.org)



THE FARMERS MARKET

El Segundo



Scan here to see weekly vendors

Thursdays - 3:00pm to 7:00pm

300 Block of Main St. Downtown El Segundo



Enjoy fruits and vegetables, local crafts, live music and prepared foods. Beat the traffic, shop the stalls, meet the growers and enjoy the friendly hometown atmosphere of downtown El Segundo, including great dining.

TEENS

SPORTS

Basketball with Combine Academy (9-12 Grade)

Combine Academy training sessions are meticulously planned by our trainer and are designed in a manner geared towards the maximization of efficiency. Your time is valuable, so our goal is to best prepare you while taking up the least amount of your time possible. Your training session will be conducted by one or more of our trainers over a total of 4 sessions that will last 50 minutes long. Training sessions will be comprised of both activities and lectures that will touch upon but are not limited to the following subjects: Ball Handling, Shooting/Form Shooting, Passing/ Court Vision, Court Spacing and off Ball Movement, Post Moves, Defensive Positioning and much more!

Location: Recreation Park Basketball Courts

Instructor: Combine Academy- David Howard

Cost: \$220/\$275 for Non-Residents for 4 classes

Sa 9/17-10/08 11:00-11:50am

Sa 10/15-11/05 11:00-11:50am



The Teen Advisory Committee (TAC) is a group of teens who plan events for their peers in the El Segundo community. Stay tuned for their Fall 2022 events!



El Segundo
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Teen Advisory Committee Presents

Back to School Bonfire

For ages 12-18

Saturday
August
27

Recreation Park- Fire Circle
from 7:00pm- 9:00pm

Lawn Games
Food
Music
Camp Fire
S'mores

Entry Fee is
Free

Dinner and s'mores will
be provided.
Bring lawn chairs &
blanket
to enjoy the event

*Let's play
games and
toast
mallows*

For more information:
310-524-2718
twilson@elsegundo.org



YOUTH & TOTS

ARTS

Art Lab for All (3-5 Years)

Come explore the creative possibilities with a variety of materials and mediums. Projects inspired by current working artists are just the starting point for you to discover your own style and process. All artists are welcome.

Location: Clubhouse, Tri-Room

Instructor: Natalie Strong

Cost: \$150/\$187.50 for Non-Residents

Cost: \$120/\$150 for Non-Residents*

F 9/02-10/07 9:15-10:00am

F 10/14-11/04 9:15-10:00am*

Art Lab for All (6-12 Years)

Come explore the creative possibilities with a variety of materials and mediums. Projects inspired by current working artists are just the starting point for you to discover your own style and process. All artists are welcome.

Location: Clubhouse, Tri-Room

Instructor: Natalie Strong

Cost: \$135/\$168.75 for Non-Residents

Cost: \$160/\$200 for Non-Residents*

Cost: \$120/\$150 for Non-Residents**

M 8/29-10/03 3:15-4:05pm

M 10/10-11/07 3:15-4:05pm

Th 10/13-11/10 3:15-4:05pm

Th 9/01-10/06 3:15-4:05pm*

F 9/02-10/07 3:15-4:05pm*

F 10/14-11/04 3:15-4:05pm**



DANCE

Hippity Hop (3-5 Years)

Hippity Hop is a fun dance class for high-energy kids. Set to kid-friendly music, students will gain self confidence while improving balance, agility, and coordination. This is a structured class geared for children who are preparing for or are attending school.

Location: Clubhouse, Auditorium

Instructor: Athletic Dance Studio-Grace Maxwell

Cost: \$117/\$146.25 for Non-Residents

Th 9/15-11/10 3:30-4:10pm

Th 9/15-11/10 4:15-4:55pm

Tutus and Taps: Beginner (3-5 Years)

This is a movement class that explores rhythm, song, body awareness, locomotor and a creative expression. Exercises are geared to the developmental needs of preschoolers. This is a structured class geared for children who are preparing for or are attending preschool.

Location: Clubhouse, Auditorium

Instructor: Athletic Dance Studio-Grace Maxwell

Cost: \$117/\$146.25 for Non-Residents

T 9/13-11/08 3:30-4:15pm

Tutus and Taps: Intermediate (3-5 Years)

Dancers must complete Tutus and Taps 1 before taking this class. This is a movement class that explores rhythm, song, body awareness, locomotor and a creative expression. Exercises are geared to the developmental needs of preschoolers. This is a structured class geared for children who are preparing for or are attending preschool.

Location: Clubhouse, Auditorium

Instructor: Athletic Dance Studio-Grace Maxwell

Cost: \$117/\$146.25 for Non-Residents

T 9/13-11/08 4:15-5:00pm

YOUTH & TOTS

ENRICHMENT

Brick 4 Kidz - Ticket to Ride (4-12 Years)

Delve into the history and mechanics of favorite amusement park rides in this imaginative unit. Students will construct a Carousel Swing, Swing Boat Ride, Loop de loop and more, learning principles of Physics described in a way children can understand, as well as math concepts. These engaging lessons will give students an understanding of the physical forces they experience every day.

*mini-figure given at the end of each session

Location: Clubhouse, Tri-Room

Instructor: Bricks 4 Kidz

Cost: \$125/\$156.25 for Non-Residents

Sa 9/17-10/15 9:00-10:00am



Brick 4 Kidz - Mission to Space (4-12 Years)

Space, often called "the last frontier", has inspired scientists, star-gazers and adventurers for generations. Get inspired to go on your own adventure and join us on a Mission 2 Space! Discover some incredible structures at Kennedy Space Center's Launch Complex 39, travel the surface of the moon on a lunar rover, and explore Mars onboard the "Curiosity". Our tour would not be complete without a visit to the International Space Station. We'll provide the bricks; all you need to bring for this adventure is your imagination!

Location: Clubhouse, Room C

Instructor: Bricks 4 Kidz

Cost: \$125/\$156.25 for Non-Residents

Sa 9/17-10/15 9:00-10:00am

Filmmaking (8-13 Years)

Write! Direct! Act! Shoot! Edit! Join us for an exciting 9 week session and create a MOVIE: Thriller, Spy, Comedy.. the list is endless... You will learn how to outline the STORY, create CHARACTERS, cast your ACTORS, prepare SHOTS and start ROLLING. Choose your "Best Takes," for this masterpiece then add MUSIC and SOUND EFFECTS. Sound like fun? All you need is a camera, iPad, or iPhone and your IMAGINATION. iMovie software will be provided for EDITING on a MacBook Pro. Wait... there's more! Your film will be presented in the next El Segundo Rec & Parks' FILMMAKER'S FILM FESTIVAL. Ready? And... ACTION!!!

Location: Clubhouse, Tri-Room

Instructor: Anna Giannotis

Cost: \$280/\$350 for Non-Residents

W 9/14-11/09 4:00-5:30pm

Spanish Parent and Me (7 Years and Under)

Hola! Join this playgroup in Spanish. Children in this 45-minute class don't sit still for long! Accompanied by parents or caregivers, these young "students" start learning a new language through a variety of activities designed to engage their minds and bodies. Music and movement form the foundation for the classes, as the children sing simple, rhythmic songs and dance, run, spin and jump around the room! Help your child expand their opportunities by learning or practicing Spanish.

Location: Clubhouse, Auditorium

Instructor: Sandra Delgado

Cost: \$135/\$168.75 for Non-Residents

Cost: \$60/\$75 for Non-Residents*

T 9/13-11/08 11:00-11:45am

Sa 9/17-10/08 9:15-10:00am*

Sa 10/15-11/12 9:15-10:00am*

YOUTH & TOTS

MUSIC

El Segundo Youth Drama Program: Senior Musical (12-18 Years)

Much, much more than a class--the El Segundo Recreation and Parks Department Drama Program provides the opportunity for local youth to get involved in the performing arts. Participants begin with auditions and then learn performing and technical theater skills during ongoing rehearsals which include acting, singing, dancing, costumes, stage make-up and more. All levels are welcome—including those with no prior performing experience. Each session always culminates with multiple live performances open to the public.

Location: Clubhouse, Auditorium

Instructor: Youth Drama Staff

Cost: \$250/\$312.50 for Non-Residents

M/W/F 9/12-11/20 6:00-8:00pm

Performance Dates:

F 11/18
Sa 11/19
Su 11/20

Music Fun for Tots (1 Mo.-5 Years)

Dance, sing and socialize to all types of music with wild and fun Miss Wanda. Parent or caregiver participation is all that is required for this exhilarating experience. We use rainbows, tambourines and Chiquita Maracas to express ourselves. Your tot will blossom by listening to and joining in to celebrate music. Studies have proved that stimulating your little one will result in a smart and confident young adult. Beautifully illustrated books to music and flannel board stories will tickle their young imagination.

Location: Clubhouse, Auditorium

Instructor: Ms. Wanda

Cost: \$104/\$130 for Non-Residents

Cost: \$154/\$192.50 for Non-Residents*

T 9/13-11/01 10:00-10:45am

W 9/14-11/02 10:00-10:45am

F 9/16-11/04 10:00-10:45am

T/F 9/13-11/04 10:00-10:45am*



WINTER BREAK CAMP

Tiny Tot 🏈 *Youth Volunteer* 🎨 *Cowabunga*

Save the Date

Registration begins:
November 7, Residents
November 14, Non-Residents

Camp Begins:
December 19-23
December 26-30

El Segundo REC, PARKS, & LIBRARY
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YOUTH & TOTS

SPORTS

Basketball with Combine Academy (3-8 Grade)

Combine Academy training sessions are meticulously planned by our trainer and are designed in a manner geared towards the maximization of efficiency. Your time is valuable, so our goal is to best prepare you while taking up the least amount of your time possible. Your training session will be conducted by one or more of our trainers over a total of 4 sessions that will last 50 minutes long. Training sessions will be comprised of both activities and lectures that will touch upon but are not limited to the following subjects: Ball Handling, Shooting/Form Shooting, Passing/ Court Vision, Court Spacing and Off Ball Movement, Post Moves, Defensive Positioning and much more!

Location: El Segundo High School, Gym

Instructor: Combine Academy-David Howard

Cost: \$220/\$275 for Non-Residents for 4 Classes

Cost: \$400/\$500 for Non-Residents for 8 Classes

T/Th 9/13-10/06 4:00-4:50pm 3-4 Grade

T/Th 9/13-10/06 5:00-5:50pm 5-6 Grade

T/Th 9/13-10/06 6:00-6:50pm 7-8 Grade

T/Th 10/11-11/03 4:00-4:50pm 3-4 Grade

T/Th 10/11-11/03 5:00-5:50pm 5-6 Grade

T/Th 10/11-11/03 6:00-6:50pm 7-8 Grade

Best: Basketball Skills and Drills (3-6 Years)

Our industry-leading basketball skills and drills clinics introduce and advance your players ability for ball handling, dribbling, defense, jumping, passing, shooting and the triple-threat position. Our goal and focus is to maintain an energetic & highly active program that will teach, encourage, and advance your young players regardless of their skill level. This is an extremely active, endurance-based class.

Location: Recreation Park, Basketball Courts

Instructor: Best Sports

Cost: \$105/\$131.25 for Non-Residents

Sa 9/17-10/15 9:00-9:45am

Sa 10/22-11/19 9:00-9:45am

Best: Basketball Skills and Drills (7-10 Years)

Our industry-leading basketball skills and drills clinics introduce and advance your players ability for ball handling, dribbling, defense, jumping, passing, shooting and the triple-threat position. Our goal and focus is to maintain an energetic & highly active program that will teach, encourage, and advance your young players regardless of their skill level. This is an extremely active, endurance-based class.

Location: Recreation Park, Basketball Courts

Instructor: Best Sports

Cost: \$105/\$131.25 for Non-Residents

Sa 9/17-10/15 9:50-10:35am

Sa 10/22-11/19 9:50-10:35am



YOUTH & TOTS

SPORTS

Best: Multi-Sport (2-3 Years)

This program brings you 4 fantastic sports: Soccer, Baseball/Softball, Basketball & Track. We will teach your player how to kick and control a soccer ball, how to hit, catch, throw and run the bases, shoot and dribble a basketball, and running, jumping and building strength + endurance in our Track & Field program. Our goal and focus is to maintain an energetic & highly active program that will teach, encourage, and advance your young players regardless of their skill level. Please bring an age-appropriate soccer ball for the first week. A hitting tee and a basketball will be needed later in the session.

Location: Recreation Park, Checkout Grass

Instructor: Best Sports

Cost: \$105/\$131.25 for Non-Residents

Sa 9/17-10/15 10:40-11:25am

Sa 10/22-11/19 10:40-11:25am

Best: Multi-Sport (4-6 Years)

This program brings you 4 fantastic sports: Soccer, Baseball/Softball, Basketball & Track. We will teach your player how to kick and control a soccer ball, how to hit, catch, throw and run the bases, shoot and dribble a basketball, and running, jumping and building strength + endurance in our Track & Field program. Our goal and focus is to maintain an energetic & highly active program that will teach, encourage, and advance your young players regardless of their skill level. Please bring an age-appropriate soccer ball for the first week. A hitting tee and a basketball will be needed later in the session.

Location: Recreation Park, Checkout Grass

Instructor: Best Sports

Cost: \$105/\$131.25 for Non-Residents

Sa 9/17-10/15 10:40-11:25am

Sa 10/22-11/19 10:40-11:25am

Best: Multi-Sport (6-9 Years)

This program brings you 4 fantastic sports: Soccer, Baseball/Softball, Basketball & Track. We will teach your player how to kick and control a soccer ball, how to hit, catch, throw and run the bases, shoot and dribble a basketball, and running, jumping and building strength + endurance in our Track & Field program. Our goal and focus is to maintain an energetic & highly active program that will teach, encourage, and advance your young players regardless of their skill level. Please bring an age-appropriate soccer ball for the first week. A hitting tee and a basketball will be needed later in the session.

Location: Recreation Park, Checkout Grass

Instructor: Best Sports

Cost: \$105/\$131.25 for Non-Residents

Sa 9/17-10/15 11:30am-12:15pm

Sa 10/22-11/19 11:30am-12:15pm



YOUTH & TOTS

SPORTS

Best: Soccer (16 Mo.-2 Years)

Our industry-leading soccer skills and drills clinics introduce and advance your players' ability. Our goal and focus is to maintain an energetic & highly active program that will teach, encourage, and advance your young players regardless of their skill level. This is an extremely active, endurance-based class.

Location: Recreation Park, Checkout Grass

Instructor: Best Sports

Cost: \$105/\$131.25 for Non-Residents

Sa 9/17-10/15 9:00-9:45am

Sa 10/22-11/19 9:00-9:45am

Best: Soccer (3-6 Years)

Our industry-leading soccer skills and drills clinics introduce and advance your players' ability. Our goal and focus is to maintain an energetic & highly active program that will teach, encourage, and advance your young players regardless of their skill level. This is an extremely active, endurance-based class.

Location: Recreation Park, Checkout Grass

Instructor: Best Sports

Cost: \$105/\$131.25 for Non-Residents

Sa 9/17-10/15 9:50-10:35am

Sa 10/22-11/19 9:50-10:35am

Best: Soccer (6-9 Years)

Our industry-leading soccer skills and drills clinics introduce and advance your players' ability. Our goal and focus is to maintain an energetic & highly active program that will teach, encourage, and advance your young players regardless of their skill level. This is an extremely active, endurance-based class.

Location: Recreation Park, Checkout Grass

Instructor: Best Sports

Cost: \$105/\$131.25 for Non-Residents

Sa 9/17-10/15 11:30am-12:15pm

Sa 10/22-11/19 11:30am-12:15pm

Golf with Sportball (3-4 Years)

Sportball Golf introduces your athlete to the fundamentals of the sport. Coaches will lead children through station-based drills focusing on swing fundamentals, proper setup, ball position, parts of the golf club, rules & etiquette of the game, vocabulary, and the simple concepts of how the game is played.

Location: Recreation Park, Checkout Grass

Instructor: Sportball Staff

Cost: \$175/\$218.75 for Non-Residents

Sa 9/17-11/05 10:40-11:25am

Golf with Sportball (5-7 Years)

Sportball Golf introduces your athlete to the fundamentals of the sport. Coaches will lead children through station-based drills focusing on swing fundamentals, proper setup, ball position, parts of the golf club, rules & etiquette of the game, vocabulary, and the simple concepts of how the game is played.

Location: Recreation Park, Checkout Grass

Instructor: Sportball Staff

Cost: \$175/\$218.75 for Non-Residents

Sa 9/17-11/05 11:30am-12:15pm



YOUTH & TOTS

SPORTS

Sportball: Basketball (6-8 Years)

In our Basketball Skills class, the focus is on the fundamentals of gameplay. Children will learn aspects of the game such as dribbling, passing, shooting, defense, court positions, spacing, screen stance, block, and terminology explaining how the game is played. Each week, our coaches' focus is to build teamwork, knowledge of the game, skills and increase endurance of your young athletes.

Location: Recreation Park, Checkout Grass

Instructor: Sportball Staff

Cost: \$175/\$218.75 for Non-Residents

M 9/12-11/14 4:45-5:30pm

Sportball: Basketball (9-12 Years)

In our Basketball Skills class, the focus is on the fundamentals of gameplay. Children will learn aspects of the game such as dribbling, passing, shooting, defense, court positions, spacing, screen stance, block, and terminology explaining how the game is played. Each week, our coaches' focus is to build teamwork, knowledge of the game, skills and increase endurance of your young athletes.

Location: Recreation Park, Checkout Grass

Instructor: Sportball Staff

Cost: \$175/\$218.75 for Non-Residents

M 9/12-11/14 5:50-6:35pm



EL SEGUNDO YOUTH BASKETBALL

SEASON START DATE: SATURDAY, DECEMBER 3RD

REGISTRATION DEADLINE: TBD

COST: \$100

Coming Soon

FOLLOW US TO STAY UP TO DATE

 @esrecandparks

 @El Segundo Recreation and Parks

SPONSORED BY



YOUTH & TOTS

SPORTS

Sportball: Multi-Sport (3-5 Years)

Sportball Multi-Sport is a dynamic sports program that focuses on skill development in 1 of 8 different sports each class (Soccer, Basketball, Football, Volleyball, Golf, Hockey, Tennis, and Baseball).

Classes apply developmentally appropriate methodology to introduce practice and refine motor skills, progress sports skills, reinforce the benefits of team work, and prepare your athlete for a future of confident sport participation.

Location: Recreation Park, Checkout Grass

Instructor: Sportball Staff

Cost: \$175/\$218.75 for Non-Residents

Su 9/18-11-06 10:40-11:25am

M 9/12-11/14 3:00-3:45pm

F 9/16-11/04 10:40-11:25am

Sportball: Multi-Sport (5-7 Years)

Sportball Multi-Sport is a dynamic sports program that focuses on skill development in 1 of 8 different sports each class (Soccer, Basketball, Football, Volleyball, Golf, Hockey, Tennis, and Baseball).

Classes apply developmentally appropriate methodology to introduce practice and refine motor skills, progress sports skills, reinforce the benefits of team work, and prepare your athlete for a future of confident sport participation.

Location: Recreation Park, Checkout Grass

Instructor: Sportball Staff

Cost: \$175/\$218.75 for Non-Residents

Su 9/18-11/06 11:30am-12:15pm

Sportball: Parent and Child Multi-Sport (16 Mo.-2 Years)

In our parent and child multi-sport classes, children are introduced to the fundamental skills associated with 8 different sports.

Location: Recreation Park, Checkout Grass

Instructor: Sportball Staff

Cost: \$175/\$218.75 for Non-Residents

Su 9/18-11/06 9:00-9:45am

F 9/16-11/04 9:00-9:45am

Sportball: Parent and Child Multi-Sport (2-3 Years)

In our parent and child multi-sport classes, children are introduced to the fundamental skills associated with 8 different sports.

Location: Recreation Park, Checkout Grass

Instructor: Sportball Staff

Cost: \$175/\$218.75 for Non-Residents

Su 9/18-11/06 9:50-10:35am

F 9/16-11/04 9:50-10:35am

T-ball with Sportball (2-3 Years)

This class introduces fundamental concepts of game play and teaches the basic skills needed for your athlete to progress into league play and further their skills. Coaches focus on skills like throwing, catching, batting form, base running, fielding, and terminology in fun, exciting skill focused play.

Location: Recreation Park, Checkout Grass

Instructor: Sportball Staff

Cost: \$175/\$218.75 for Non-Residents

Sa 9/17-11/05 9:00-9:45am

T-ball with Sportball (3-5 Years)

This class introduces fundamental concepts of game play and teaches the basic skills needed for your athlete to progress into league play and further their skills. Coaches focus on skills like throwing, catching, batting form, base running, fielding, and terminology in fun, exciting skill focused play.

Location: Recreation Park, Checkout Grass

Instructor: Sportball Staff

Cost: \$175/\$218.75 for Non-Residents

M 9/12-11/14 4:00-4:45pm

Sa 9/17-11/05 9:50-10:35am

YOUTH & TOTS

SKATEBOARDING

Champ Camp Skate Pods (5-12 Years)

Champ Camp's fun-forward "Skate Pods" program is designed to help kids explore the wonderful world of skateboarding and the skills needed to safely shred! Through our "High Fives & Good Vibes" approach, we strive to stroke our skaters out, both on the board and way beyond. Kiddos should bring their own skateboard and helmet (elbow pads, knee pads and wrist guards are strongly recommended). For more details, please visit ChampCampKids.com or follow us at [@ChampCampKids](https://www.instagram.com/ChampCampKids). Let's roll

Location: Recreation Park, Skate Park

Instructor: Champ Camp

Cost: \$208/\$260 for Non-Residents

Su 9/25-10/30 9:00-11:00am

M 9/19-10/24 3:00-5:00pm

W 9/21-10/26 3:00-5:00pm



AQUATICS

Aquatics Center

310-524-2738

aquatics@elsegundo.org

Aquatics Center Pricing

Adult (18 to 61 Years): \$4/\$6 for Non-Residents, *Military*: \$2/\$4 for Non-Residents,
 Senior (62+ Years): \$2/\$4 for Non-Residents, *Youth* (3 to 17 Years): \$2/\$4 for Non-Residents,
Infant (Under 3 Years): Free with paid adult
 Multiple day and multiple use passes are also available.

Resident rate at the Aquatics Center is an El Segundo Resident or Wiseburn Resident with a current Recreation ID Membership



Lap Swim by Reservation

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Competition Pool (25Y)	6:00-8:00am 9:00am-3:00pm	6:00am-3:00pm	6:00-8:00am 9:00am-3:00pm	6:00am-3:00pm	6:00-8:00am 9:00am-3:00pm	6:00-8:00am 11:00am-3:00pm	10:00- 11:00am 1:00 - 3:00pm
Instruction Pool (25Y)	6:00-7:00am 10:00am-1:00pm 6:00-9:00pm	6:00-7:00am 8:00-9:00am 10:00am-1:00pm 7:00-9:00pm	6:00-7:00am 10:00am-1:00pm 6:00-9:00pm	6:00-7:00am 8:00-9:00am 10:00am-1:00pm 7:00-9:00pm	6:00-7:00am 10:00am-1:00pm	6:00-8:00am	6:00am-12:00pm

Drop In Lap Swim Lanes

Competition Pool (25Y)	6:00-8:00am 9:00am-2:00pm	6:00am-2:00pm	6:00-8:00am 9:00am-2:00pm	6:00am-2:00pm	6:00-8:00am 9:00am-2:00pm	6:00-8:00am 11:00am-3:00pm	10:00 - 11:00am 1:00 - 3:00pm
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Recreation Swim (All Ages)

Instruction Pool (25Y)					6:00-9:00pm	12:00-3:00pm	12:00-3:00pm
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Extended Rec Swim 12:00 - 3:00pm November 11th & November 21st - 23rd

Reservations made on esrec.org under Aquatic Lane Rentals Tab
Lap swim spots open 10 days out for Residents and 7 days out for Non-Residents

AQUATICS

SWIM LEVELS

Level 0- Parent & Me Seahorses (6 Mo.-3 Years)

This is a guided water exploration for toddlers accompanied by one parent. Parents will be led through songs with their child while assisting them with basic motions and maneuvers in the pool. Children must wear a swim diaper.

Level 1- Tadpoles (3+ Years)

Level 1 participants will learn safe practices around the water while gaining basic knowledge of arm technique, kicking, and body position. They foster a positive relationship with water while functioning in a group setting.

No pre-requisite.

Level 2- Frogs

Level 2 participants will work to perform skills learned in Level 1 independently. They will learn to swim underwater independently, glide with minimal aid, and begin to develop a front crawl swim (alternating arms and legs). They will be introduced to deeper water.

Pre-requisite: comfortability in water, follows directions, front & back float, alternating arm & leg movement

Level 3- Clownfish

Level 3 participants will develop elementary freestyle and perform aided backstroke. They will swim farther with more independence.

Pre-requisite: glide/streamline with minimal aid, swim with alternating legs & arms for 2 body lengths, straight leg kicks

Level 4- Blowfish

Level 4 swimmers will learn side breathing and refine their freestyle. They will work to complete one lap of refined freestyle and half a lap of backstroke.

Pre-requisite: elementary freestyle, independent front & back glide/streamline, aided backstroke

Level 5- Seals

Level 5 swimmers will be introduced to breaststroke and diving. They will further develop their endurance in freestyle and backstroke.

Pre-requisite: refined freestyle with side breathing, backstroke for ½ lap, transition from streamline into freestyle & backstroke

Level 6- Dolphins/Sharks

Level 6 swimmers will refine their breaststroke technique, learn butterfly stroke, and further develop their endurance in freestyle, backstroke, and breaststroke.

Pre-requisite: freestyle for 2 laps, backstroke for 1 lap, elementary diving, elementary breaststroke

Level 7- Fliers

Level 7 swimmers will prepare for swim team and the Junior Lifeguard Program. They will learn to read a swim set, swim longer distances in all strokes, learn speed techniques, and flip turns.

Pre-requisite: 2 laps freestyle, 2 laps backstroke, 1 lap breaststroke, 1 lap elementary butterfly



Group Weekday Lessons			Weekend Lesson		
Session 1			Session 1		
Monday & Wednesday September 7- September 28* Aquatics Center	4:00PM 4:30PM 5:00PM 5:30PM	L1,L2,L4 L1,L3,L5 L2, L6,L4 L3,L5,L7	Saturday September 10- October 1 Aquatics Center	9:00AM 9:30AM 10:00AM 10:30AM 11:00AM 11:30AM	Privates (Ages 3 & up)
Tuesday & Thursday September 6- September 29 Aquatics Center	4:00PM 4:30PM 5:00PM 5:30PM	L1,L2,L4 L1,L3,L5 L2, L6,L4 L3,L5,L7	Saturday September 10- October 1 Aquatics Center	11:00AM 11:30AM	Parent & Me
Session 2			Session 2		
Monday & Wednesday October 10- November 2 Aquatic Center	4:00PM 4:30PM 5:00PM 5:30PM	L1,L2,L4 L1,L3,L5 L2, L6,L4 L3,L5,L7	Saturday October 15- November 5 Aquatics Center	9:00AM 9:30AM 10:00AM 10:30AM 11:00AM 11:30AM	Privates (Ages 3 & up)
Tuesday & Thursday October 9- November 3 Aquatic Center	4:00PM 4:30PM 5:00PM 5:30PM	L1,L2,L4 L1,L3,L5 L2, L6,L4 L3,L5,L7	Saturday October 15- November 5 Aquatics Center	11:00AM 11:30AM	Parent & Me

Registration:

Session 1:

August 26: Resident

August 29 Non-Resident

Session 2:

September 30: Resident

October 3: Non-Resident

Pricing:

Groups:

8- 25min classes: \$48 Resident / \$65 Non-Resident

7- 25 min classes: *\$42 Resident / \$56.91 Non-Resident

Privates:

\$80 Resident / \$125 Non-Resident

Parent & Me:

\$24 Resident / \$32.50 Non-Resident

Need a valid 2022 Rec ID to receive resident registration/discount

AQUATICS

SPECIALTY CLASSES

Aquatics Camp

Play all week long at Aquatics Camp. Swim, compete, and splash Monday through Wednesday at the Aquatic Center along with the city's lifeguards. There will be inflatables, pool games, rec swim, and relays. Book your spot for a week of fun in the sun.

Location: Aquatics Center, Instructional Pool

Instructor: Aquatics Staff

Cost: \$51/\$66 for Non-Residents

M-W 11/21-11/23 3:30-6:00pm

Carol's Aqua Fitness (18+ Years)

Fitness is a splash in this Aqua Tone & Stretch class. You'll start the workout with warm-up moves, then add cardiovascular and strength training exercises. Water aerobics classes are easy on your joints, yet challenging enough to help you reach new levels of fitness. Because of their low-impact format, water aerobics classes are suitable for every age and fitness level, from beginning exercisers through elite athletes. Participants may bring and use their own water shoes and gloves. Pool noodles and water weights are available at the pool.

Location: Aquatics Center, Instructional Pool

Instructor: Carol Hahn

Cost: \$8/\$10 for Non-Residents Per Class

Sa 9/17 8:00-8:50am

Sa 10/08 8:00-8:50am

Sa 11/05 8:00-8:50am

Lifeguard Certification Classes (15+ Years)

Interested in becoming a lifeguard and getting a job? The City of El Segundo offers an American Red Cross lifeguard certification program for ages 15 and up. Upon successful completion of the course, participants will receive an American Red Cross certification in Lifeguarding, CPR, AED, and First Aid!

Location: Aquatics Center

Instructor: Aquatics Staff

Cost: \$200 for Course and Certification

Sa, Su 10/15-10/16 8:30am-6:30pm

Naomi's HIIT Water Aerobics (18+ Years)

This 50 minute moderate-intensity exercise class includes warm-up aerobic, core, and stretching exercises to give you a full workout. The buoyancy and resistance of the water allows you to move without the same stress on your weight-bearing joints, while making your muscles work harder. Students are welcome to bring their own aquatic weights and pool noodle, but equipment is not mandatory for this class.

Location: Aquatics Center, Instructional Pool

Instructor: Naomi Gol

Cost: \$8/\$10 for Non-Residents Per Class

M-F 7:00-7:50am

M-F 9:00-9:50am

T-Th 6:00-6:50pm



Swim With Me (All Ages Adaptive Swim Lessons)

This adaptive swim program is designed to focus on your children's abilities not disabilities. An individualized swim plan is created to help reach your child's swim goals using applied behavior analysis methods. All sessions will include sensory integration, which is naturally built into the lesson, and of course a lot of fun.

Location: Aquatics Center, Instructional Pool

Instructor: Saul Gonzalez

Cost: 4-30 Minute Classes \$252/\$315 for Non-Residents

4-45 Minute Classes \$376/\$470 for Non-Residents

For times and dates, check WWW.ESREC.ORG

AQUATICS

AQUATICS EVENTS

Dive-In Movie

Returning this Fall is Dive in Movie at the Aquatics Center. Please join us for the playing of Moana! Bring your floaties to lay back and relax while enjoying the movie!

Movie: Moana

Location: Aquatics Center, Instructional Pool

Cost: \$5/\$10 for Non-Residents

Sa 9/10 2:00pm



Pumpkin Pooloza

Dive in and pick your own pumpkin at the City of El Segundo Wiseburn Unified School District Aquatics Center's floating pumpkin patch! Come for the pumpkins, stay for the decorating, obstacle course, and frightening good times! Space is limited so please visit esrec.org, the Aquatic Center, or call (310)524-2738!

Location: Aquatics Center, Instructional Pool

Cost: \$5/\$10 for Adult Non-Residents

Sa 10/22 1:30-3:30pm

WE ARE HIRING!

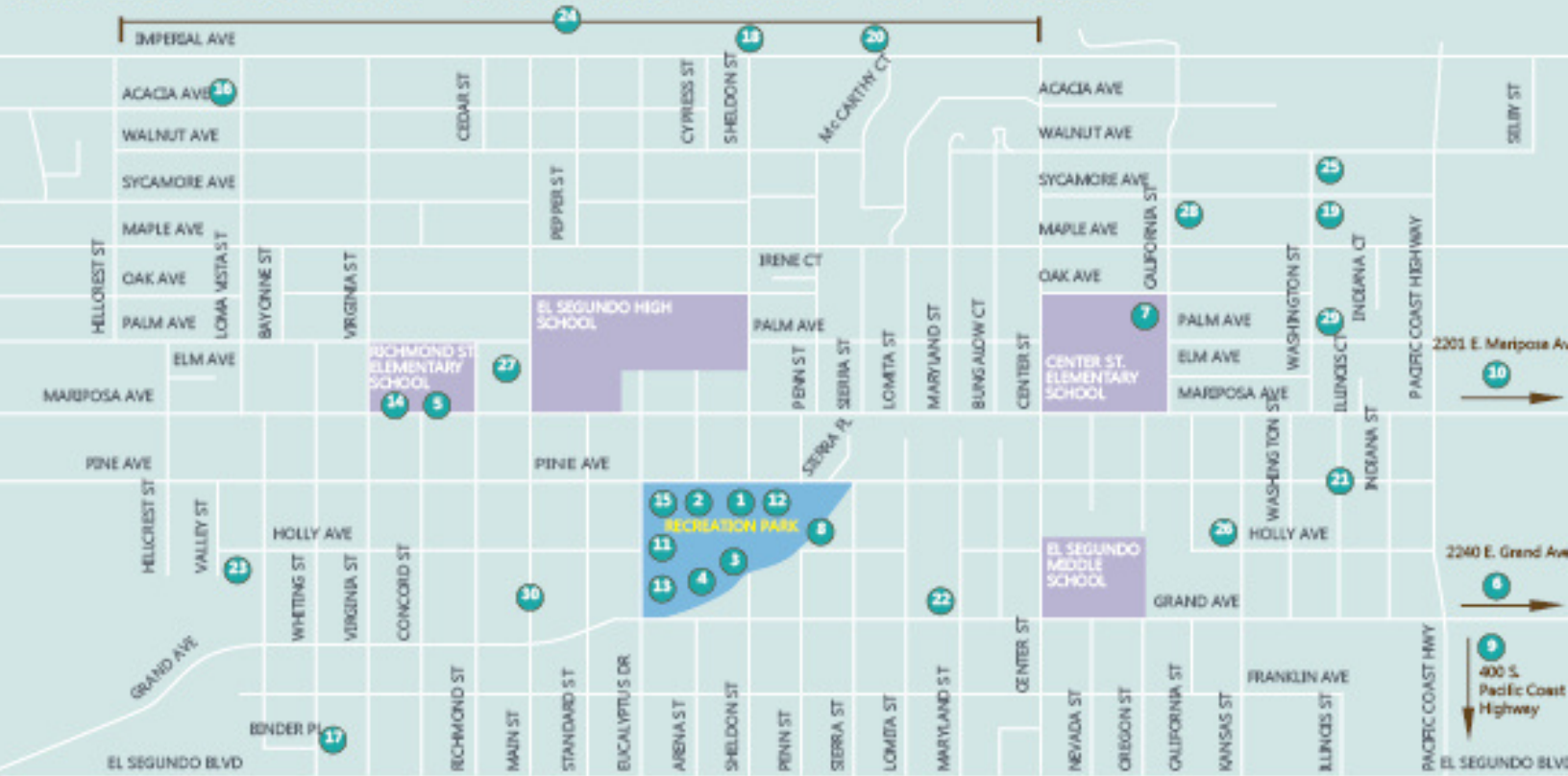
SCAN ME



The City of El Segundo Recreation, Parks, and Library Department is hiring **Recreation Leaders, Senior Recreation Leaders, Lifeguards, and Swim Instructors!**

FACILITY MAP

RECREATION FACILITIES & PARKS



FACILITIES

- 1 CHECKOUT BUILDING**
401 Sheldon St.
Phone: 310-524-2700
Mon - Sun: 8:00am - 9:00pm
- 2 GEORGE E. GORDON CLUBHOUSE**
300 E. Pine Ave.
Phone: 310-524-2362
Mon - Fri: 9:00am - 4:00pm
Sat: 9:00am - 1:00pm
- 3 JOSLYN CENTER**
339 Sheldon St.
Phone: 310-524-2705
Mon - Thurs: 9:00am - 8:00pm
Fri: 9:00am - 5:00pm
Sat: 9:00am - 1:00pm
Sun: 10:00am - 3:00pm
-Outreach
Phone: 310-524-2706
Mon - Fri: 9:00am - 1:00pm

- 5 URHO SAARI SWIM STADIUM "THE PLUNGE"**
219 W. Mariposa Ave.
Phone: 310-524-2738
Closed until renovation, please donate at WWW.ESREC.ORG
- 6 CITY OF EL SEGUNDO WISEBURN UNIFIED SCHOOL DISTRICT AQUATICS CENTER**
2240 E. Grand Ave.
Phone: 310-524-2738
Mon-Fri: 6:00am - 9:30pm
Sat - Sun: 6:00am - 3:00pm
- 7 CAMP EUCALYPTUS**
641 California St.
Phone: 310-524-2700

- 8 PARK VISTA**
615 E. Holly Ave.
- 9 THE LAKES GOLF COURSE**
400 S. PCH

FIELDS

- 4 TEEN CENTER & SKATE PARK**
405 Grand Ave.
Phone: 310-524-2717
Mon: 2:00pm - 8:00pm
Tues - Fri: 3:00pm - 8:00pm
Sat: 12:00pm - 8:00pm

- 10 CAMPUS EL SEGUNDO ATHLETIC FIELD**
2201 E. Mariposa Ave.
Phone: 310-524-2700
- 11 STEVENSON FIELD**
Located on the west side of Recreation Park
- 12 GEORGE BRETT FIELD**
Located in the northeast corner of Recreation Park

- 13 RECREATION PARK SOFTBALL FIELD**
Located in the northeast corner of Recreation Park, next to George Brett Field
- 14 RICHMOND STREET FIELD**
Located on the corner of Mariposa Ave. & Virginia St.

PARKS

- 15 RECREATION PARK**
401 Sheldon St.
- 16 ACACIA PARK**
600 Block of W. Acacia Ave.
- 17 CANDY CANE PARK**
100 Block of Whiting St.
- 18 CLUTTER'S PARK**
East Imperial Ave. at Sheldon St.
- 19 CONSTITUTION PARK**
Washington St. between Sycamore and Maple Ave.
- 20 EL SEGUNDO DOG PARK**
East Imperial Ave between McCarthy Court and Sheldon St.
- 21 FREEDOM PARK**
Illinois St. between Mariposa Ave. and Holly Ave.

- 22 HILLTOP PARK**
Corner of Maryland St. and Grand Ave.
- 23 HOLLY VALLEY PARK**
Corner of W. Holly Ave. and Valley St.
- 24 IMPERIAL STRIP & MEMORY TREE ROW**
Imperial Ave. between Hillcrest Ave. and Center St.
- 25 INDEPENDENCE PARK**
Washington St. between Walnut Ave. and Sycamore Ave.
- 26 KANSAS PARK**
Corner of Kansas St. and Holly Ave.
- 27 LIBRARY PARK**
600 Block of Main St.
- 28 SYCAMORE PARK**
Corner of Sycamore Ave. and California St.
- 29 WASHINGTON PARK**
Washington St. between Maple Ave. and Mariposa Ave.

FARMERS MARKET

- 30 Every Thursday 3:00-7:00pm**
300 Block on Main St.
Phone: 310-524-2700

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El Segundo Recreation Park
Sports & Recreation Venue
#esrecandparks
www.esrec.org/
401 Sheldon Street, El Segundo, California 90245
Followed by mbparksandrec, el.segundo.public.library and 3 others

Following Message Contact

Instagram grid showing various park activities and events.